

# WORLD WIDE BIRD

**magazine**

CONSERVATION, BIRDING & AVICULTURE

International and South African Edition  
Premier Edition

Vol.7 N° 8  
August 2023

*Photography:  
Sean O'Hagan*

**Red-bellied  
Parrots**

**African Silverbills**

**Annual Health Examination**

**eBooks available**

*Sean O'Hagan  
Photography*

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# Exciting NEWS!

We are excited to offer you any 3 of the 8 eBooks, of you choice for **FREE** when you subscribe to the **Premier magazine**. These eBooks normally sells for \$24 (R190) each.

More information on page 4.



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World Wide Birds Magazine

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Welcome to the world's biggest and most-read pdf bird magazine.

Very welcome and thank you for reading another edition.

I am so grateful for receiving some amazing feedback during July. Just when I almost given up publishing the magazine, some bird lovers made me realize how import and valuable this magazine really is. Thank you from the bottom of my heart.

This month our main article is about Red-bellied Parrots by Louis Bothma. The adult male and female differ dramatically from each other. More attention should be given to breeding these parrots as they are highly sought after in Europe and we believe that exportation will soon pick up.

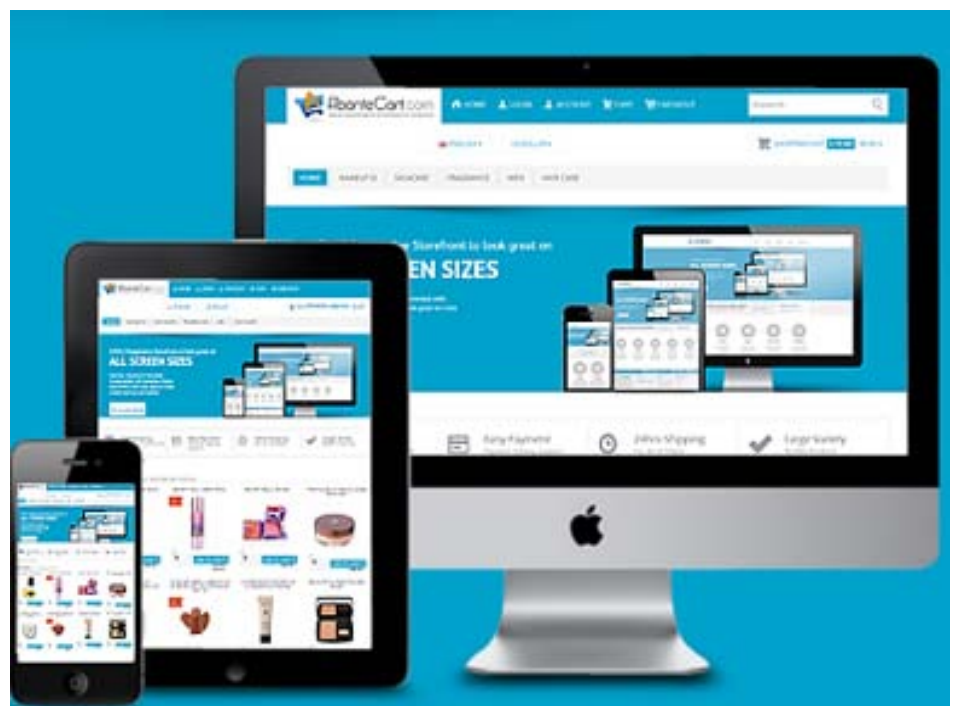
Are Nandays safe to breed? Nest box interiors – Is darker better? What is the recommended health care for pet birds? Find these answers and much more in the Premier edition.

We are excited to offer you any 3 of the 8 eBooks we published, of your choice listed on pages 5 to 7, for FREE when you subscribe to the Premier magazine. These eBooks normally sells for \$24 (R190) each. Subscription starts from only \$4 (R65) per month!

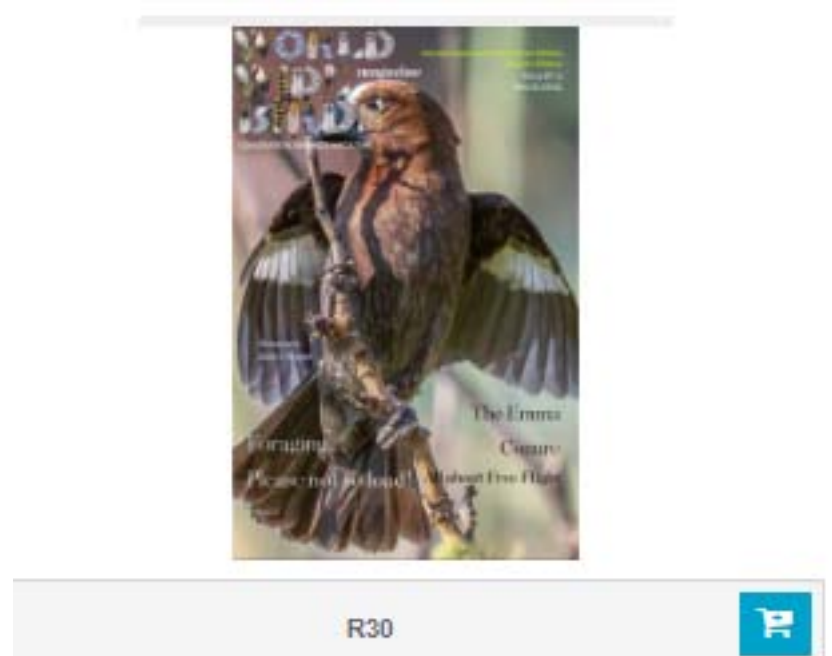
Happy reading, and have a great month.

Petrus Albertus van Tonder and  
The World Wide Birds team  
(you the subscribers and the sponsors)

Our magazine and Storefront look great on  
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**Cover Photo Courtesy: Sean O'Hagan**  
**Juvenile Crowned Eagle.**  
**Quenera nature reserve in East London,**  
**South Africa.**

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Δ

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This is a recurring monthly subscription so that you don't need to subscribe every month for your convenience until you cancel.

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Jedi the Hyacinth Macaw



101 Food Items For Birds



Bird Health



Parrot Behaviour





101 Parrot Breeding Profiles



101 Parrot Breeding Profiles

by Petrus van Tonder



Plus 19 page BONUS article on Meyer's parrot subspecies identification and breeding.

Feeding Parrots and Recipes



Feeding Parrots and Recipes

1st Edition



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Caring and Breeding of Parrots



Caring and Breeding of Parrots  
by Tony Silva

1st Edition



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Keeping and Breeding Finches



Keeping and breeding finches

by Petrus van Tonder





## Tony Silva blog posts index

Just click on the topic your are interested in to go directly to that blog post.

[An ill bird](#)

[Animal protein parrot diet](#)

[Aviary hygiene](#)

[Bird gender test](#)

[Breeding of African Greys Part 1](#)

[Breeding conures](#)

[Breeding parrots husbandry guidelines](#)

[Breeding parrots indoors](#)

[Choosing an incubator for parrot rearing](#)

[Cockatiels](#)

[Cockatoo breeding Part 1](#)

[Cockatoo breeding Part 2](#)

[Conure parrot fostering](#)

[Military Macaw](#)

[Oil supplement for parrots](#)

[Parrot breeding age](#)

[Parrot breaking eggs](#)

[Parrot feeding in breeding and non-breeding season](#)

[Parrot hand-rearing](#)

[Parrot interview with Laurella Desborough](#)

[Parrot medication](#)

[Parrot nest inspection](#)

[Parrot plucking causes Part 1](#)

[Parrot plucking causes Part 2](#)

[Parrots and temperature](#)

[Sprouting seeds for birds](#)

[Supplements for birds](#)

[How to prevent obesity in amazon parrots.](#)

Q & A: “Do African Grey Parrots need dark cages to breed?”

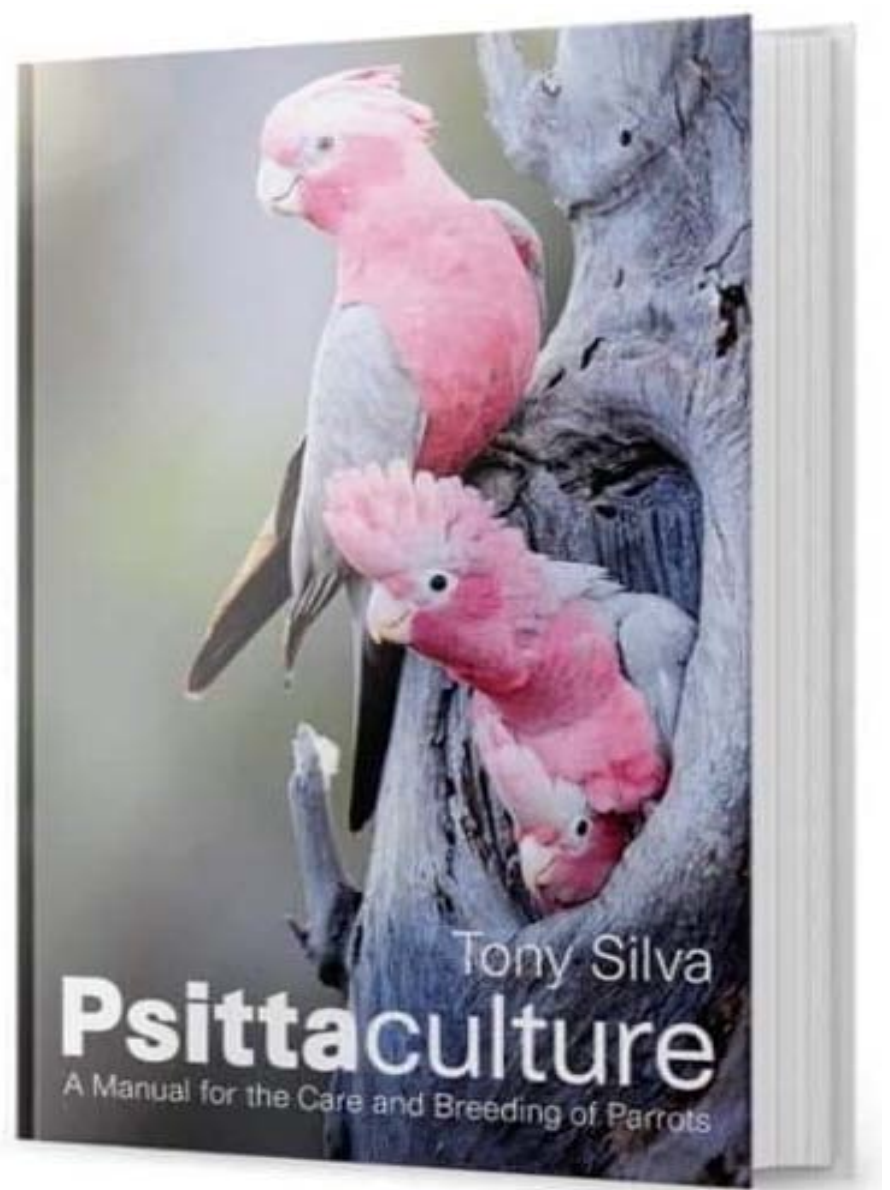
Q & A: “What’s the cause of infertility in parrots?”

Q & A: “Which is the best way to set up a new pair of parrots?”

Q & A: “Better to breed Eclectus parrots in pairs or in a colony?”

Q & A: “My Amazon is plucking, what medicine can I use to get it to stop?”

Tony’s new book is now available. Click on photo for more information.





## Dr. Nemetz



**(714) 633-2910**

**200 South Tustin Street, Suite E  
Orange, CA 92866-2322**

### **Annual Health Examination**

Hopefully at this stage you have purchased the best pet bird for your lifestyle, had all the preliminary tests done to rule out carrier disease states and have your bird on a good balanced diet regimen.

But, how do you monitor the bird's response to the diet and how the environment is affecting your bird as it grows, matures, becomes hormonally active, and eventually ages where its needs are continually changing?

Answer: The annual health examination.

Birds are “non-domestic” species and therefore instinctively try to mask symptoms when they are ill to avoid signs of weakness to “predators”. Nutritional imbalances or deficiencies can take years to manifest themselves to the point an average owner will realize there is a problem. These situations are often quite serious translating to lengthy, more difficult, and expensive treatment protocols. Prevention in all forms of medicine has shown to be more cost effective than treatment of disease conditions.

**An “Annual Health Examination” with a qualified avian veterinarian should include:**

1. The weight of the bird in grams. Is it correct for the age and species of bird?
2. A thorough physical examination including an examination of the nares, ears, oral cavity and vent area.
3. A Complete Blood Count (CBC).
4. Gram stains or aerobic cultures of the oral cavity and fecal droppings.
5. Discussion of various means of viral protection by available vaccines.
6. Dependent on the bird's age and species, discuss other tests as warranted such as blood serum chemistry panels or radiographs (performed as a baseline in a young adult bird, then as indicated).
7. Discuss behavioral/hormonal changes to expect at each stage of the bird's life.

By keeping in touch with the “inside” of the bird as well as the “outside” of the bird, we can prevent debilitating situations or detect them in their early stage which minimizes treatment protocols and allows your pet bird to live a longer as well as a healthier, pain-free life.





# Finch breeding index

Just click on the photo for more information

## Breeding green singing finches



## Fostering finches



## Breeding Strawberry finches



## How to keep and breed weavers



# Breeding Orange-breasted waxbills



## Common waxbill breeding



Keeping and breeding finches  
eBook available to purchase.  
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## Herbs for birds index

Just click on the photo for more information

**Alfalfa / Lucerne**



**Catnip**



**Cayenne Pepper (with info-graphic)**



**Echinacea**



**Garlic**



**Kelp**



**Lavender**



**Oregano**



**Rosemary**



**Thyme**







Click on logo to visit website.

By: Keriellen Lohrman

### **About Our Organization**

The Bird Gardens of Naples is a non-profit organization whose sole concern is parrot welfare in captivity and conservation of wild parrots. We are an outreach and placement program which places into safe custody, parrots which are abandoned, abused, or in need of a home for any reason. Parrots are intelligent, highly social and complex beings with lifespans of up to 100 years.

The individual bird's best interest and well being of the present flock will determine if a parrot is accepted into the organization. We actively support networking with other parrot welfare groups, animal welfare organizations, the veterinary community, conservation organizations and the general public. Education is of the utmost importance concerning the well being of a parrot and its ability to successfully live with its human companions.

### **Visit The Bird Gardens of Naples**

The Bird Gardens of Naples is located in the green space of Corkscrew Swamp with a variety of flora, fauna, bees, and butterflies. You will have the opportunity to see, learn, and interact with 100+ birds from origins around the world. If weather allows, groups can enter our large macaw aviary with opportunities to take photos and hold birds. Our guided tours last approximately two hours. Please bring sunscreen, bug spray, and comfortable walking shoes.

Also feel free to bring unsalted nuts to feed the birds, however, no peanuts as they cause diseases in birds. For safety purposes, please stay on the trail and with your tour guide at all times. If you need to leave early, please advise your tour guide. All guided tours begin promptly 15 minutes after the scheduled time. Our gates open 15 minutes before tours and close 15 minutes after, allowing a 30-minute window for all visitors to arrive. Once the gate closes and the tour begins, late visitors will not be allowed in. Please check our address prior to your scheduled tour to ensure enough time for travel.

We do not charge a fee for our educational tours, but donations are greatly appreciated and go along way to help our charity keep the birds happy and healthy.



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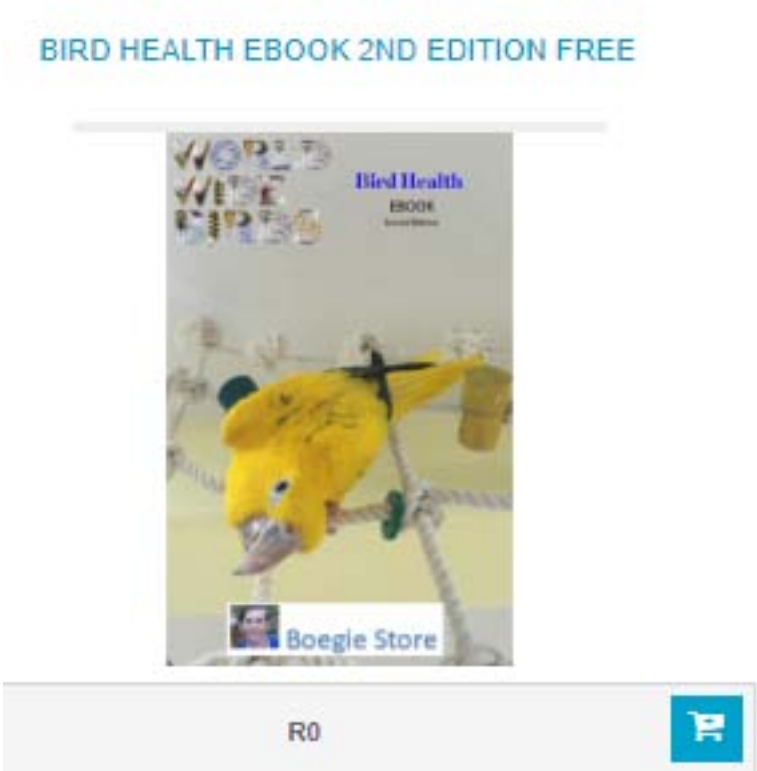
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conservation and birding you need to know.  
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## Feedback

Hi Petrus, Godfrey from Ireland. Thank you very much for my first Premier magazine and e-Books. I received them on the same day I made my payment. Truly impressed. The information is out of this world. Keep on the amazing work.

Best regards,  
Godfrey Bradford

*Thank you very much for your feedback Godfrey. This kind of feedback inspire me to continue with the magazine.*



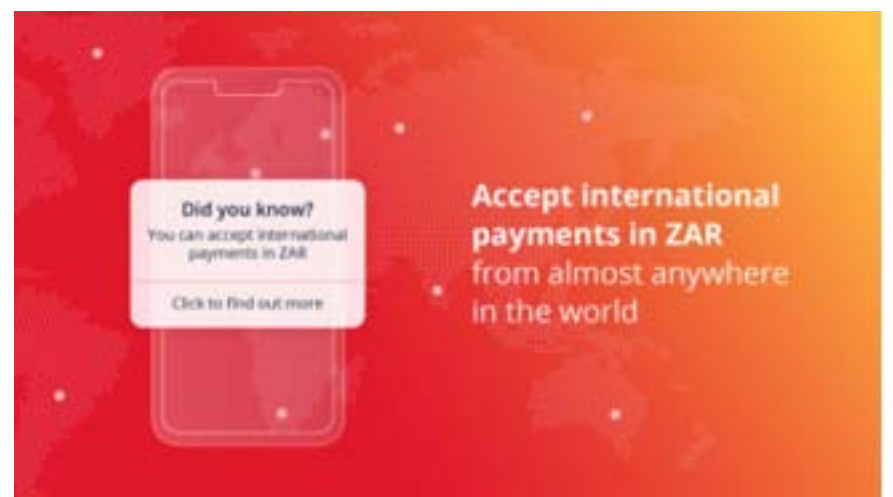
## Instagram

We are also very active on Instagram. Click on logo to follow us.



## Great news!

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I am very excited to announce that we can now receive Premier magazine subscriptions from any country as well as biannual and monthly subscriptions for all countries.

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WORLDWIDE VETERINARY  
VIDEO CONSULTATIONS

by Dr. med. vet. Friedrich Janeczek

<https://www.janeczek.de/index.php/en/>







## Parrot Behavior Consulting (PBC) by Hildegard Niemann

**New at Parrot Behavior Consulting (PBC): Instructional videos about parrots and parakeets on demand (on-demand) on the online video platform Udemy.**

Did you miss any of the webinars? No problem, we've recorded a number of webinars for you!

Parrot Behavior Consulting's webinar series is growing in popularity among parrot enthusiasts. Since 2016, viewers have been meeting online to find out about various current topics for 90 minutes. If you only became aware of the webinars later or if you missed one or the other webinar because you were unable to attend on the day of the live presentation, you now have the opportunity to record the 90 minutes in a private demonstration via the Easymeet- Watch Hildegard Niemann's online channel (at a price of 30 euros). It is the original recording of the respective webinar, in which interaction is of course no longer possible.

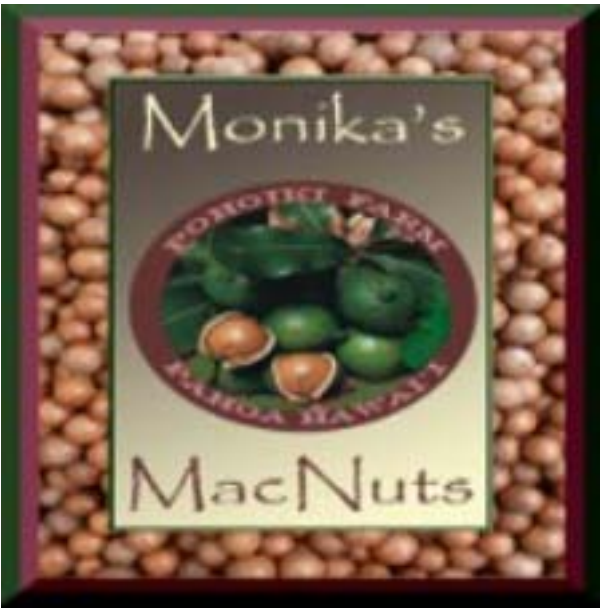
The course purchased includes: 1 to 1.5 hours of on-demand video, unrestricted lifetime access, access to cell phone / tablet and TV, and a certificate of completion. Further courses are already in preparation. We are pleased to be able to present you with these on-demand videos a new training segment as part of the Parrot Behavior Consulting offer and look forward to your first visit to Udemy.



Click on photo for more information.







**Monika's Mac Nuts**  
**In Shell Premium Macadamia Nuts**  
**100% Pesticide Free**  
**Grown On The Big Island of Hawaii**

Our In Shell Mac Nuts are preferred by birds especially Hyacinth Macaws as well as people with a desire for a high quality, fresh tasting, nutritious nut.

Monika's Mac Nuts are grown on our family farm on the Big Island. Our Macadamia Nuts are preferred by Birds especially Hyacinth Macaws. Macaw birds love our Mac Nuts! Our Macadamia Nuts are also great for people who are on a raw food diet. Our Nuts are always naturally air dried...never cooked (cooking robs the nuts of flavor and nutrition). Our nuts are 100% pesticide free.

We sell our mac nuts in quantities starting as small as 1 lb up to over 100 lbs. We also offer a subscription program through our website <https://www.mac-nuts.com/> where you can choose the quantity and frequency of your order.



Click on photo to visit Facebook page.



Here is one of our gorgeous customers Okalani! She loves our mac nuts!



These are a couple of our adorable customers Grover and Beaky!  
Click on photo to read blog post.





## Tony Silva News

The Brown-hooded Parrot is virtually unknown in aviculture. This small, quiet and attractive species is kept in the collection of Jaco Lacs of Panama. Jaco has the most complete collection of birds in the world. Follow him on Instagram @nature.jl.

Click on photo to follow him on Instagram.



**Q:** Don't they have a restrictive diet that makes them difficult to keep in captivity?

**A:** Yes like many delicate species diet is one of the key components to keeping them alive.

Like many parrots that feed on wet food they seem not to thrive on a diet of pellets or seeds, which are the staple in aviculture. When fed a diet of vegetables or fruits they seem to thrive but add anything hard and they perish.

**Q:** Beautiful bird. Where is its natural habitat?

**A:** Mexico and Central America.

In the video attached below I will be explaining the benefits of Pandanus.

Pandanus serves as enrichment and stimulation, its hard shell gives birds hours of interaction attempting to crack it open. We prefer these fruits versus toys as they are organic and natural stimulants that can be found in the wild.



Gold-capped Conures are awesome birds but in the lutino form they are breathtaking. This bird belongs to Jaco Lacs. Follow him on Instagram @nature.jl





# Feather Tails Therapies

## Australia

By: Karen Davis  
Hi guys.

Karen and Roy here from FEATHER TAIL THERAPIES. We have had to undergo a few changes and have also changed premises so lots of new and exciting things to keep track of.

Firstly our Deception Bay business has relocated to Murgon in the South Burnett region of Queensland Australia. We now have 20 acres of land to allow for plenty of upgrades and expansions as time goes on. We have also expanded from solely training therapy birds into a Sanctuary for the many unwanted parrots that need a new chance at life.



The most famous of these would be Jackson a Sulphur Cockatoo who had his wings permanently damaged by a dog at a young age.

Please click on photo to help us.



He also hates men. However with time and patience Roy's 15yr old daughter Tamie has become his human and is rapidly developing to become not just her therapy bird but the mascot of the new Sanctuary as well.



Our aged care visits were suspended due to Covid regulations however we still provide therapy birds to the aged care centres to keep the residents happy.

More news to come in subsequent editions so Thank you for your support and watch this space for further developments.

Please click on photo to visit our Facebook group.



Please click on photo to follow us on Instagram.





## Safari West

### It is National Zookeeper Week!



We are so lucky to have a dedicated group of animal caregivers that work endlessly to provide the best possible lives for the animals that call Safari West home. Through fires and pandemics, melting heat and torrential rains, our animals still need food and care, and our animal staff show up every day to provide that care and help the animals here live healthy, enriched lives. Thank you so much to our keepers and to anyone out there caring for animals.

This year, each of our keepers had their photo taken with one of their favorite animals!



Tammy and Hank the Abyssinian Ground Hornbill: Hank is just perfect! He has so much personality—he can be so sassy, but also be the sweetest bird—I just love him. I mean, just look at him! I don't know exactly how to describe it or why, but he's perfect. Oh, his eyes are really cool. Really, all of his adaptations are cool. He looks cool. He's a sweet bird. You can't ask for more.



Kate and Otto the White Rhino: I grew up hearing about how rhinos are endangered, so getting to work with them has been really special to me. I've also been very involved in our ongoing research on tracking rhino pregnancy via thermographic imagery, so watching him grow in his mother's stomach and watching him kick, and then getting to be there for his birth (my first time seeing a live birth of any animal!)—he's just a really special animal to me.

**Continue at:**

<https://www.safariwest.com/2023/07/it-is-national-zookeeper-week/>





## **Red-bellied Parrots *Poicephalus rufiventris***

By: Louis Bothma



Red-Bellies occur in a large area in the Horn of Africa. They are found in Ethiopia, Tanzania, Somalia, and northern Kenya. They prefer low-lying thorny scrublands, particularly where Baobab trees are present; reminiscent of our own bushveld in the northern Limpopo province.

They usually make their nests high in the baobabs, as the wood of these trees is relatively soft and easy to hollow out. In the wild their diet consists of Acacia and other seeds, as well as wild fruits, especially wild figs. Red-Bellies can also cause problems for grain farmers when they descend on the corn, wheat, and sorghum fields.

### **Sub-species**

Other than the nominated species, *Poicephalus r. rufiventris*, there is also subspecies, *P. r. pallidus*, which is just a bit duller than the nominate species.

**Continue in Premier edition.....**

## **Golden Parrots at Loro Parque and Loro Parque Fundación**

By: Rafael Zamora Padrón  
Scientific Director  
Loro Parque Fundación



Chicks at LPF – M. Perez

The heat is one of the constants at this time of the year. It is the perfect climate for the majestic Golden Conure (*Guaruba guarouba*). Somewhat noisy, especially if they live in groups, they defend their territory if a stranger approaches.

Their bodies sway and they do not hesitate to open their wings to reveal the green color of their plumage, which resembles the Brazilian flag. This attractive, vulnerable species in the wild, with such a striking color has always been the target of many breeding centers in the world. However, its reproduction under human care is far from simple and although when it is achieved, the numbers can be high, it is not usually guaranteed a stable result over time.

**Continue in Premier edition.....**



## Premier magazine subscriber introduction



Click on logo to visit website.

### Association for Wild-type and Exhibition Budgies of South Africa

AWEBSA is the only National Body in Southern Africa catering for all budgerigars (Exhibition / Wild-Type / Pet Budgies) at our Shows. We also have an Open class where members and non-members show. Exhibition and Wild-Type budgerigars are treated on an equal footing with 25 colour awards each available per show. We invite you to join us and enjoy our wonderful hobby with us.

### Patronages

Exhibiting your budgies and the results of your efforts must be part of your experience. Apart from the individual pleasure derived in the healthy competing with one's birds against those of other enthusiasts, rubbing shoulders with "friends" from across the country is priceless.

AWEBSA would encourage the promotion of such events, large and small, by supplying them with patronage – a package of prizes, rosettes, etc. for competition among its members at those shows (which are, of course, open to all budgerigar fanciers to enter as exhibitors provided the requirements of the AWEBSA Constitution and Rules are met.)

We feel that one must guard against the possibility that participation at shows is mainly because of the size of the prize money. Our view is that the recognition must be sufficient reward.

Click on the photo and then click on this button for a PDF download about pet budgies.

### DEFINITION OF PET BUDGIE

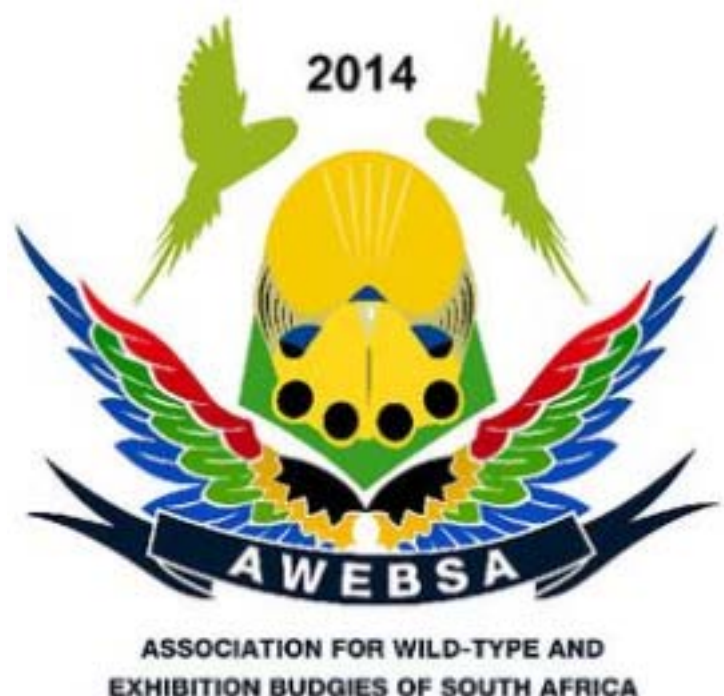


Click on the photo and then click on this button for a PDF download about wild type budgies.

### DEFINITION OF WILD TYPES



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# Avifood Products

By Dr. med. vet. Friedrich Janeczek,  
Veterinary practice limited to Parrots,  
Graefelfing, Germany

## How do you recognize well-fed young Hyacinth macaws?

It is well known that the quality and composition of the diet for young birds affect the condition of their feathers, skin and beak. This can be seen particularly well in young hyacinth macaws. Poorly and unbalanced nourished young Hyacinth macaws have blackish, dull plumage and pale, sometimes almost whitish skin around the eyes and the lower beak.

The young Hyacinth macaw pictured here is approximately 7 months old and not fully weaned. It has bright blue and shiny plumage and perfect toe skin without hyperkeratosis. Its skin around the eyes is an intense yellow color.

The parents of this bird are fed with Harrison's® High Potency coarse mixed with Palmgloss® and the Harrison's® Power Treats.





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We congratulate our customer to this beautiful young macaw and wish continued success in the next breeding season!

These wonderful Hyacinth macaw progenies can be shipped to all countries which allow the import of captive bred CITES Appendix I species in F2 generation.

Both Hyacinth macaws can be exported in special transport boxes according to the IATA regulations accompanied with CITES export permit, veterinary health certificate and negative test results for avian influenza and Newcastle disease.

Interested persons who have the appropriate facilities to keep Hyacinth macaws should send an email to [info@dr-janeczek.de](mailto:info@dr-janeczek.de).

I travel a lot to visit our customers and their parrots to check and treat them at their homes. The specialized veterinary video consultations for parrots and parakeets we offer help a lot to get a first impression about the birds and their situation as well as the bird owners problems.

Some cases like nutritional issues can be already solved during the video consultation. However, most cases require thorough diagnostic and therapeutic measures, which I carry out in my veterinary practice limited to parrots at Graefelfing, Germany or as part of my home visits at the customer's location.

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CITES BIRDS  
AVES

After downloading the full Index of CITES species, I came to the conclusion that this 1287 page document is not that easy to browse through. I then decided to make it easier for our readers and list them as follow with a photo from Wiki-  
pedia.

An easy explanation on the Cites website of what the listings mean:  
<https://www.cites.org/eng/disc/how.php>

**In summary:**  
**Appendix I** includes species threatened with extinction. Trade in specimens of these species is permitted only in exceptional circumstances.

**Appendix II** includes species not necessarily threatened with extinction, but in which trade must be controlled in order to avoid utilization incompatible with their survival.

**Appendix III** This Appendix contains species that are protected in at least one country.

Melierax poliopterus  
Eastern chanting goshawk  
(southern Africa

Cites II



Mellisuga helenae  
Bee hummingbird  
Bahamas and Cuba

Cites II



Two pages of Cites Birds in every  
Premier edition.

Click on below cover photo for more info:



Your book is very interesting. I like that you added the latin names that everybody in all countries knows exactly which plant is meant.

The article from Tony Silva is absolutely informative.

Once again many thanks for the book.

Best regards,

Diana Eberhardt

Thank you for the eBook I bought, well received. Great info and one of the best feeding books available. Keep up the great work. Looking forward to buy another eBook.

Have a great day.

Dan Kruger



# MDS AFRICA

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## Seabird Conservation

Seabirds (and waterfowl) are the only animals that have conquered the sea, land and sky. Over twenty species of seabirds live in the Caribbean, and many more visit every year.

Seabirds spend most of their lives on or over the sea, foraging, feeding or resting. They are highly adapted to this unique way of life. Many have webbed feet (to help them swim and dive), waterproofed feathers (to keep them warm and afloat), salt glands (that allow them to excrete the salt from the seawater they drink), and acute vision, a strong sense of smell and sharp bills (to help them find and catch food). Their long wings support them while travelling over the oceans in search of food and, on land, living in colonies helps to protect them from predators.

Before humans lived in the Caribbean (~7,000 years ago), the islands supported vast numbers of seabirds. On many islands, there were so many that their droppings (called guano) formed piles hundreds of feet high, and were mined for fertilizer. Today, tropical seabirds, like those in other areas of the world, are threatened by human activities. In fact, seabirds are now one of the most threatened groups of birds in the world. Many colonies are declining in size and some have disappeared.

On land, introduced rats, cats and dogs prey on eggs, chicks and even adults. In some parts of the Caribbean, humans still take eggs, chicks and adults for food and aphrodisiacs.

Coastal development and sea level rise destroy and damage nesting habitat. Even the oceans are no longer safe. Seabirds often feed around fishing boats, and are caught and die in fishing gear. Overfishing, pollution and climate change have depleted their food sources. Hungry seabirds mistake floating plastic for food and fill their bellies with trash. Heavy metals from marine pollution also accumulate in their bodies.

Caribbean seabirds have much to teach us about the health of the seas around our islands. We need to understand their ecology, so we can protect them, their habitats, and the marine resource on which we all depend. Unfortunately, there have been only a few studies on seabirds in the Caribbean. This is partly because of the many practical difficulties in studying them, but they are also less attractive to funders than accessible land birds and migrants, and other mobile marine animals like sharks and turtles.

For most seabirds, the Caribbean is one large connected habitat. Therefore, it is important for scientists and conservationists across the region to work together to understand the big picture. This was first recognized in 1998, when we formed the Caribbean Seabird Working Group. Healthy seabird populations are possible in the Caribbean, but we must all work together to understand, manage and protect them.

Click on photo for more information.







**Name:**

Beetroot

**Scientific name:**

Beta vulgaris

**Also known as:**

Table beet, garden beet, red beet or golden beet.

**Indigenous Countries:**

Possibly of Celtic origin.

**Description:**

The beetroot is the taproot portion of the beet plant.

**Nutritional Value:**

Rich in vitamins and minerals.

**Feeding:**

Add to chop. Can feed leaves as well.

**Discussion:**

Choose beets that have healthy, fresh looking tops and root bulbs.

**More info:**

Photo courtesy: Wikipedia

Information chart from e-book:  
101 Food Items for Birds

Text has been reviewed by Tony Silva and said it looks great. Thanks Tony.

Click on below cover photo for more info:



**101 Food Items For Birds**

by Petrus van Tonder



Your book is very interesting. I like that you added the latin names that everybody in all countries knows exactly which plant is meant.

The article from Tony Silva is absolutely informative.

Once again many thanks for the book.

Best regards,

Diana Eberhardt



Click on below cover photo for more info:



<b>Scientific name:</b>
Taeniopygia bichenovii
<b>Also known as:</b>
Bicheno’s finch
Owl finch
<b>Distribution:</b>
Northwestern Australia, North Australia, Queensland and inland parts of New South Wales
<b>Life cycle:</b>
<b>Compatibility:</b>
Peacefull in a small flock of 2-3 pairs.
<b>Life food:</b>
Not needed but breeding can be im- proved with small amounts.
<b>Discussion:</b>
Enjoy chickweed and winter grass. Prefer to build their own nest but use nest boxes as well.
<b>Continue in our Ebook</b> <b>Keeping and Breeding Finches</b>



**We invite you to join our flock to:**  
Make a positive difference for conservation with your research experience. Your effective communication skills can play a role in contributing to conservation gains. I am inviting you to contribute to improve native bird populations by sharing your cutting edge scientific knowledge.  
We believe the world need birds and envision a future where birds are forever abundant. Here you can inspire people, deliver conservation and provide advance knowledge to all.

You ask us to get involved and to contribute on your website. This is our way to get involved and to contribute towards the conserves of our birds.



# Harrison's Bird Foods

## HIGH POTENCY COARSE

The optimum food for the health and longevity of your medium to Large birds\*.

\*High Potency is additionally the suggested year-round formula for the following species: African Grey parrots, cockatoos, large conures, and macaws.

### USES:

**CONVERSION TO HARRISON'S:** All birds should start out and remain on High Potency formula for a period of at least 6 months at approximately 70% of the total diet. Switch large birds (other than African Grey parrots, cockatoos, large conures and macaws) to Adult Lifetime formula after a 6-month introductory period.

**BREEDING BIRDS:** High Potency formula should be fed 1-2 months prior to the breeding period and continued until the chicks are weaned or for at least 6 months before resuming Adult Lifetime formula.

**WEANING BIRDS:** High Potency formula should be fed to weaning birds for at least 6-9 months.

**SPECIAL NEEDS:** High Potency formula supports birds that are molting, overweight, underweight, particularly active, housed in a cold climate, recovering from an illness or affected by liver or kidney disease.

Current HBD recommendations: Feeding recommendation Percentages: as there are variances in the literature from well-respected nutritionists, we are saying the following: Pending the NATURAL FEEDING/FORAGING STYLE OF BIRD (i.e. granivorous, vs frugivores, etc.), and individual bird needs (i.e. obesity, etc.).

70% - HBD's formulated diet

25% - Organic dark green leafy, yellow meaty fresh vegetables and low sugar fruits

5% - Organic seeds (hemp, chia, flax, pumpkin, sesame, sunflower) and organic nuts (almonds, walnuts)

Click on photo for more information.





**SOUTH AFRICA’S GAME LODGES and SAFARI ACCOMMODATION**

South Africa is a country where magic infuses the views and landscapes, where the smiles of the local people can only be matched by the splendour of the ocean, mountains, forests, savannahs, waterfalls and rivers. This country is known the world around for its extraordinary collection of fauna and flora, and some of the best places to see these treasures up close are in the numerous game parks, reserves, sanctuaries and national parks.

Game lodges in South Africa range from rustic bush camps that immerse their guests in the wild side of Africa to luxurious 5-star retreats that showcase the bushveld on a platform of opulence. South Africa is known the world around for its abundance of wildlife, not least of all its many birds. In fact, there is an established avi-tourism industry that invites birding enthusiasts from all over the world to indulge in top-class bird-watching.

**SOUTH AFRICA AS A BIRDING HOTSPOT**

Thanks to the abundance of excellent South African hotels and accommodation facilities, as well as an established transport infrastructure (including international car hire companies), South Africa is proving to be one of the world’s top birding hotspots.

Visitors can join up with a formal birding tour group or can explore the country and its species on their own. Of the approximate 850 recorded bird species in the country, around 725 are resident birds (or, at least, annual visitors).

**BIRDER-FRIENDLY ACCOMMODATION**

The following South African birding hotspots feature on our website. Would you like to have a link to your website on these blog posts? All you have to do is to become a Premier magazine subscriber.

**BLOG POST**  
**Austin Roberts Bird Sanctuary**

**BLOG POST**  
**Thornpark East London**

**BLOG POST**  
**Boulders Beach**

**BLOG POST**  
**Hartbeespoort dam**

**BLOG POST**  
**Roodekrans**

Most show on Google’s first page.



## Mexico Birding Los Cabos México

By: Maria Elena Muriel

### 10 days October a river of raptors

10 days October to enjoy a river of raptors (thousands migrate in few days over our heads , in addition we will visit other areas for diverse birds and historical sites).



Click on photo for more information.

Year By Year Birds including Raptors migrate south they have a role to perform in nature, some pollinate along the route and help bees, butterflies and other insects to keep nature healthy spreading seeds and pollen, also are traveling to find a mate and reproduce in addition to enjoy tropical weather or just like you to spend some fun vacation time, whatever reason or all of the above Raptors congregate to migrate together, they look like a River flowing south thus is a River of raptors , thousands can be seen and Ornithologist need to count them all.

Would you join us ?

## 2024 Total Solar Eclipse

Click on photo for more information.



Universe has fascinated humanity since early time and we have given practical use until now. Enjoy one of the most spectacular events. Your Guide will chat about universe, astronomy believes & cosmovision of early ancestral cultures such as Maya Aztec and more while you enjoy the eclipse, along these Journey in addition we will visit archaeologic site with petroglyphs (carved stones). We will go Birding to the tufted jay reserve and San Blas one of the most diverse sites in Mexico and enjoy the day in an island where pirates used to hide treasures. Your Guide have ample experience conducting and Leading Stargazing, Birding and archaeology .



Please send an e-mail to:  
birdingloscabos@gmail.com



# Gulu Private Resort



**1Gulu Private Resort is a privately owned family run Resort in East London. Offering nothing fancy but tasty home cooked breakfast and dinners, clean and cosy accommodation, conference and function facilities all exclusively natural with beautiful garden and river views.**

Unpack your suitcases, put down the laptop, kick off your shoes and enjoy a locally craft beer or a lovely glass of Cape Town’s finest wines. Still need to finalise a few emails? No problem! Make yourself at home on the deck outside the restaurant overlooking the Gulu River or find a garden bench, where you can finish off your day’s work.

Rolo will welcome you to the Resort and he will show you the way to discover “the luxury of being free”.

The complete natural beauty of the location lends itself to all kinds of birds. We have a variety of wild birds, including Hornbills, Sun-and Sugarbirds, Raptors, Water Birds and General Birds. We would like to invite all bird lovers to come and explore our amazing bird species with us.



Contact details and location:  
Physical Address: Farm 1015 Burnside, Gulu  
Postal Code: 5200  
Telephone: +27(0)825580411  
Email: [info@guluprivateresort.co.za](mailto:info@guluprivateresort.co.za)  
Website: <http://www.guluprivateresort.co.za>

Latitude: -33.107468 Longitude: 27.732496





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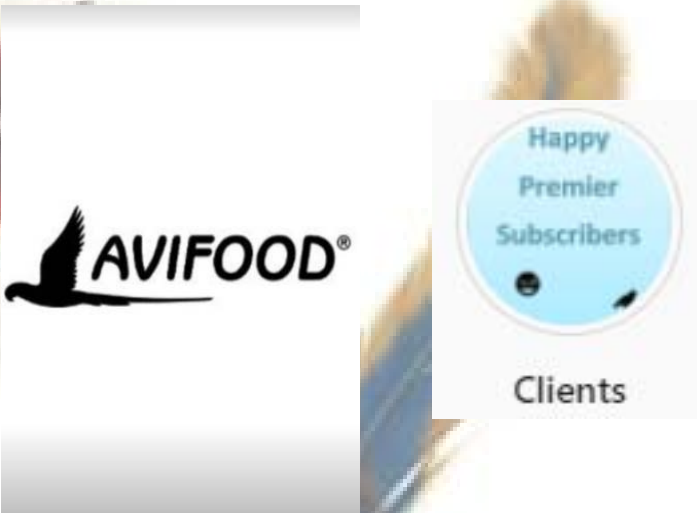
Facebook

Friends	4 904
Facebook pages followers	5 985
3 Facebook groups members	15 866

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Over 10 000 contacts



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- Weekly Instagram story
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Avian Veterinarians - USA

CA			
Dr Barton C. Huber, DVM (Dr. Bart)	Animal Medical Center of Corona	91 E. Grand Ave, Ste 102 Corona, CA 92879	951-493-6771
FLORIDA			
Greg J. Harrison, DVM Diplomate Emeritus American Board of Veterinary Practitioners - Avian Practice Dip European College of Zoological Medicine (Avian) (Retired)	Founder President, HBD International Inc. and Developer of Harrison's Bird Foods.	7108 Crossroads Blvd. Suite 325 Brentwood, TN, USA 37027	800-346-0269

Avian Veterinarians - EU

Belgium			
Dr Bjorn Geeroms	DAP Geeroms-De Wolf	Assesteenweg 37 Borchtlombeek, Brabant	+32 2 569 30 33
Germany			
Dr. med. vet. Friedrich Janeczek	Veterinary Practice limited to Parrots	Hans-Cornelius-Str. 2c, 82166 Gräfelfing	+49-89-854814-0
For any ammendments / updates / deletions please e-mail us.			



DAP Geeroms – De Wolf

02/569.30.33



Op afspraak		Vrije consultatie
Maandag	9:00 - 12:00 & 13:30 - 16:00	18:00 - 20:00 Bjorn Geeroms & David De Wolf
Dinsdag		18:00 - 19:30 Bjorn Geeroms & David De Wolf
Woensdag		18:00 - 19:30 Bjorn Geeroms
Donderdag		18:00 - 19:30 David De Wolf
Vrijdag		18:00 - 19:30 Afwisselend Bjorn Geeroms / David De Wolf
Zaterdag		10:00 - 12:00 Afwisselend Bjorn Geeroms / David De Wolf
Zondag	Enkel op afspraak bij spoedgevallen	





## New website BOEGIE STORE BLOG

I started a brand-new website called Boegie Store. This site will contain blog post from Keto, book reviews and anything else.

**Click on screen shot to visit blog post.**

Diet for thin people.



Keto grocery list.



Keto fudge recipes.



## New website World Wide Pets

I started a brand-new website called World Wide Pets that will develop in another magazine. All pets will be included. From birds, dogs, cats, fish, rabbits, hamsters, horses, exotics, etc.

Click on photo to visit website.



**Click on screen shot to visit one of many  
blog posts.**

Top 10  
conures as  
pets



A great thank you to all my Facebook friends for giving me permission to use their photos.  
**Invitation to Advertise and Sponsor.**

This is a great opportunity for you to market your business, products, and/or services.

Advertise with us to reach our pet-loving readers.



## Owl Rescue Centre

We've been asked numerous times to make an Owl Rescue Centre guidelines list. Here it is. We've kept it as short as possible.

1. We're open 24/7 for all wildlife emergencies.
2. We're open normal business hours for general enquiries Monday to Friday.
3. We're open from 7am to 11pm everyday if you wish to call and just chat about owls or otters.
4. We're not open to day visitors.
5. We do dinner events twice a month. If you wish to have an extraordinary evening and get to see some free wild flying owls, you must book. The funds raised from these evenings cover the owls food bill for the month. No more.
6. We can host pensioner evenings during a week night on request.
7. On request, we do allow a limited amount of bird photographers for a night walk on summer nights to get some evening shots. Zero charge.
8. We're not open to day visitors.
9. We don't take in individual volunteers at the Centre but we welcome companies to have volunteer working days at the sanctuary.
10. There is no driving on the sanctuary, all wildlife patients will be collected by our staff at the designated drop off at our entrance.
11. On request we can give progress updates on patients, but you can't visit the patients. Check numbers 4, 8 and 14 on this list for reasons.
12. Keeping our patients safe and secure in a natural as possible environment is our number one priority. Any and everything else comes second to this.

13. We welcome and appreciate all donations, in any way or form. Wood planks, old washing machines, chocolate and good coffee included.

14. We're still not open to day visitors.

15. We do have an Uber type volunteer WhatsApp group that runs patients to and from us and a few other rehabs. If you wish to have more info. Drop us a mail to [info@owlrescuecentre.org.za](mailto:info@owlrescuecentre.org.za)

16. And lastly, if you need to find us. Google maps is your friend.

Thank you

Owl Rescue Centre is a non-profit registered wildlife rehabilitation centre dedicated to the protection of owls and wildlife in South Africa.

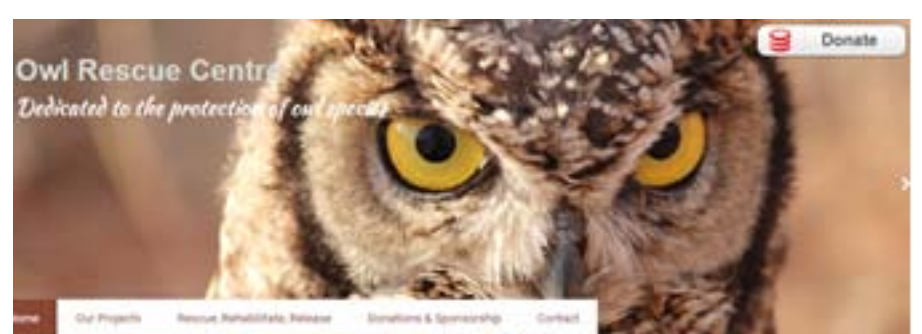
Owl Rescue Centre NPC Nedbank Current account 103 081 9580 Branch Code 198 765 for donations.

[Info@owlrescuecentre.org.za](mailto:Info@owlrescuecentre.org.za)  
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