

# WORLD WIDE BIRDS

magazine

CONSERVATION, BIRDING & AVICULTURE

International and South African Edition  
Premier Edition

Vol 7 N° 9  
September 2023



Photographer  
Sean O'Hogan

Swift Parakeets

Popular Conures

Pytilia finches

Collect WWB points

Sean O'Hogan  
Photographer

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Exciting NEWS!

We are excited to offer you any 3 of the 8 eBooks, of you choice for FREE when you subscribe to the Premier magazine. These eBooks normally sells for \$24 (R190) each. More information on page 4.



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Welcome to the world's biggest and most-read pdf bird magazine.

Very welcome and thank you for reading another edition.

This month I am very excited to introduce WWB Points. Collect 60 WWB Points and get a 3-month Premier magazine subscription or any eBook of your choice. More details on page 5.

This month our main article is about Swift Parakeets by David Dennison. These little parakeets are unique. They are, of one, the only specie in their genus, and there are no sub-species. Their diet in nature consists of a lot of nectar and pollen, and they are gregarious, so one gets a whole flock scrambling about a flowering tree, like a eucalypt, eating the pollen and nectar.

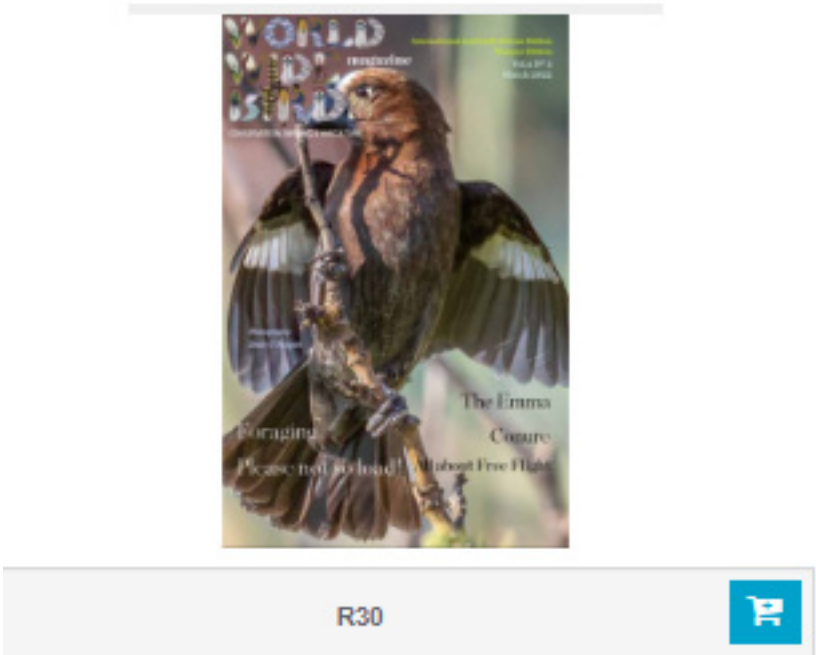
We are excited to offer you any 3 of the 8 eBooks we published, of your choice listed on the 5 to 6, for FREE when you subscribe to the Premier magazine. These eBooks normally sells for \$24 (R190) each. Subscription starts from only \$4 (R65) per month! Happy reading, and have a great month.

Petrus Albertus van Tonder and  
The World Wide Birds team  
(you the subscribers and the sponsors)

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**Cover Photo Courtesy: Sean O'Hagan**  
**African Stonechat (Male).**  
**Pic taken along the Gonubie Coastline in**  
**the Eastern Cape South Africa.**

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# Exciting NEWS!

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Jedi the Hyacinth Macaw



101 Food Items For Birds



Bird Health



Parrot Behaviour



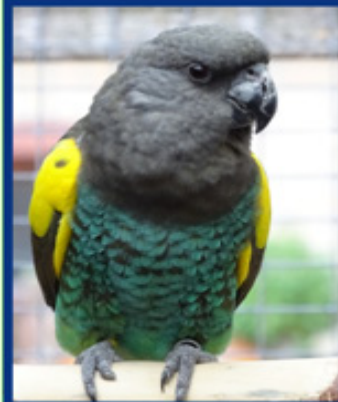


101 Parrot Breeding Profiles



101 Parrot Breeding Profiles

by Petrus van Tonder



Plus 19 page BONUS article on Meyer's parrot subspecies identification and breeding.

Feeding Parrots and Recipes



Feeding Parrots and Recipes

1st Edition



Visit our Facebook group by tapping the below image in Continuous mode on your smartphone.



Caring and Breeding of Parrots



Caring and Breeding of Parrots by Tony Silva

1st Edition



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Keeping and Breeding Finches



Keeping and breeding finches

by Petrus van Tonder





## Tony Silva blog posts index

Just click on the topic your are interested in to go directly to that blog post.

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[Animal protein parrot diet](#)

[Aviary hygiene](#)

[Bird gender test](#)

[Breeding of African Greys Part 1](#)

[Breeding conures](#)

[Breeding parrots husbandry guidelines](#)

[Breeding parrots indoors](#)

[Choosing an incubator for parrot rearing](#)

[Cockatiels](#)

[Cockatoo breeding Part 1](#)

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[Conure parrot fostering](#)

[Military Macaw](#)

[Oil supplement for parrots](#)

[Parrot breeding age](#)

[Parrot breaking eggs](#)

[Parrot feeding in breeding and non-breeding season](#)

[Parrot hand-rearing](#)

[Parrot interview with Laurella Desborough](#)

[Parrot medication](#)

[Parrot nest inspection](#)

[Parrot plucking causes Part 1](#)

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[Parrots and temperature](#)

[Sprouting seeds for birds](#)

[Supplements for birds](#)

[How to prevent obesity in amazon parrots.](#)

Q & A: “Do African Grey Parrots need dark cages to breed?”

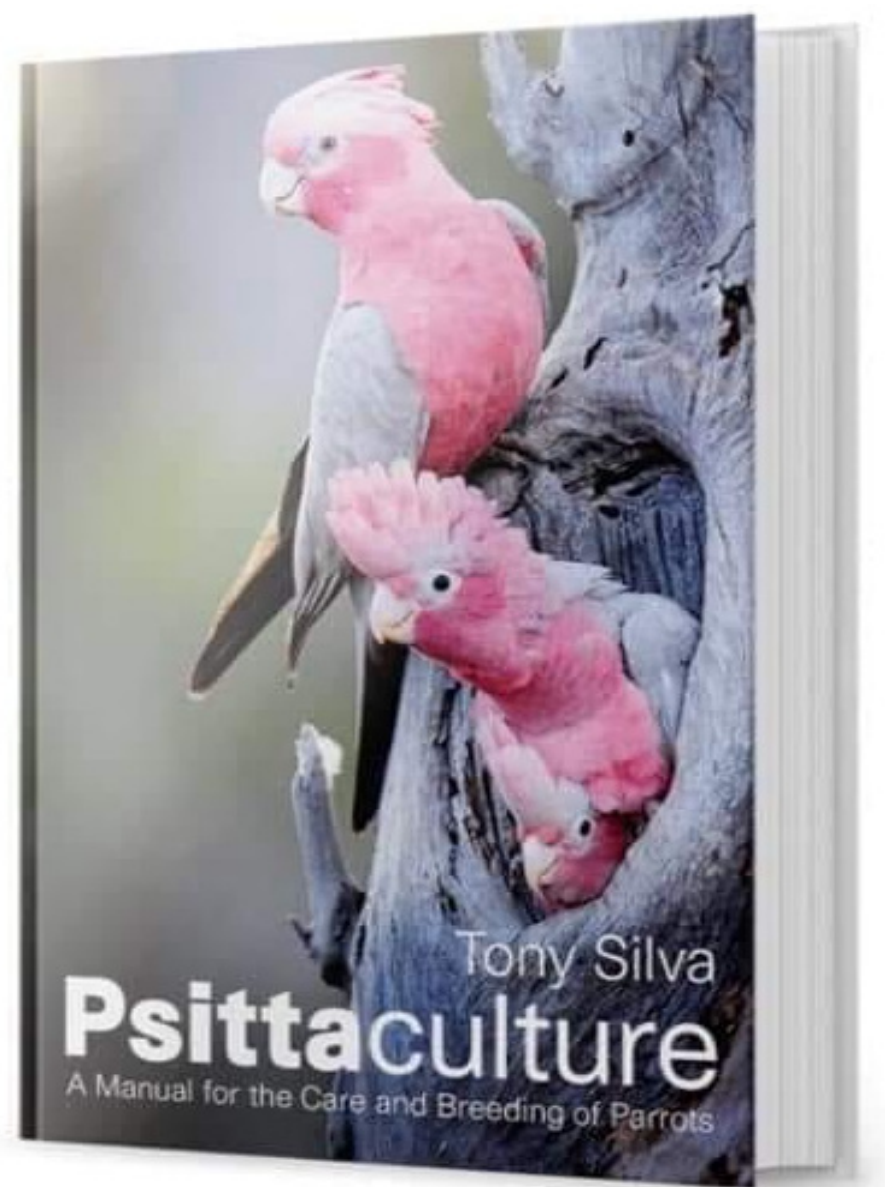
Q & A: “What’s the cause of infertility in parrots?”

Q & A: “Which is the best way to set up a new pair of parrots?”

Q & A: “Better to breed Eclectus parrots in pairs or in a colony?”

Q & A: “My Amazon is plucking, what medicine can I use to get it to stop?”

Tony’s new book is now available. Click on photo for more information.





## Tips on handling and examination.

By: Dr Rina Dev

The best way to examine a bird is to have it wrapped comfortably in a towel. This not only puts lesser pressure and struggle while holding the bird but also helps easy visual and palpable examination specially for wild birds who are not used to being handled.



Despite all the odds they may face Lady Vets contribute a lot to the profession and society.

By Dr Jit Singh

Dr RINA DEV of Mumbai “Bird whisperer” is a leading Avian and exotic Veterinarian. Graduate of Apollo Vety College.. Jaipur(2009) she did her Masters from Nagpur Vety college(2012). She externed and got trained in places like Pretoria Zoo.. South Africa.. Dubai Falcon Hospital...Cape Cod Wildlife Hospital ..USA....Wild Base Massey University.. New Zealand. She was awarded scholarship by Association of Avian Vets USA and with prestigious Carl Zeiss wild life conservation award in India. She was part of the Disaster Response Team during Nepal earthquake.

She runs a critical care center for birds in Mumbai with specialization in avian critical care medicine ..orthopedics and surgery. She offers her professional services FREE OF COST to the forest department of Maharashtra and Mangrove cell for treatment and rehabilitation of injured exotic animals of all kinds such as birds..Turtles..Reptiles and also helps RAWW..an NGO which works with Urban wildlife. During kite flying festival season she visits cities as a volunteer to treat birds injured with dangerous thread of kites.

Has attended about 14 workshops on wild life rescue and rehabilitation. She continues to deliver lectures and hold avian workshops in different cities as her aim is to reach out to maximum animals and birds for their benefit by sharing knowledge. Best wishes Rina for future progress. Continue the good work. She can be contacted on...9967772829.



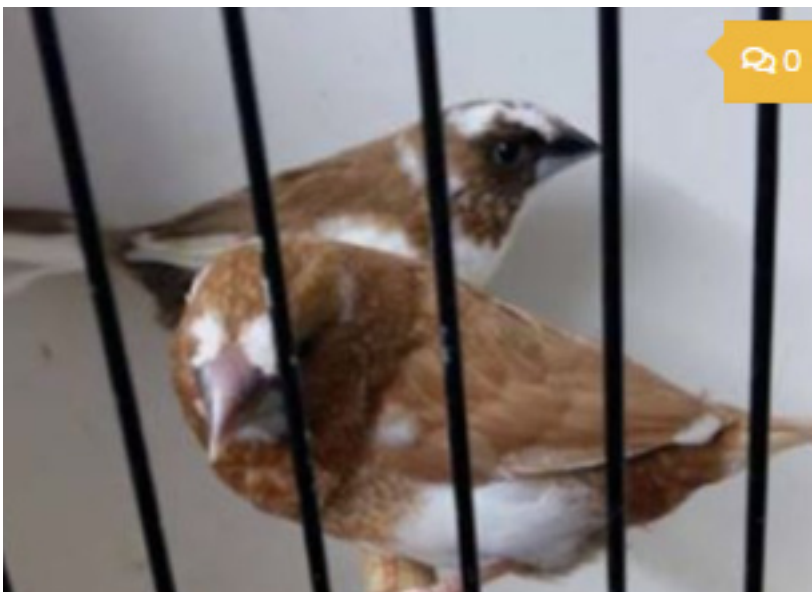
## Finch breeding index

Just click on the photo for more information

### Breeding green singing finches



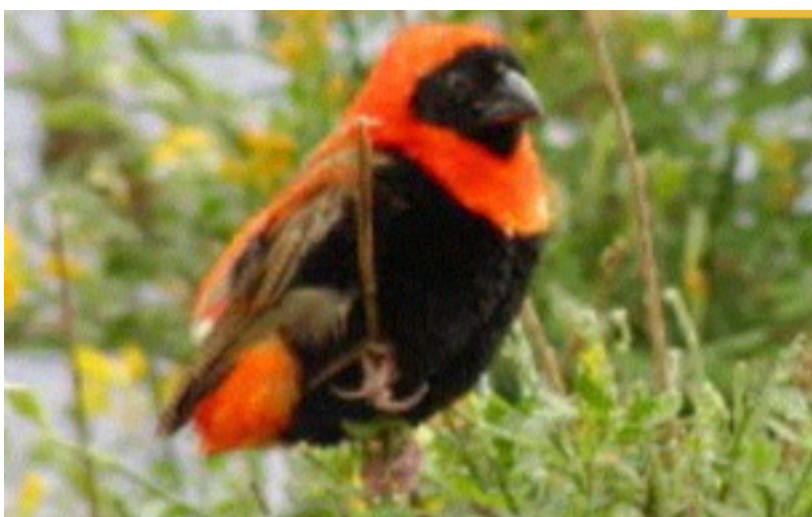
### Fostering finches



### Breeding Strawberry finches



### How to keep and breed weavers



## Herbs for birds index

Just click on the photo for more information

### Alfalfa / Lucerne



### Catnip



### Cayenne Pepper (with info-graphic)



### Echinacea







## **COMMITTEE AGAINST BIRD KILLING E. V. COMMITTEE AGAINST BIRD SLAUGHTER (CABS)**

### **Who we are, what we do...**



The Committee Against Bird Slaughter (CABS) is a charitable Non-Governmental Organisation working to protect migratory birds from illegal poaching and over exploitation. We are an activist association with a lean administration based from our Head office in Bonn, Germany. We have no subdivisions and are built on a coalition of supporter members who enable our work and volunteers who can react quickly, often in arduous circumstances.

When we identify an issue, we don't set up working groups or commissions, we don't hold conferences - we simply take direct action! It is this approach which we have taken since CABS formation in 1975 and we have achieved a great deal.

Our aim is to put an end to wild bird hunting - with shotguns as well as trapping with various traps or nets. We intervene where trappers, hunters or traders violate nature conservation laws.

All our actions are carried out in close cooperation with environmental authorities, the police, regulatory agencies and/or customs offices. Most government agencies lack staff and specialist knowledge to effectively enforce nature conservation laws against criminal bird poachers and traders. With decades of experience fighting conservation crimes, in more than 15 countries, our staff and experts help authorities with current actions and report hundreds of new cases each year.

Where the support of authorities is lacking, we take action ourselves. Each year, in Cyprus and Italy, we collect thousands of items of illegal hunting paraphernalia, free hundreds of protected birds and document our findings for press campaigns to pressure local authorities to take action. Documenting the mass cruelty to animals and the damage caused by illegal hunting on the environment is a central part of our work.

The current nature protection laws should be underlined by a strict rejection of any illegal actions. We try to improve the legal basis for bird protection through campaigns and initiatives at parliamentary level. Appealing to regional courts and the European Commission to review hunting laws based on solid casework and complaints is as important as being pro-active in the field.

Click on the photo to read more and to support this amazing organization.



A CABS volunteer rescues a Blackcap from a net (Cyprus).





Click on logo to visit website.

By: Keriellen Lohrman

### **About Our Organization**

The Bird Gardens of Naples is a non-profit organization whose sole concern is parrot welfare in captivity and conservation of wild parrots. We are an outreach and placement program which places into safe custody, parrots which are abandoned, abused, or in need of a home for any reason. Parrots are intelligent, highly social and complex beings with lifespans of up to 100 years.

The individual bird's best interest and well being of the present flock will determine if a parrot is accepted into the organization. We actively support networking with other parrot welfare groups, animal welfare organizations, the veterinary community, conservation organizations and the general public. Education is of the utmost importance concerning the well being of a parrot and its ability to successfully live with its human companions.

### **Visit The Bird Gardens of Naples**

The Bird Gardens of Naples is located in the green space of Corkscrew Swamp with a variety of flora, fauna, bees, and butterflies. You will have the opportunity to see, learn, and interact with 100+ birds from origins around the world. If weather allows, groups can enter our large macaw aviary with opportunities to take photos and hold birds. Our guided tours last approximately two hours. Please bring sunscreen, bug spray, and comfortable walking shoes.

Also feel free to bring unsalted nuts to feed the birds, however, no peanuts as they cause diseases in birds. For safety purposes, please stay on the trail and with your tour guide at all times. If you need to leave early, please advise your tour guide. All guided tours begin promptly 15 minutes after the scheduled time. Our gates open 15 minutes before tours and close 15 minutes after, allowing a 30-minute window for all visitors to arrive. Once the gate closes and the tour begins, late visitors will not be allowed in. Please check our address prior to your scheduled tour to ensure enough time for travel.

We do not charge a fee for our educational tours, but donations are greatly appreciated and go along way to help our charity keep the birds happy and healthy.



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## Feedback

Hi Petrus, Godfrey from Ireland. Thank you very much for my first Premier magazine and e-Books. I received them on the same day I made my payment. Truly impressed. The information is out of this world. Keep on the amazing work.

Best regards,  
Godfrey Bradford

*Thank you very much for your feedback Godfrey. This kind of feedback inspire me to continue with the magazine.*



WORLDWIDE VETERINARY  
VIDEO CONSULTATIONS  
by Dr. med. vet. Friedrich Janeczek  
<https://www.janeczek.de/index.php/en/>

The logo for Worldwide Veterinary Video Consultations features a blue parrot perched on a red sphere with a white 'V' and a caduceus symbol.

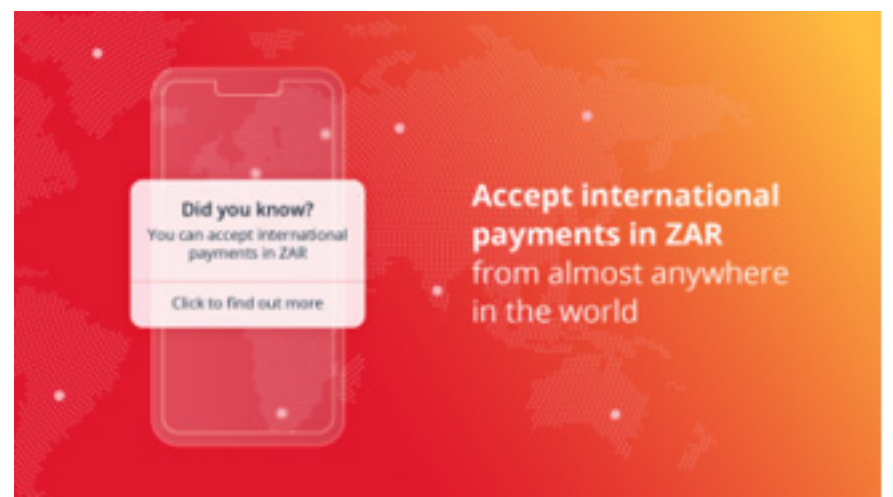
## Instagram

We are also very active on Instagram. Click on logo to follow us.



## Great news!

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I am very excited to announce that we can now receive Premier magazine subscriptions from any country as well as biannual and monthly subscriptions for all countries.

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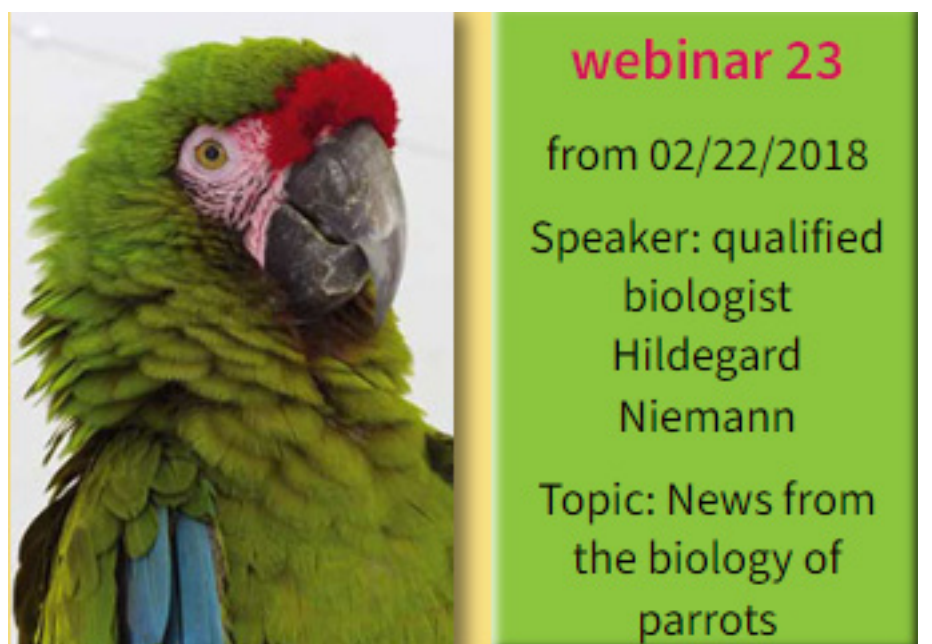
## Parrot Behavior Consulting (PBC) by Hildegard Niemann

**New at Parrot Behavior Consulting (PBC): Instructional videos about parrots and parakeets on demand (on-demand) on the online video platform Udemy.**

Did you miss any of the webinars? No problem, we've recorded a number of webinars for you!

Parrot Behavior Consulting's webinar series is growing in popularity among parrot enthusiasts. Since 2016, viewers have been meeting online to find out about various current topics for 90 minutes. If you only became aware of the webinars later or if you missed one or the other webinar because you were unable to attend on the day of the live presentation, you now have the opportunity to record the 90 minutes in a private demonstration via the Easymeet- Watch Hildegard Niemann's online channel (at a price of 30 euros). It is the original recording of the respective webinar, in which interaction is of course no longer possible.

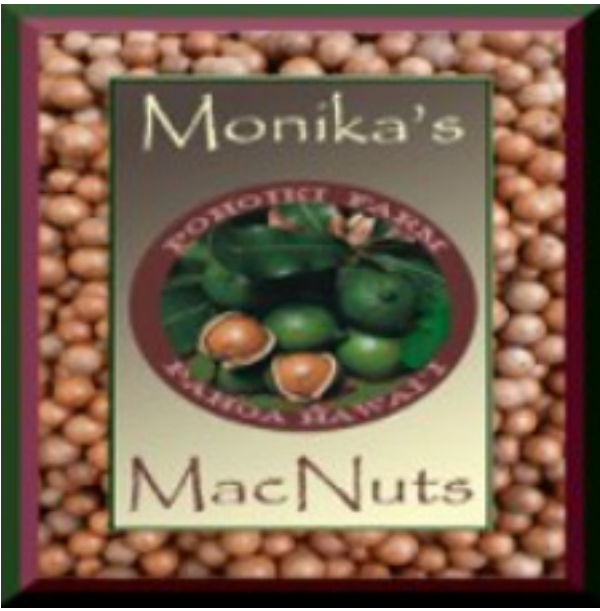
The course purchased includes: 1 to 1.5 hours of on-demand video, unrestricted lifetime access, access to cell phone / tablet and TV, and a certificate of completion. Further courses are already in preparation. We are pleased to be able to present you with these on-demand videos a new training segment as part of the Parrot Behavior Consulting offer and look forward to your first visit to Udemy.



Click on photo for more information.







**Monika's Mac Nuts**  
**In Shell Premium Macadamia Nuts**  
**100% Pesticide Free**  
**Grown On The Big Island of Hawaii**

Our In Shell Mac Nuts are preferred by birds especially Hyacinth Macaws as well as people with a desire for a high quality, fresh tasting, nutritious nut.

Monika's Mac Nuts are grown on our family farm on the Big Island. Our Macadamia Nuts are preferred by Birds especially Hyacinth Macaws. Macaw birds love our Mac Nuts! Our Macadamia Nuts are also great for people who are on a raw food diet. Our Nuts are always naturally air dried...never cooked (cooking robs the nuts of flavor and nutrition). Our nuts are 100% pesticide free.

We sell our mac nuts in quantities starting as small as 1 lb up to over 100 lbs. We also offer a subscription program through our website <https://www.mac-nuts.com/> where you can choose the quantity and frequency of your order.



Click on photo to visit Facebook page.



Here is one of our gorgeous customers Okalani! She loves our mac nuts!



These are a couple of our adorable customers Grover and Beaky!  
Click on photo to read blog post.





## Tony Silva News

In this brief video I will be describing some benefits of enrichment and Palm Seeds and how I use them on a weekly basis. Enrichment is a natural and organic way to stimulate your bird and keep them interested.



**Q:** I ordered some last month. My birds loved them. I was wonder what the best way to store them? Can you freeze some of them? Thank you in advance!

**A:** Yes you can refrigerate or for longer term storage freeze them.

Touching some points that will be beneficial to your birds regarding diets & nutrition. Throughout the year there are four seasons which requiere different care for your birds wellness.



**Q:** hi Tony...can we feed our African greys a good amount of raisins...they are high in carbohydrates but those carbs come from sugar I think and I remember you telling us to avoid human grade fruits as they are sugar packed and sugars are not very good for birds...so please tell how much raisins can be fed to an African grey pair during the breeding season?

**A:** No. Raisins are NOT good for parrots. They have too much sugar.

**Q:** Tony, how much quantity of palm nuts we can give to macaw daily...pls suggest.

**A:** 5-6 per day.

Video about a cockatoo nest for egg breakers and egg eaters.





## **Safari West**

### **Historic first-ever white rhino baby born at Safari West**



#### **Cute Baby Rhino Alert!**

Sound the (rhino) horns! Safari West is overjoyed to announce the birth of our first-ever Southern white rhino baby born to mother, Eesha, and father, Ongava.

The calf was born on Sunday, April 2nd at 5:30 pm PST. We feel fortunate and honored to contribute to the growth of global rhino populations and aid in conserving this magnificent protected species.

Our extraordinary animal care staff report the bouncing baby rhino calf is strong, nursing, and is bonding well with Mom. Safari West Veterinarian Dr. Emily Cehrs estimates the baby weighs around 100 pounds. We have not named the new baby yet!

This is a momentous event for us as the calf is the first of its species to be born at Safari West. Needless to say, it is a big deal to Eesha as well! She immediately showed good mothering instincts and has been attentive to her calf.

The story of this remarkable baby calf birth started in the summer of 2008 when Eesha arrived at Safari West. Over the last 15 years, Eesha has been a living reminder to tens of thousands of excited visitors of the plight rhinos face in the wild, and the amazing organizations working to sustain and grow rhino populations. For years we hoped Eesha might contribute to the growth of rhino populations herself, but she never showed much breeding interest in the male rhinos at Safari West.

All that changed in 2021 when Eesha was introduced to a new male named Ongava. Yes, she finally met her Mr. Rhino-right! They instantly were smitten with each other, displaying the assertive behaviors often seen in rhino courtship. Sure enough, throughout 2022, we started seeing increasing signs of pregnancy.

#### **Continue at:**

<https://www.safariwest.com/2023/04/historic-first-ever-white-rhino-baby-born-at-safari-west/>





## Swift Parakeets *Lathamus discolor*

By: David Dennison



What has happened to the Swift Parakeet in South Africa? I think that if one asked this question to a group of aviculturists at any meeting today most would say: “What bird is that?” The truth is that although they were imported in small numbers in the late 1980’s and early 1990’s, they don’t seem to have become established. I personally have no knowledge of any in the country breeding them.

These little parakeets are unique. They are, of one, the only specie in their genus, and there are no sub-species. Their diet in nature consists of a lot of nectar and pollen, and they are gregarious, so one gets a whole flock scrambling about a flowering tree, like a eucalypt, eating the pollen and nectar.

**Continue in Premier edition.....**

## Popular Conures and Their Breeding Habits

By: Howard Voren

Conures are colorful, clever, charismatic clowns that can be a never-ending source of enjoyment for their owners. All of this, combined with the fact that they are reasonably priced, creates a large demand by pct shops nationwide.

This demand must be met by captive-breeding in the United States. Private aviculturists have fared quite well in this area. Since a flight cage of only 3 to 4 feet in length will make most conure pairs happy, they are a bird that most people can find the room to breed, if they should so choose.

Almost all of the conures can be divided into one of four groups that differ from one another in some major way concerning breeding habits. There are a few “outsiders” that do not fit clearly into any of the four groups, but these are the exception to the rule and can usually be placed as intermediates between two of the major groups. What follows is a rundown of the conures most commonly available.

**Continue in Premier edition.....**



Premier magazine subscriber introduction

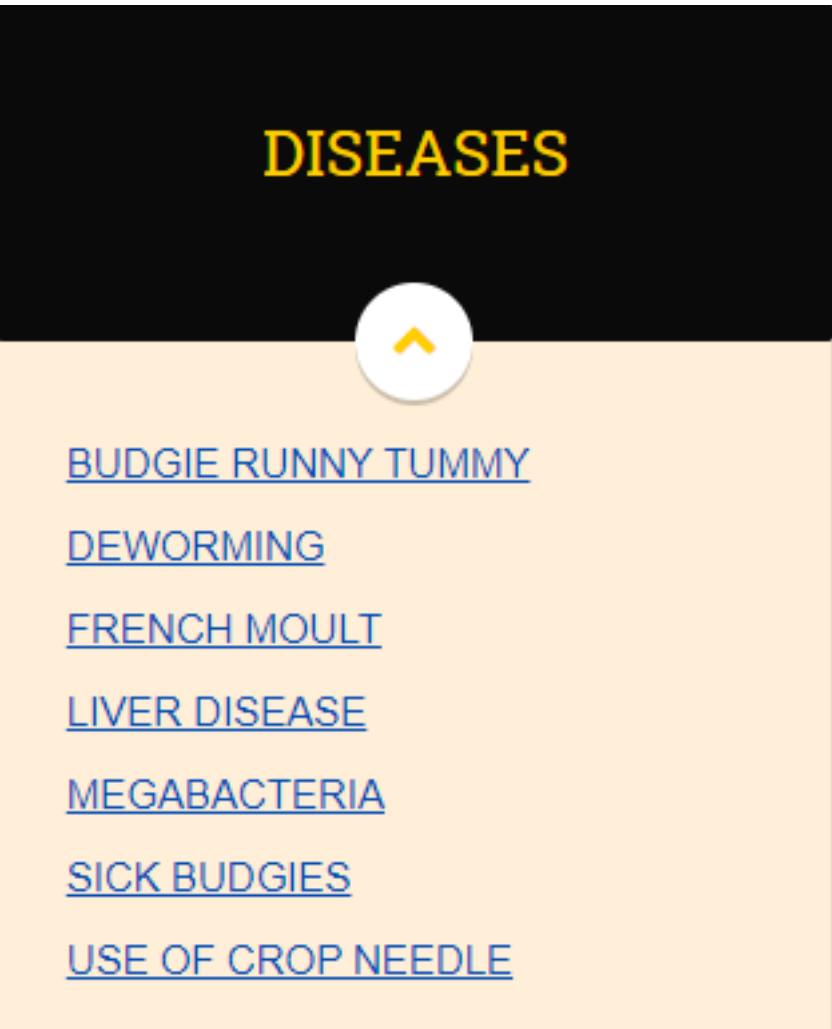


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Association for Wild-type and Exhibition Budgies of South Africa

AWEBSA is the only National Body in Southern Africa catering for all budgerigars (Exhibition / Wild-Type / Pet Budgies) at our Shows. We also have an Open class where members and non-members show. Exhibition and Wild-Type budgerigars are treated on an equal footing with 25 colour awards each available per show. We invite you to join us and enjoy our wonderful hobby with us.

PDF downloads about each of these diseases are available on the website.  
Click on screenshot to access.

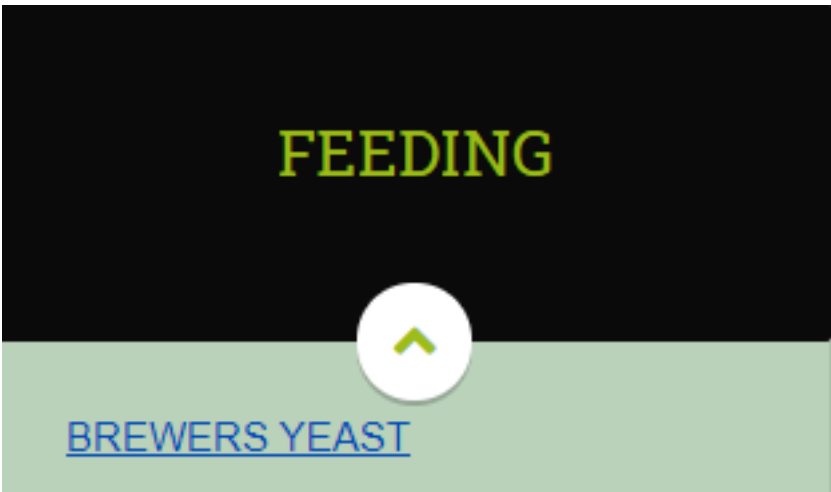


Do you ever wonder what all the supplements and little dietary extras actually do for your bird?

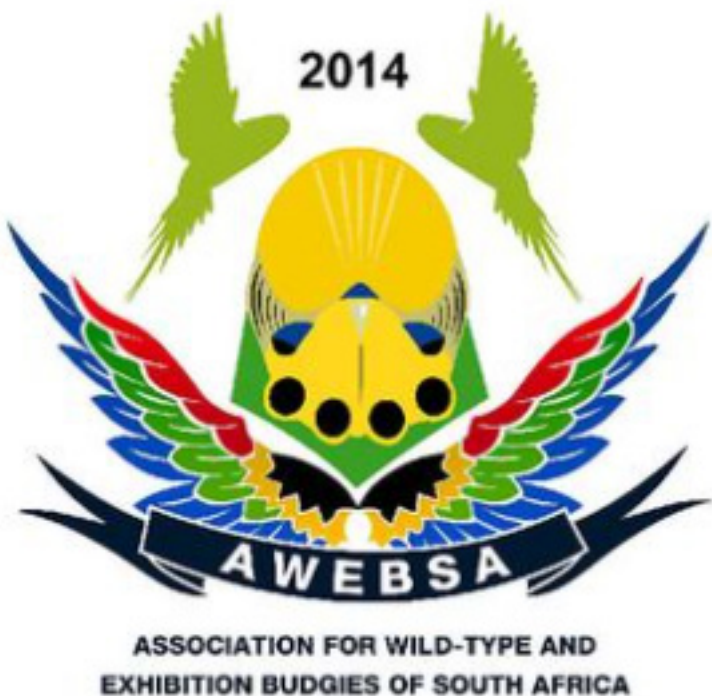
Pet birds do not get the opportunity to search for food outside as they would in their native environment. Foraging allows a bird to feed selectively and to supplement its diet in the event of the nutritional balance of the diet being inadequate. The captive bird is therefore dependent on its owner to provide a complete and balanced diet. This places a heavy responsibility on the owner to supply an adequate, balanced diet.

Confusion may occur when nutritional knowledge is transferred between species: what is good for humans is not always good for birds. This article is not intended to be a complete guide to budgie feeding but aims to give budgerigar breeders more background so they are able to make informed decisions about their own aviary nutrition.

Click on screenshot to download and read the full article.



Click on logo to join Facebook group:



ASSOCIATION FOR WILD-TYPE AND EXHIBITION BUDGIES OF SOUTH AFRICA



# Avifood Products

By Dr. med. vet. Friedrich Janeczek,  
Veterinary practice limited to Parrots,  
Graefelfing, Germany

## How do you recognize well-fed young Hyacinth macaws?

It is well known that the quality and composition of the diet for young birds affect the condition of their feathers, skin and beak. This can be seen particularly well in young hyacinth macaws. Poorly and unbalanced nourished young Hyacinth macaws have blackish, dull plumage and pale, sometimes almost whitish skin around the eyes and the lower beak.

The young Hyacinth macaw pictured here is approximately 7 months old and not fully weaned. It has bright blue and shiny plumage and perfect toe skin without hyperkeratosis. Its skin around the eyes is an intense yellow color.

The parents of this bird are fed with Harrison's® High Potency coarse mixed with Palmgloss® and the Harrison's® Power Treats.



**Harrison's®**  
Premium Quality organic bird  
food available since 1991



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Care and wellness products für birds



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We congratulate our customer to this beautiful young macaw and wish continued success in the next breeding season!

These wonderful Hyacinth macaw progenies can be shipped to all countries which allow the import of captive bred CITES Appendix I species in F2 generation.

Both Hyacinth macaws can be exported in special transport boxes according to the IATA regulations accompanied with CITES export permit, veterinary health certificate and negative test results for avian influenza and Newcastle disease.

Interested persons who have the appropriate facilities to keep Hyacinth macaws should send an email to [info@dr-janeczek.de](mailto:info@dr-janeczek.de).

I travel a lot to visit our customers and their parrots to check and treat them at their homes. The specialized veterinary video consultations for parrots and parakeets we offer help a lot to get a first impression about the birds and their situation as well as the bird owners problems.

Some cases like nutritional issues can be already solved during the video consultation. However, most cases require thorough diagnostic and therapeutic measures, which I carry out in my veterinary practice limited to parrots at Graefelfing, Germany or as part of my home visits at the customer's location.



Specialized Veterinary  
**VIDEO CONSULTATIONS**  
for Parrots with  
Dr. Friedrich Janeczek

[https://www.janeczek.de/  
index.php/en/video-  
consultation.html](https://www.janeczek.de/index.php/en/video-consultation.html)



For Appointments: [info@dr-janeczek.de](mailto:info@dr-janeczek.de)



CITES BIRDS  
AVES

After downloading the full Index of CITES species, I came to the conclusion that this 1287 page document is not that easy to browse through. I then decided to make it easier for our readers and list them as follow with a photo from Wikipedia.

An easy explanation on the Cites website of what the listings mean:  
<https://www.cites.org/eng/disc/how.php>

**In summary:**  
**Appendix I** includes species threatened with extinction. Trade in specimens of these species is permitted only in exceptional circumstances.

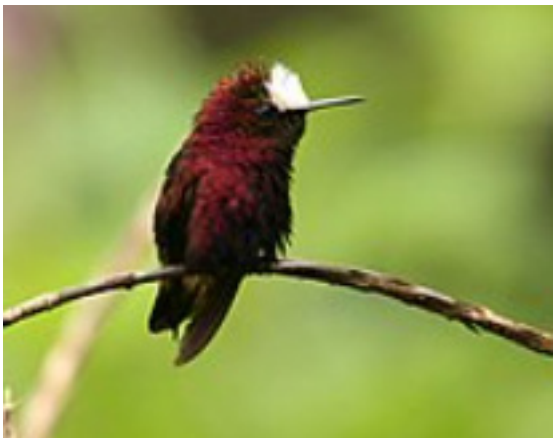
**Appendix II** includes species not necessarily threatened with extinction, but in which trade must be controlled in order to avoid utilization incompatible with their survival.

**Appendix III** This Appendix contains species that are protected in at least one country.

Micrathene whitneyi  
Elf owl  
USA  
**Cites II**



Microchera albocoronata  
Snowcap  
Costa Rica, Honduras, Nicaragua, and Panama.  
**Cites II**



Two pages of Cites Birds in every  
Premier edition.

Click on below cover photo for more info:



Your book is very interesting. I like that you added the latin names that everybody in all countries knows exactly which plant is meant.

The article from Tony Silva is absolutely informative.

Once again many thanks for the book.

Best regards,

Diana Eberhardt

Thank you for the eBook I bought, well received. Great info and one of the best feeding books available. Keep up the great work. Looking forward to buy another eBook.

Have a great day.

Dan Kruger



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## Seabird Conservation

Seabirds (and waterfowl) are the only animals that have conquered the sea, land and sky. Over twenty species of seabirds live in the Caribbean, and many more visit every year.

Seabirds spend most of their lives on or over the sea, foraging, feeding or resting. They are highly adapted to this unique way of life. Many have webbed feet (to help them swim and dive), waterproofed feathers (to keep them warm and afloat), salt glands (that allow them to excrete the salt from the seawater they drink), and acute vision, a strong sense of smell and sharp bills (to help them find and catch food). Their long wings support them while travelling over the oceans in search of food and, on land, living in colonies helps to protect them from predators.

Before humans lived in the Caribbean (~7,000 years ago), the islands supported vast numbers of seabirds. On many islands, there were so many that their droppings (called guano) formed piles hundreds of feet high, and were mined for fertilizer. Today, tropical seabirds, like those in other areas of the world, are threatened by human activities. In fact, seabirds are now one of the most threatened groups of birds in the world. Many colonies are declining in size and some have disappeared.

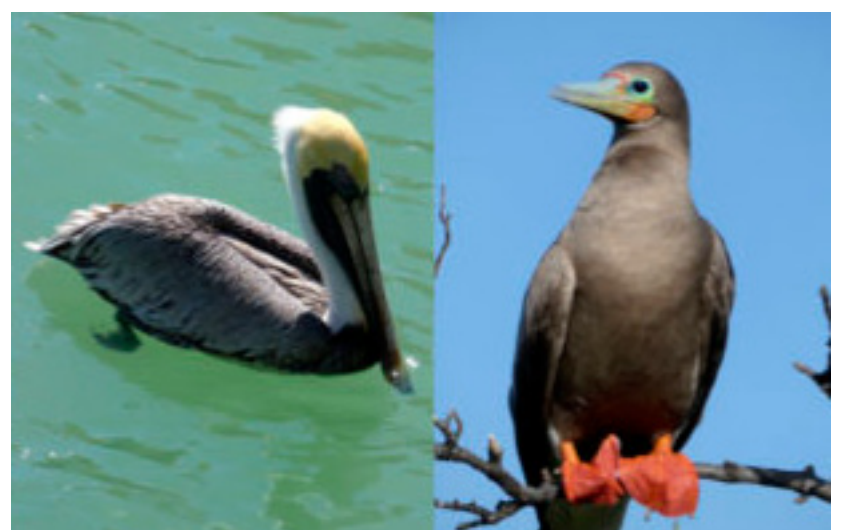
On land, introduced rats, cats and dogs prey on eggs, chicks and even adults. In some parts of the Caribbean, humans still take eggs, chicks and adults for food and aphrodisiacs.

Coastal development and sea level rise destroy and damage nesting habitat. Even the oceans are no longer safe. Seabirds often feed around fishing boats, and are caught and die in fishing gear. Overfishing, pollution and climate change have depleted their food sources. Hungry seabirds mistake floating plastic for food and fill their bellies with trash. Heavy metals from marine pollution also accumulate in their bodies.

Caribbean seabirds have much to teach us about the health of the seas around our islands. We need to understand their ecology, so we can protect them, their habitats, and the marine resource on which we all depend. Unfortunately, there have been only a few studies on seabirds in the Caribbean. This is partly because of the many practical difficulties in studying them, but they are also less attractive to funders than accessible land birds and migrants, and other mobile marine animals like sharks and turtles.

For most seabirds, the Caribbean is one large connected habitat. Therefore, it is important for scientists and conservationists across the region to work together to understand the big picture. This was first recognized in 1998, when we formed the Caribbean Seabird Working Group. Healthy seabird populations are possible in the Caribbean, but we must all work together to understand, manage and protect them.

Click on photo for more information.







<b>Name:</b>
Pomegranate
<b>Scientific name:</b>
Punica granatum
<b>Also known as:</b>
<b>Indigenous Countries:</b>
Originated in the region extending from modern-day Iran to northern India.
<b>Description:</b>
A shrub or small tree growing 5 to 10 m high, the pomegranate has multiple spiny branches and is extremely long-lived.
<b>Nutritional Value:</b>
Rich in vitamins and minerals.
<b>Feeding:</b>
Cut and give to birds to enjoy.
<b>Discussion:</b>
Photo courtesy: Wikipedia
<b>Information chart from e-book: 101 Food Items for Birds</b>
<b>Text has been reviewed by Tony Silva and said it looks great. Thanks Tony.</b>

Click on below cover photo for more info:



Your book is very interesting. I like that you added the latin names that everybody in all countries knows exactly which plant is meant.

The article from Tony Silva is absolutely informative.

Once again many thanks for the book.

Best regards,

Diana Eberhardt



Herb of the month.



<b>Name:</b>
Dandelion
<b>Scientific name:</b>
Taraxacum officinale
<b>Also known as:</b>
<b>Indigenous Countries:</b>
Native to Eurasia and North America.
<b>Description:</b>
Got a yellow flower and seed head got floatable seeds that blow away easily.
<b>Nutritional Value:</b>
High in potassium, calcium, magnesium and other trace elements. High in vitamin A and also contains Vitamin B’s, C and D.
<b>Feeding:</b>
The whole plant can be fed to your birds – fresh leaves and flowers.
<b>Discussion:</b>
Many benefits for the liver. Blood cleanser, good for heart, normalises blood pressure, prevents constipation and assist to control iron deficiency.
<b>Information chart from e-book: 101 Food Items for Birds</b>
Photo courtesy: Wikipedia

Colouring E-book

Teach you kids (and yourself) the correct bird colours to assist in the identification of birds.

Click for more info on website.





# Harrison’s Bird Foods

## HIGH POTENCY COARSE

The optimum food for the health and longevity of your medium to Large birds\*.

\*High Potency is additionally the suggested year-round formula for the following species: African Grey parrots, cockatoos, large conures, and macaws.

### USES:

**CONVERSION TO HARRISON’S:** All birds should start out and remain on High Potency formula for a period of at least 6 months at approximately 70% of the total diet. Switch large birds (other than African Grey parrots, cockatoos, large conures and macaws) to Adult Lifetime formula after a 6-month introductory period.

**BREEDING BIRDS:** High Potency formula should be fed 1-2 months prior to the breeding period and continued until the chicks are weaned or for at least 6 months before resuming Adult Lifetime formula.

**WEANING BIRDS:** High Potency formula should be fed to weaning birds for at least 6-9 months.

**SPECIAL NEEDS:** High Potency formula supports birds that are molting, overweight, underweight, particularly active, housed in a cold climate, recovering from an illness or affected by liver or kidney disease.

Current HBD recommendations: Feeding recommendation Percentages: as there are variances in the literature from well-respected nutritionists, we are saying the following: Pending the NATURAL FEEDING/FORAGING STYLE OF BIRD (i.e. granivorous, vs frugivores, etc.), and individual bird needs (i.e. obesity, etc.).

- 70% - HBD’s formulated diet
- 25% - Organic dark green leafy, yellow meaty fresh vegetables and low sugar fruits
- 5% - Organic seeds (hemp, chia, flax, pumpkin, sesame, sunflower) and organic nuts (almonds, walnuts)

Click on photo for more information.



Harrison's Bird Foods  
**HIGH POTENCY COARSE**



A premium first-use formula for medium to large birds such as African greys, macaws, Amazons and cockatoos, etc.



**SOUTH AFRICA’S GAME LODGES and SAFARI ACCOMMODATION**

South Africa is a country where magic infuses the views and landscapes, where the smiles of the local people can only be matched by the splendour of the ocean, mountains, forests, savannahs, waterfalls and rivers. This country is known the world around for its extraordinary collection of fauna and flora, and some of the best places to see these treasures up close are in the numerous game parks, reserves, sanctuaries and national parks.

Game lodges in South Africa range from rustic bush camps that immerse their guests in the wild side of Africa to luxurious 5-star retreats that showcase the bushveld on a platform of opulence. South Africa is known the world around for its abundance of wildlife, not least of all its many birds. In fact, there is an established avi-tourism industry that invites birding enthusiasts from all over the world to indulge in top-class bird-watching.

**SOUTH AFRICA AS A BIRDING HOTSPOT**

Thanks to the abundance of excellent South African hotels and accommodation facilities, as well as an established transport infrastructure (including international car hire companies), South Africa is proving to be one of the world’s top birding hotspots.

Visitors can join up with a formal birding tour group or can explore the country and its species on their own. Of the approximate 850 recorded bird species in the country, around 725 are resident birds (or, at least, annual visitors).

**BIRDER-FRIENDLY ACCOMMODATION**

The following South African birding hotspots feature on our website. Would you like to have a link to your website on these blog posts? All you have to do is to become a Premier magazine subscriber.

**BLOG POST**  
**Thornpark East London**

**BLOG POST**  
**Boulders Beach**

**BLOG POST**  
**Hartbeespoort dam**

**BLOG POST**  
**Austin Roberts Bird Sanctuary**

**BLOG POST**  
**Rietvlei nature reserve**

**BLOG POST**  
**Roodekrans**

Most show on Google’s first page.



## Mexico Birding Los Cabos México

By: Maria Elena Muriel

### 10 days October a river of raptors

10 days October to enjoy a river of raptors (thousands migrate in few days over our heads , in addition we will visit other areas for diverse birds and historical sites).

**10 DAYS RIVER OF RAPTORS**  
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[birdingloscabos@gmail.com](mailto:birdingloscabos@gmail.com)

Click on photo for more information.

Year By Year Birds including Raptors migrate south they have a role to perform in nature, some pollinate along the route and help bees, butterflies and other insects to keep nature healthy spreading seeds and pollen, also are traveling to find a mate and reproduce in addition to enjoy tropical weather or just like you to spend some fun vacation time, whatever reason or all of the above Raptors congregate to migrate together, they look like a River flowing south thus is a River of raptors , thousands can be seen and Ornithologist need to count them all.

Would you join us ?

## 2024 Total Solar Eclipse

Click on photo for more information.

**SOLAR ECLIPSE & BIRDING**  
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## Gulu Private Resort

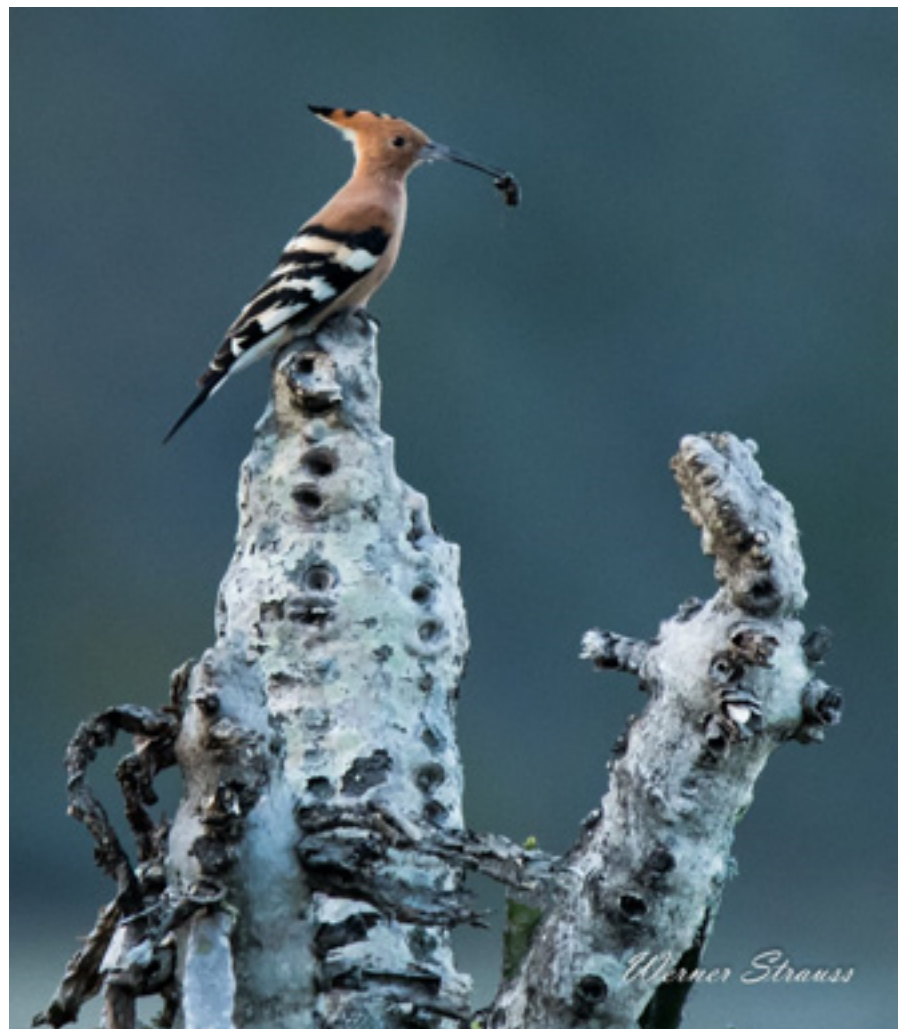
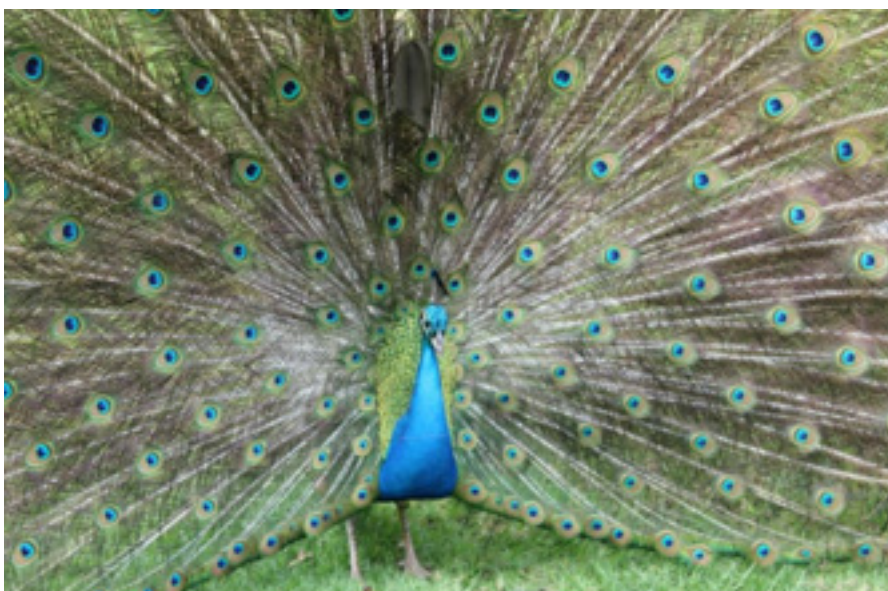


**1Gulu Private Resort is a privately owned family run Resort in East London. Offering nothing fancy but tasty home cooked breakfast and dinners, clean and cosy accommodation, conference and function facilities all exclusively natural with beautiful garden and river views.**

Unpack your suitcases, put down the laptop, kick off your shoes and enjoy a locally craft beer or a lovely glass of Cape Town's finest wines. Still need to finalise a few emails? No problem! Make yourself at home on the deck outside the restaurant overlooking the Gulu River or find a garden bench, where you can finish off your day's work.

Rolo will welcome you to the Resort and he will show you the way to discover "the luxury of being free".

The complete natural beauty of the location lends itself to all kinds of birds. We have a variety of wild birds, including Hornbills, Sun-and Sugarbirds, Raptors, Water Birds and General Birds. We would like to invite all bird lovers to come and explore our amazing bird species with us.



### Contact details and location:

Physical Address: Farm 1015 Burnside, Gulu

Postal Code: 5200

Telephone: +27(0)825580411

Email: [info@guluprivateresort.co.za](mailto:info@guluprivateresort.co.za)

Website: <http://www.guluprivateresort.co.za>

Latitude: -33.107468 Longitude: 27.732496





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July 2023 Stats to promote your products or services as on 31 August 2023.

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3 Facebook groups members	17 218

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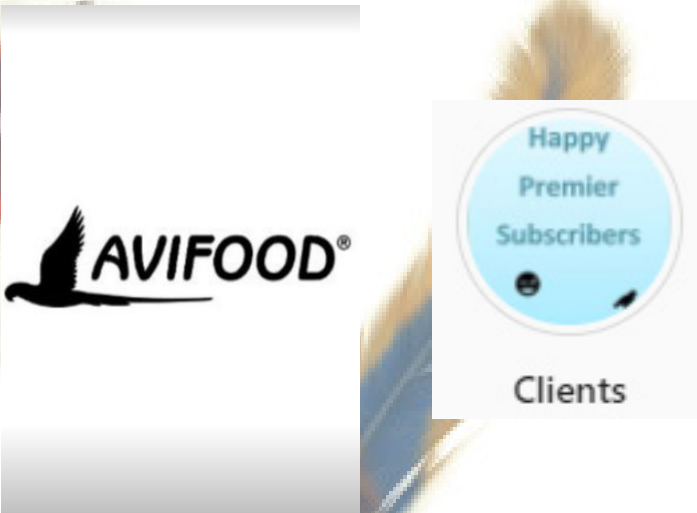
1 588

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- Website Blog Post
- Weekly Facebook post
- Weekly Instagram post
- Weekly Instagram story
- Newsletter





Avian Veterinarians - USA

CA			
Dr Barton C. Huber, DVM (Dr. Bart)	Animal Medical Center of Corona	91 E. Grand Ave, Ste 102 Corona, CA 92879	951-493-6771
FLORIDA			
Greg J. Harrison, DVM Diplomate Emeritus American Board of Veterinary Practitioners - Avian Practice Dip European College of Zoological Medicine (Avian) (Retired)	Founder President, HBD International Inc. and Developer of Harrison's Bird Foods.	7108 Crossroads Blvd. Suite 325 Brentwood, TN, USA 37027	800-346-0269

Avian Veterinarians - EU

Belgium			
Dr Bjorn Geeroms	DAP Geeroms-De Wolf	Assesteenweg 37 Borchtlombeek, Brabant	+32 2 569 30 33
Germany			
Dr. med. vet. Friedrich Janeczek	Veterinary Practice limited to Parrots	Hans-Cornelius-Str. 2c, 82166 Gräfelfing	+49-89-854814-0
For any ammendments / updates / deletions please e-mail us.			



DAP Geeroms-De Wolf

@dapgeeromsdewolf

# DAP Geeroms – De Wolf

## 02/569.30.33



	Op afspraak	Vrije consultatie
Maandag	9:00 - 12:00  &  13:30 - 16:00	18:00 - 20:00 Bjorn Geeroms & David De Wolf
Dinsdag		18:00 - 19:30 Bjorn Geeroms & David De Wolf
Woensdag		18:00 - 19:30 Bjorn Geeroms
Donderdag		18:00 - 19:30 David De Wolf
Vrijdag		18:00 - 19:30 Afwisselend Bjorn Geeroms / David De Wolf
Zaterdag		10:00 - 12:00 Afwisselend Bjorn Geeroms / David De Wolf
Zondag	Enkel op afspraak bij spoedgevallen	





# Animal Medical Center of Corona

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"Dr. Bart"

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## New website

I started a brand-new website called Boegie Store. This site will contain blog post from Keto, book reviews and anything else.

**Click on screen shot to visit blog post.**

# Diet for thin people.



# Keto grocery list.



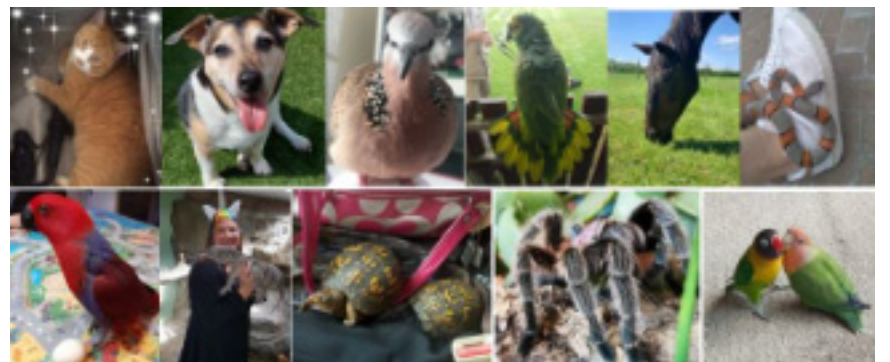
## Keto fudge recipes.



## New website

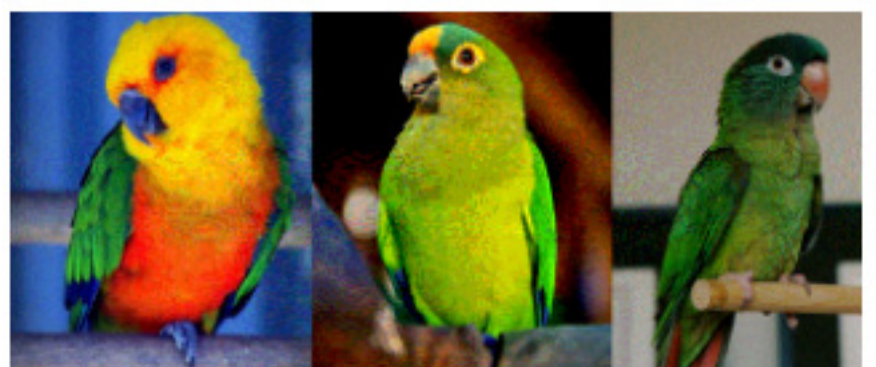
I started a brand-new website called World Wide Pets that will develop in another magazine. All pets will be included. From birds, dogs, cats, fish, rabbits, hamsters, horses, exotics, etc.

Click on photo to visit website.



**Click on screen shot to visit one of many  
blog posts.**

Top 10  
conures as  
pets



A great thank you to all my Facebook friends  
for giving me permission to use their photos.

## Invitation to Advertise and Sponsor.

This is a great opportunity for you to market your business, products, and/or services.

Advertise with us to reach our  
pet-loving readers.



# Owl Rescue Centre

We were called to rescue a Martial Eagle in a place called Boons this afternoon. It's actually a Black-chested Snake Eagle, they're often misidentified as Martials. He has a wing injury, which we are hoping our vets at Bryanston Avian, Exotic and Small Animal Clinic can do their magic on in the morning.



This happens so very seldom that even we get shocked. We were called out to rescue and relocate this little lady from Sileo Beds a mattress making factory in Johannesburg today. After less than a one minute talk to the right people, it was decided that it was in the owls best interest if she could stay. They have lots of rats, she likes rats. Problem solved.



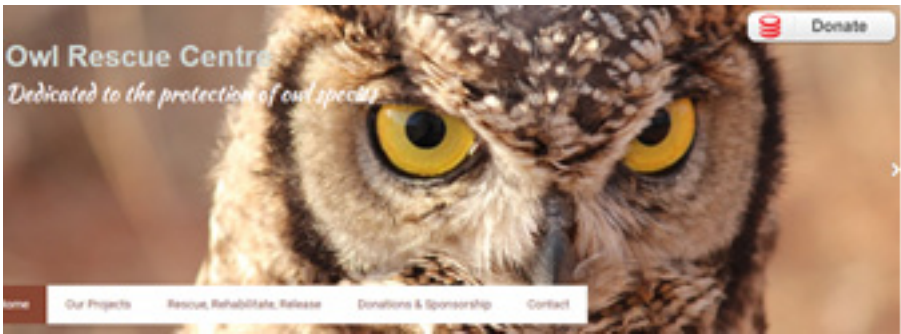
An African Scops Owl, one of our smallest residents living a wild and free life on the sanctuary. You will also notice he has been helping himself to the buffet table.



[Click to visit Facebook page.](#)



[Click below to visit website.](#)





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With some exclusive articles.

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3

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4

Reduced prices on eBooks.

5

A link to your website from our website.

Our website is well established with great reading stats.

6

A link to your website on each page of our website under the section:

### Recommended Websites

#### Recommended Websites

> Animal Medical Center of Corona

> Hagen Avicultural Research Institute

7

Your logo in our e-mail signature.



8

Free ad in Standard magazine.

9

Extra expose in the Standard edition while space last.

10

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11

### Clubs

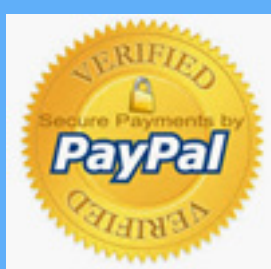
When a club subscribe, all club members receive a free e-book of their choice.

12

Extra exposure on social media.

We welcome all subscribers on social media and all posts approved.

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