

# WORLD WIDE BIRDS

magazine

CONSERVATION, BIRDING & AVICULTURE

International and South African Edition  
Premier Edition

Vol.7 N° 10  
October 2023

*Photography:*  
*Sean O'Hagan*

Brown-headed Parrots  
Senegal parrots  
Common Waxbills

Collect WWB points

*Sean O'Hagan*  
Photography

Contents

Welcome	3
Delta Incubators	4
WWB Points	5
Exciting News!	6
eBooks available	7
Tony Silva blog posts index	9
Dr Rina Dev news	10
Finch breeding index	11
COMMITTEE AGAINST BIRD KILLING E. V.	12
Bird Gardens of Naples	13
Newsletter	14
Feedback & Announcements	15
Parrot Behavior Consulting (PBC)	16
Monika’s Mac Nuts	17
Tony Silva News	18
Safari West	19
In Premier edition	20
AWEBSA	21
Avifood	22
Cites Birds	24
MDS Africa	25
BirdsCaribbean	26
101 Food Items for Birds eBook	27
Herb of the month	28
Harrison’s Products	29
Birder-friendly accommodation	30
Birding Los Cabos, México	31
Gulu Private Resort	32
Influencer Stats	33
Avian Vets	34
Boegie Store Blog	35
World Wide Pets	35
Owl Rescue Centre	36
Premier Edition details	37

Premier Edition INDEX ON PAGE 38



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World Wide Birds Magazine

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Welcome to the world's biggest and most-read pdf bird magazine.

Very welcome and thank you for reading another edition.

This month our main article is about Brown-headed Parrots by Rolf Dennison. They generally have a sweet temperament. These relatively small parrots also tend to be quieter than other parrot species, making them a good choice for apartment dwellers. Brown-headed Parrots are very good at mimicking sound and whistles.

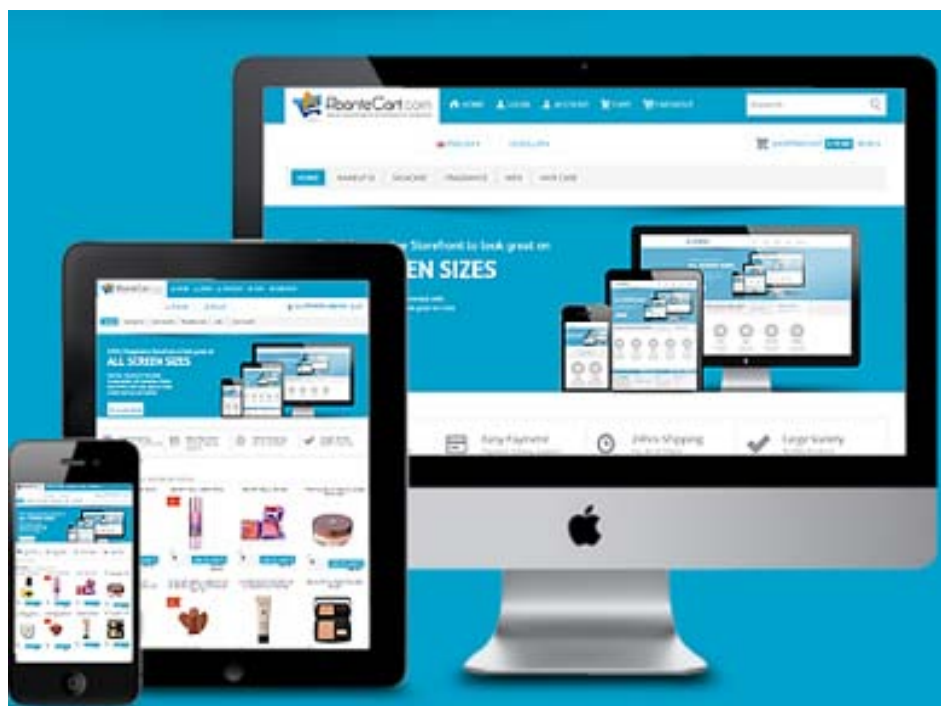
There is also a great article about Senegal Parrots by Jean Pattison. Senegals are wonderful birds for apartment dwellers due to their size and quiet behavior. They can learn to say a few phrases, which they take delight in repeating to their owners. Some have been known to have huge vocabularies.

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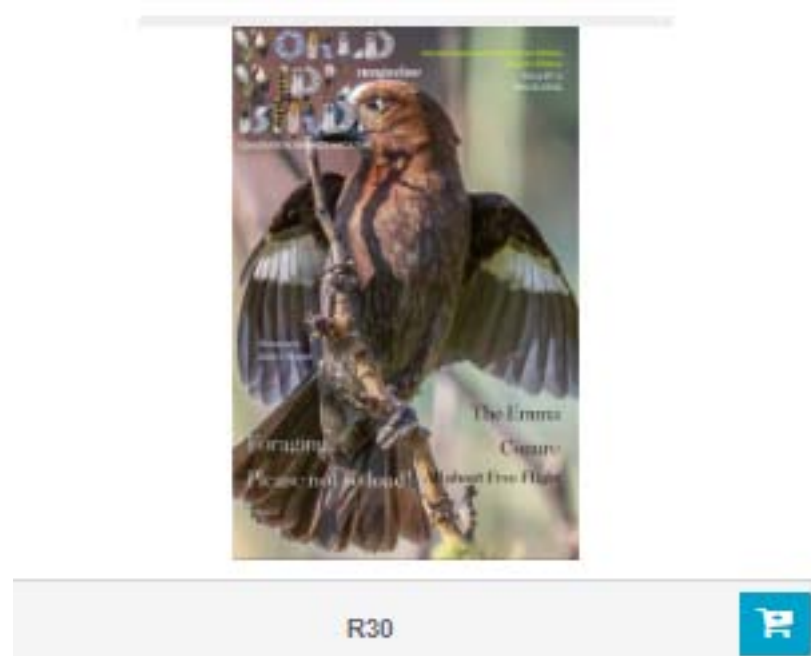
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Petrus Albertus van Tonder and  
The World Wide Birds team  
(you the subscribers and the sponsors)

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**Cover Photo Courtesy: Sean O'Hagan**  
**Black-headed Oriole (Male).**  
**Quenera nature reserve in the Eastern Cape, South Africa.**

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Jedi the Hyacinth Macaw



101 Food Items For Birds



Bird Health



Parrot Behaviour





101 Parrot Breeding Profiles



101 Parrot Breeding Profiles

by Petrus van Tonder



Plus 19 page BONUS article on Meyer's parrot subspecies identification and breeding.

Feeding Parrots and Recipes



Feeding Parrots and Recipes

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Caring and Breeding of Parrots



Caring and Breeding of Parrots  
by Tony Silva

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Keeping and Breeding Finches



Keeping and breeding finches

by Petrus van Tonder





## Tony Silva blog posts index

Just click on the topic your are interested in to go directly to that blog post.

[An ill bird](#)

[Animal protein parrot diet](#)

[Aviary hygiene](#)

[Bird gender test](#)

[Breeding of African Greys Part 1](#)

[Breeding conures](#)

[Breeding parrots husbandry guidelines](#)

[Breeding parrots indoors](#)

[Choosing an incubator for parrot rearing](#)

[Cockatiels](#)

[Cockatoo breeding Part 1](#)

[Cockatoo breeding Part 2](#)

[Conure parrot fostering](#)

[Military Macaw](#)

[Oil supplement for parrots](#)

[Parrot breeding age](#)

[Parrot breaking eggs](#)

[Parrot feeding in breeding and non-breeding season](#)

[Parrot hand-rearing](#)

[Parrot interview with Laurella Desborough](#)

[Parrot medication](#)

[Parrot nest inspection](#)

[Parrot plucking causes Part 1](#)

[Parrot plucking causes Part 2](#)

[Parrots and temperature](#)

[Sprouting seeds for birds](#)

[Supplements for birds](#)

[How to prevent obesity in amazon parrots.](#)

Q & A: “Do African Grey Parrots need dark cages to breed?”

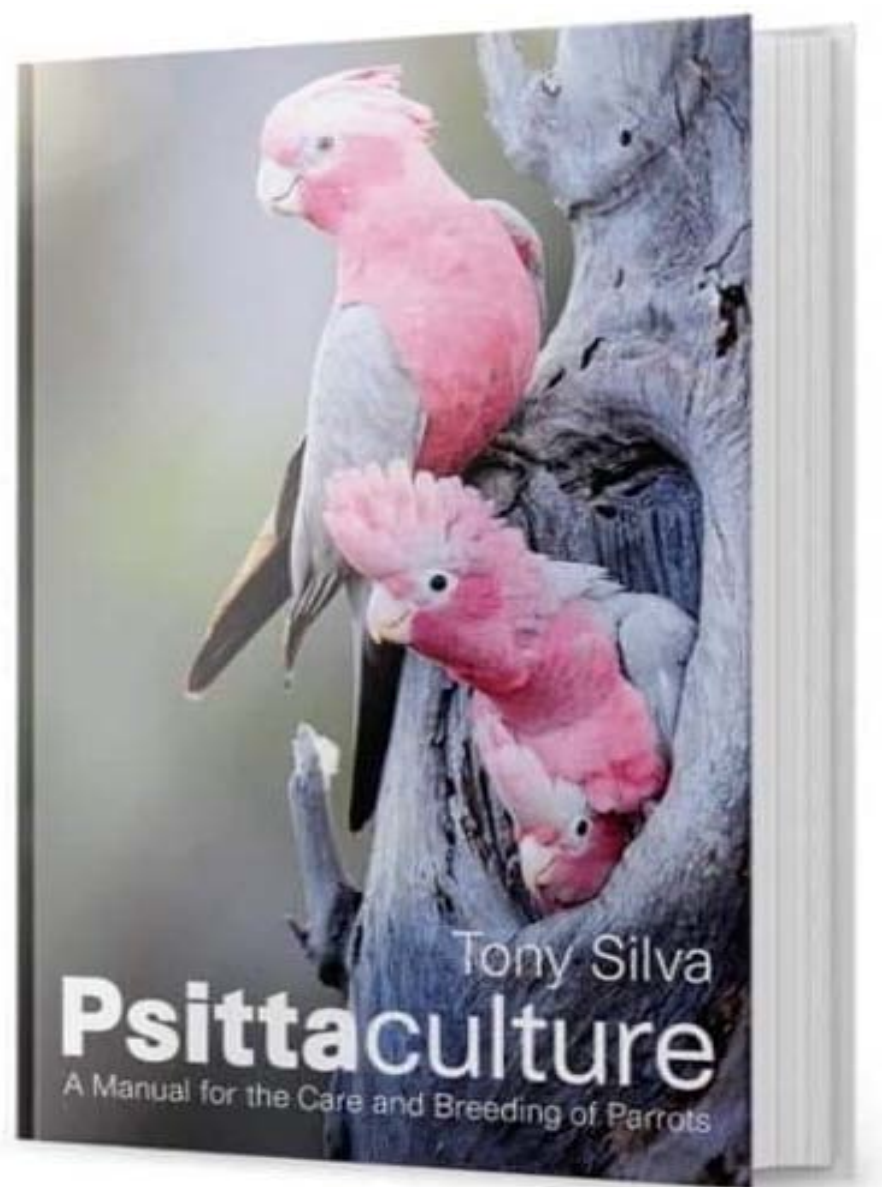
Q & A: “What’s the cause of infertility in parrots?”

Q & A: “Which is the best way to set up a new pair of parrots?”

Q & A: “Better to breed Eclectus parrots in pairs or in a colony?”

Q & A: “My Amazon is plucking, what medicine can I use to get it to stop?”

Tony’s new book is now available. Click on photo for more information.







Working with raptors is extremely challenging. Handling and feeding in captivity have its own set of challenges. Be careful to mimic their diets based on their diets in the wild. Release as soon as possible once they are fit. The longer you prolong their release the longer the lesser their chances are.

Kite flying festival, bird treatment camp RAKSHA Jaipur, as an annual event every year i travel to jaipur to help with thousands of birds that come in injured due to the glass coated manjha used for kite flying. Most of them don't make it back to the wild and if they survive are maimed for life. A bit shout out to Rohit Gangwal and his wonderful team of volunteers right from vets to citizens of jaipur for conducting such a brilliant successful camp every year. This year the birds that came in were lesser in number thanks to the awarness spread. Am back in clinic! With wonderful memories. For appointments please call on the clinic number 9967772829





## Finch breeding index

Just click on the photo for more information

### Breeding green singing finches



### Fostering finches



### Breeding Strawberry finches



### How to keep and breed weavers



## Herbs for birds index

Just click on the photo for more information

### Alfalfa / Lucerne



### Catnip



### Cayenne Pepper (with info-graphic)



### Echinacea







**COMMITTEE AGAINST BIRD  
KILLING E. V.  
COMMITTEE AGAINST BIRD  
SLAUGHTER (CABS)**

**Bird shooting in Cyprus**



Bee-eater with gunshot wound.

With 42,000 licensed hunters, Cyprus has one of the highest hunting densities in the EU. On average, 4.5 huntsmen per square kilometre stalk here, (1.1 in Germany and 2.9 in Italy). 34 bird species have an open hunting season, including quail and turtle dove, the black francolin and 7 songbird species: blackbird, redwing, mistle thrush, fieldfare and song thrush as well as starling and skylark. Officially, 3.7 million birds a year are shot legally, but the reality is this figure is probably much higher.

During our bird protection camps in Cyprus we often witness poaching and hunting violations. One of the most frequently observed infringements is the use of illegal electronic decoys. Many devices run at night to attract quails, which are then flushed with dogs in the morning and easily shot. In the morning, hunters use callers to lure thrushes to their shotguns.

During each operation we report such cases to the authorities - but in most instances the perpetrators manage to flee before to police arrive or simply switch off the callers until the authorities leave.

Also offences regarding the use of live decoys is widespread. The birds - usually collared or laughing doves - are often kept in small cages under inappropriate conditions and without sufficient or adequate food and water. We often find live decoys in poor conditions and get them seized by the authorities.

The shooting of protected bird species is - as in many other Mediterranean countries - unfortunately commonplace in Cyprus. Particularly affected are birds of prey such as marsh and montagu harriers, but also red-footed falcons. Bee-eaters are hunted as well as hoopoes. What happens with the shot animals, is not always clear. With bee-eaters it is assumed that the animals are eaten, birds of prey are probably stuffed as taxidermy trophies.



Shot montagu's harrier found by committee members.

**Please click on the above photo to  
support this great organization.**

**Please let me know if you donated to  
earn 10 WWB points as on page 5.**





Click on logo to visit website.

By: Keriellen Lohrman

### **About Our Organization**

The Bird Gardens of Naples is a non-profit organization whose sole concern is parrot welfare in captivity and conservation of wild parrots. We are an outreach and placement program which places into safe custody, parrots which are abandoned, abused, or in need of a home for any reason. Parrots are intelligent, highly social and complex beings with lifespans of up to 100 years.

The individual bird's best interest and well being of the present flock will determine if a parrot is accepted into the organization. We actively support networking with other parrot welfare groups, animal welfare organizations, the veterinary community, conservation organizations and the general public. Education is of the utmost importance concerning the well being of a parrot and its ability to successfully live with its human companions.

### **Visit The Bird Gardens of Naples**

The Bird Gardens of Naples is located in the green space of Corkscrew Swamp with a variety of flora, fauna, bees, and butterflies. You will have the opportunity to see, learn, and interact with 100+ birds from origins around the world. If weather allows, groups can enter our large macaw aviary with opportunities to take photos and hold birds. Our guided tours last approximately two hours. Please bring sunscreen, bug spray, and comfortable walking shoes.

Also feel free to bring unsalted nuts to feed the birds, however, no peanuts as they cause diseases in birds. For safety purposes, please stay on the trail and with your tour guide at all times. If you need to leave early, please advise your tour guide. All guided tours begin promptly 15 minutes after the scheduled time. Our gates open 15 minutes before tours and close 15 minutes after, allowing a 30-minute window for all visitors to arrive. Once the gate closes and the tour begins, late visitors will not be allowed in. Please check our address prior to your scheduled tour to ensure enough time for travel.

We do not charge a fee for our educational tours, but donations are greatly appreciated and go along way to help our charity keep the birds happy and healthy.



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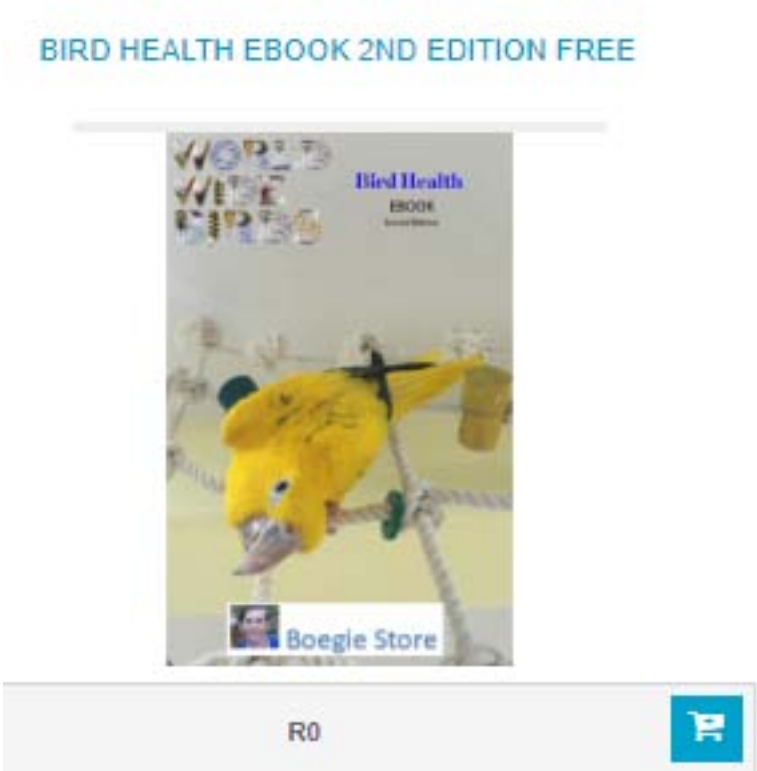
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## Feedback

Hi Petrus, Godfrey from Ireland. Thank you very much for my first Premier magazine and e-Books. I received them on the same day I made my payment. Truly impressed. The information is out of this world. Keep on the amazing work.

Best regards,  
Godfrey Bradford

*Thank you very much for your feedback Godfrey. This kind of feedback inspire me to continue with the magazine.*



WORLDWIDE VETERINARY  
VIDEO CONSULTATIONS  
by Dr. med. vet. Friedrich Janeczek  
<https://www.janeczek.de/index.php/en/>

The logo for Worldwide Veterinary Video Consultations features a blue parrot perched on a red sphere with a white 'V' and a caduceus symbol.

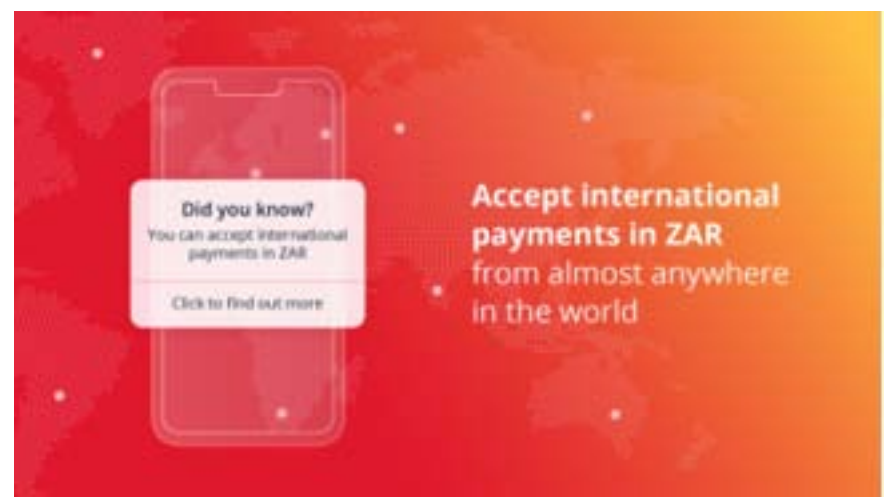
## Instagram

We are also very active on Instagram. Click on logo to follow us.



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## Parrot Behavior Consulting (PBC) by Hildegard Niemann

**New at Parrot Behavior Consulting (PBC): Instructional videos about parrots and parakeets on demand (on-demand) on the online video platform Udemy.**

Did you miss any of the webinars? No problem, we've recorded a number of webinars for you!

Parrot Behavior Consulting's webinar series is growing in popularity among parrot enthusiasts. Since 2016, viewers have been meeting online to find out about various current topics for 90 minutes. If you only became aware of the webinars later or if you missed one or the other webinar because you were unable to attend on the day of the live presentation, you now have the opportunity to record the 90 minutes in a private demonstration via the Easymeet- Watch Hildegard Niemann's online channel (at a price of 30 euros). It is the original recording of the respective webinar, in which interaction is of course no longer possible.

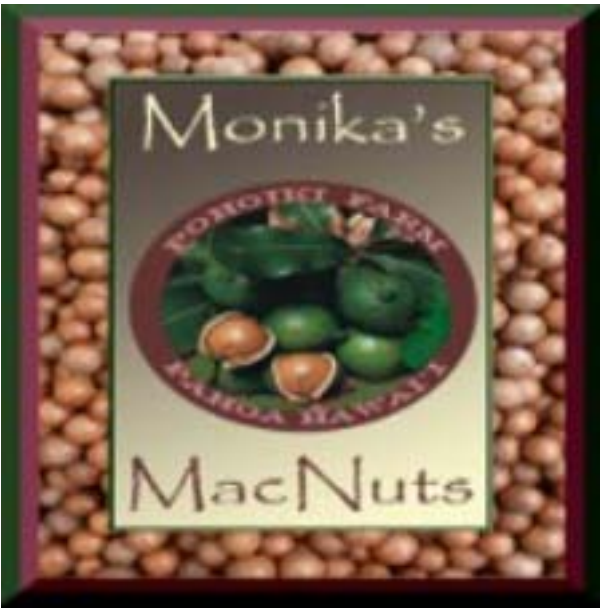
The course purchased includes: 1 to 1.5 hours of on-demand video, unrestricted lifetime access, access to cell phone / tablet and TV, and a certificate of completion. Further courses are already in preparation. We are pleased to be able to present you with these on-demand videos a new training segment as part of the Parrot Behavior Consulting offer and look forward to your first visit to Udemy.



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Our In Shell Mac Nuts are preferred by birds especially Hyacinth Macaws as well as people with a desire for a high quality, fresh tasting, nutritious nut.

Monika's Mac Nuts are grown on our family farm on the Big Island. Our Macadamia Nuts are preferred by Birds especially Hyacinth Macaws. Macaw birds love our Mac Nuts! Our Macadamia Nuts are also great for people who are on a raw food diet. Our Nuts are always naturally air dried...never cooked (cooking robs the nuts of flavor and nutrition). Our nuts are 100% pesticide free.

We sell our mac nuts in quantities starting as small as 1 lb up to over 100 lbs. We also offer a subscription program through our website <https://www.mac-nuts.com/> where you can choose the quantity and frequency of your order.



Click on photo to visit Facebook page.



Here is one of our gorgeous customers Okalani! She loves our mac nuts!



These are a couple of our adorable customers Grover and Beaky!  
Click on photo to read blog post.





## Tony Silva News

Hand feeding with a spoon.



For those who did not see it yet, I started making regular blog posts on the website. Especially Tony's previous articles. Here are a view with links:

Breeding and caring of the Military Macaw.



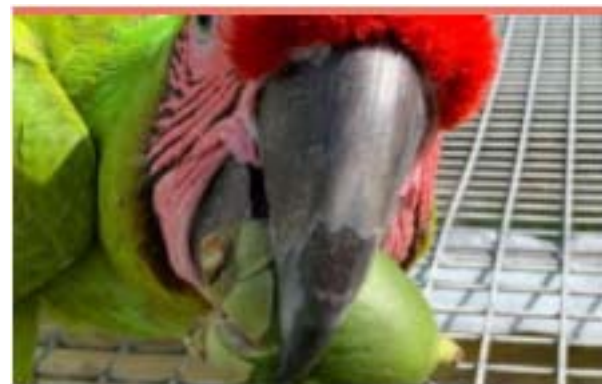
An ill bird.



Caring, feeding, and breeding of cockatiels.



“What’s the cause of infertility in parrots?”



Parrot feather plucking treatment.



Temperature tolerance in parrots:  
highs and lows





## Safari West Community Shoutout: International Bird Rescue



We stand in a loose half-circle around the open door of a carrier crate that was probably designed for a large dog. It is a beautiful, sunny day in the wetlands of the East Bay, and strong winds whip the grass around our feet as we prepare to watch an animal return to its home. A massive orange beak appears at the crate's entrance, followed by a 15 pound white-feathered body. An adult American White Pelican takes a few steps out into the wetland, stops and regards us for a few seconds, and then pushes itself into the sky, taking a long flight above the body of water in front of us. The staff and volunteers from International Bird Rescue that contributed to this pelican's return to good health all have smiles on their faces as they watch it disappear into the distance.

International Bird Rescue is a 52 year old nonprofit organization that specializes in the rehabilitation of wild waterbirds. Its origins are tied to a tragic local event—in 1971, a catastrophic spill covered 50 miles of the coastline around San Francisco with crude oil. Thousands of oil-covered birds were collected and treatment was attempted, but only a few hundred were successfully released—partly due to a lack of established protocols for oiled bird rehabilitation at the time.

A few people realized that better organization and methods were needed to more successfully save birds affected by oil spills in the future, and International Bird Rescue was born. Since then, IBR has contributed to the rehabilitation of oiled birds caught in more than 250 oil spills around the world, including Alaska's Exxon Valdez oil spill in 1989, South Africa's Treasure spill in 2000, and the explosion of Deepwater Horizon in the Gulf of Mexico in 2010. Along with their international work, IBR also works tirelessly to care for injured birds in their treatment centers in the San Francisco Bay Area, Los Angeles, and Anchorage, Alaska.



X-rays of the released pelican's hairline fracture.

### Continue at:

<https://www.safariwest.com/2023/09/community-shoutout-international-bird-rescue/>





## **Brown-headed Parrots (*Poicephalus cryptoxanthus*)**

By: Rolf Dennison



The Brown-headed Parrot is endemic in south-eastern Africa, from Swaziland, Zululand and Natal across north-eastern Transvaal, north to southern Mozambique and southeast Zimbabwe. They are found in almost any woodland within the forest savannahs and the dry woodlands. They prefer baobab trees.

These gregarious birds are usually seen in small flocks of around 12. At favoured feeding places, flocks of up to 50 may congregate. Even though this species is endangered in its natural habitat (Cites II), the Brown-headed Parrots are popular in aviculture.

**Continue in Premier edition.....**

## **Senegal parrots *Poicephalus senegalus***

By Jean Pattison — The African Queen



The Senegal, *Poicephalus senegalus*, belongs to a small group of parrots from Africa known as *Poicephalus*. Phonetically it is pronounced poy-seff-ah-luss, which means variably colored head.

Prior to the enactment of the Wild Bird Conservation Act of 1992, thousands of Senegal parrots were imported into the U.S. for the pet trade. Unfortunately none of the wild caught birds in the *Poicephalus* family tamed down well enough to be a good companion pets so they were labeled as flighty and biters.

Thankfully many of the smaller birds, such as the Senegal, were purchased by aviculturists, set up for breeding and produced well in captivity. A big factor in raising these nine-inch parrots was their ability to become comfortable with their own kind in captivity. The temperament of the captive-raised Senegals doesn't compare to their wild-caught relatives. Hand-fed Senegal parrots make wonderful companion pets as they are inquisitive, learn to perform ticks readily and pick up mimicking words and sounds quickly.

**Continue in Premier edition.....**



## Premier magazine subscriber introduction



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### Association for Wild-type and Exhibition Budgies of South Africa

AWEBSA is the only National Body in Southern Africa catering for all budgerigars (Exhibition / Wild-Type / Pet Budgies) at our Shows. We also have an Open class where members and non-members show. Exhibition and Wild-Type budgerigars are treated on an equal footing with 25 colour awards each available per show. We invite you to join us and enjoy our wonderful hobby with us.

## Starting with Budgerigars

By: Fred Wright

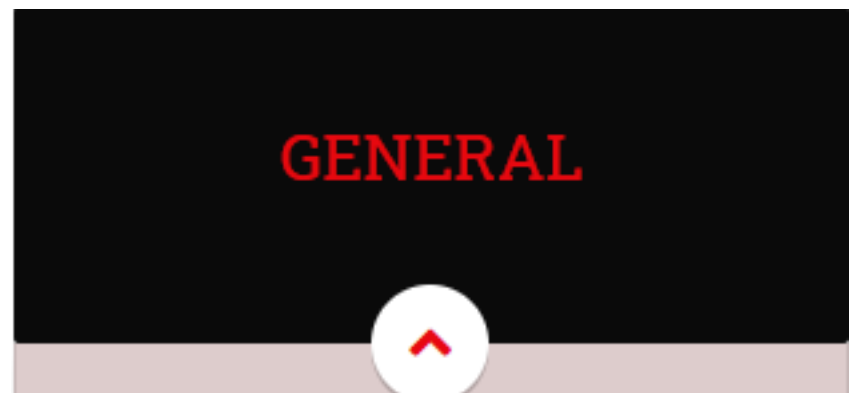
An interest in birds usually begins as a child. Time and time again after a couple of years with birds, the teenager gives up and makes a return to bird-keeping twenty or more years later. Many give up keeping birds at around 16/17 years old and return when they are settled, married and have the time and money to begin again with birds.

People know that it is not difficult to keep a few Budgerigars in a cage or small garden aviary but few realise that there is actually an exhibition fancy on their door-step. Those making a start, or a second start, tend to make their initial purchases from pet shops. Suddenly they are keeping a couple of pairs of Budgerigars in two separate cages in either a spare bedroom or the back of a garage.

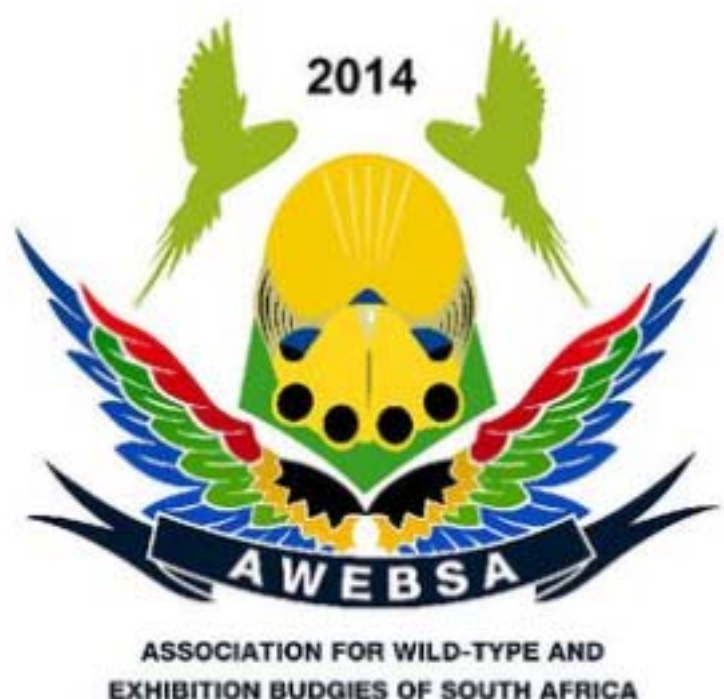
Making the step into keeping exhibition Budgerigars is more about luck and chance, rather than it being a natural progression.

Learning that there is an exhibition fancy is a tremendous discovery - many bird-keepers never realise there is an organised hobby with societies, shows and specialist magazines. Usually an entry to exhibition Budgerigars is made by knowing someone else that keeps Budgerigars for exhibition - perhaps at work or at school. Bird specialist pet shops and avicultural suppliers are sometimes able to direct the person with a few pairs of Budgerigars towards the exhibition branch of the fancy. Some clubs manage to publicise their meetings locally through local newspapers or the local library. With no formal method of entry to exhibition Budgerigars, it is no wonder the hobby is in decline. There is no doubt that people with time on their hands will go towards something that is promoted – computers, gardening or even cooking.

Click on screenshot to open the General section and to download and read the full article.



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# Avifood Products

By Dr. med. vet. Friedrich Janeczek,  
Veterinary practice limited to Parrots,  
Graefelfing, Germany

## How do you recognize well-fed young Hyacinth macaws?

It is well known that the quality and composition of the diet for young birds affect the condition of their feathers, skin and beak. This can be seen particularly well in young hyacinth macaws. Poorly and unbalanced nourished young Hyacinth macaws have blackish, dull plumage and pale, sometimes almost whitish skin around the eyes and the lower beak.

The young Hyacinth macaw pictured here is approximately 7 months old and not fully weaned. It has bright blue and shiny plumage and perfect toe skin without hyperkeratosis. Its skin around the eyes is an intense yellow color.

The parents of this bird are fed with Harrison's® High Potency coarse mixed with Palmgloss® and the Harrison's® Power Treats.





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We congratulate our customer to this beautiful young macaw and wish continued success in the next breeding season!

These wonderful Hyacinth macaw progenies can be shipped to all countries which allow the import of captive bred CITES Appendix I species in F2 generation.

Both Hyacinth macaws can be exported in special transport boxes according to the IATA regulations accompanied with CITES export permit, veterinary health certificate and negative test results for avian influenza and Newcastle disease.

Interested persons who have the appropriate facilities to keep Hyacinth macaws should send an email to [info@dr-janeczek.de](mailto:info@dr-janeczek.de).

I travel a lot to visit our customers and their parrots to check and treat them at their homes. The specialized veterinary video consultations for parrots and parakeets we offer help a lot to get a first impression about the birds and their situation as well as the bird owners problems.

Some cases like nutritional issues can be already solved during the video consultation. However, most cases require thorough diagnostic and therapeutic measures, which I carry out in my veterinary practice limited to parrots at Graefelfing, Germany or as part of my home visits at the customer's location.

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For Appointments: [info@dr-janeczek.de](mailto:info@dr-janeczek.de)



CITES BIRDS  
AVES

After downloading the full Index of CITES species, I came to the conclusion that this 1287 page document is not that easy to browse through. I then decided to make it easier for our readers and list them as follow with a photo from Wiki-pedia.

An easy explanation on the Cites website of what the listings mean:  
<https://www.cites.org/eng/disc/how.php>

**In summary:**  
**Appendix I** includes species threatened with extinction. Trade in specimens of these species is permitted only in exceptional circumstances.

**Appendix II** includes species not necessarily threatened with extinction, but in which trade must be controlled in order to avoid utilization incompatible with their survival.

**Appendix III** This Appendix contains species that are protected in at least one country.

Micropsitta bruijnii  
Red-breasted pygmy parrot  
Maluku Islands and Melanesia.

Cites II



Micropsitta finschii  
Finsch’s pygmy parrot  
Papua New Guinea, the Solomon Islands, and the Bismarck Archipelago.

Cites II



Click on below cover photo for more info:



Your book is very interesting. I like that you added the latin names that everybody in all countries knows exactly which plant is meant.

The article from Tony Silva is absolutely informative.

Once again many thanks for the book.

Best regards,

Diana Eberhardt

Thank you for the eBook I bought, well received. Great info and one of the best feeding books available. Keep up the great work. Looking forward to buy another eBook.

Have a great day.

Dan Kruger



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## Seabird Conservation

Seabirds (and waterfowl) are the only animals that have conquered the sea, land and sky. Over twenty species of seabirds live in the Caribbean, and many more visit every year.

Seabirds spend most of their lives on or over the sea, foraging, feeding or resting. They are highly adapted to this unique way of life. Many have webbed feet (to help them swim and dive), waterproofed feathers (to keep them warm and afloat), salt glands (that allow them to excrete the salt from the seawater they drink), and acute vision, a strong sense of smell and sharp bills (to help them find and catch food). Their long wings support them while travelling over the oceans in search of food and, on land, living in colonies helps to protect them from predators.

Before humans lived in the Caribbean (~7,000 years ago), the islands supported vast numbers of seabirds. On many islands, there were so many that their droppings (called guano) formed piles hundreds of feet high, and were mined for fertilizer. Today, tropical seabirds, like those in other areas of the world, are threatened by human activities. In fact, seabirds are now one of the most threatened groups of birds in the world. Many colonies are declining in size and some have disappeared.

On land, introduced rats, cats and dogs prey on eggs, chicks and even adults. In some parts of the Caribbean, humans still take eggs, chicks and adults for food and aphrodisiacs.

Coastal development and sea level rise destroy and damage nesting habitat. Even the oceans are no longer safe. Seabirds often feed around fishing boats, and are caught and die in fishing gear. Overfishing, pollution and climate change have depleted their food sources. Hungry seabirds mistake floating plastic for food and fill their bellies with trash. Heavy metals from marine pollution also accumulate in their bodies.

Caribbean seabirds have much to teach us about the health of the seas around our islands. We need to understand their ecology, so we can protect them, their habitats, and the marine resource on which we all depend. Unfortunately, there have been only a few studies on seabirds in the Caribbean. This is partly because of the many practical difficulties in studying them, but they are also less attractive to funders than accessible land birds and migrants, and other mobile marine animals like sharks and turtles.

For most seabirds, the Caribbean is one large connected habitat. Therefore, it is important for scientists and conservationists across the region to work together to understand the big picture. This was first recognized in 1998, when we formed the Caribbean Seabird Working Group. Healthy seabird populations are possible in the Caribbean, but we must all work together to understand, manage and protect them.

Click on photo for more information.







**Name:**

Popcorn

**Scientific name:**

Z. mays

**Also known as:**

**Indigenous Countries:**

Archaeologists discovered that people have known about popcorn for thousands of years. In Mexico, for example, remnants of popcorn have been found that date to around 3600 BC.

**Description:**

A variety of corn kernel, which expands and puffs up when heated.

**Nutritional Value:**

Naturally high in dietary fiber and antioxidants. Low in calories and fat, and free of sugar and sodium.

**Feeding:**

An enriching, chewable treat.

**Discussion:**

Don't use salt and butter. Rather use a little flax seed oil or coconut oil. Avoid microwaveable popcorn.

Photo courtesy: Johnny King

Information chart from e-book:  
101 Food Items for Birds

Text has been reviewed by Tony Silva and said it looks great. Thanks Tony.

Click on below cover photo for more info:



**101 Food Items For Birds**

by Petrus van Tonder



Your book is very interesting. I like that you added the latin names that everybody in all countries knows exactly which plant is meant.

The article from Tony Silva is absolutely informative.

Once again many thanks for the book.

Best regards,

Diana Eberhardt



Herb of the month.



<b>Name:</b>
Dill
<b>Scientific name:</b>
Anethum graveolens
<b>Also known as:</b>
<b>Indigenous Countries:</b>
Widely used as herbs in Europe and central Asia.
<b>Description:</b>
An annual herb, widely grown in Eurasia where its leaves and seeds are used as a herb or spice for flavouring food.
<b>Nutritional Value:</b>
High in Calcium. Contain protein, vitamins and minerals.
<b>Feeding:</b>
Fresh or dried.
<b>Discussion:</b>
Soothing to digestion.
Photo courtesy: Wikipedia

Information chart from e-book:  
101 Food Items for Birds

Colouring E-book

Teach you kids (and yourself) the correct bird colours to assist in the identification of birds.

Click for more info on website.





# Harrison's Bird Foods

## HIGH POTENCY COARSE

The optimum food for the health and longevity of your medium to Large birds\*.

\*High Potency is additionally the suggested year-round formula for the following species: African Grey parrots, cockatoos, large conures, and macaws.

### USES:

**CONVERSION TO HARRISON'S:** All birds should start out and remain on High Potency formula for a period of at least 6 months at approximately 70% of the total diet. Switch large birds (other than African Grey parrots, cockatoos, large conures and macaws) to Adult Lifetime formula after a 6-month introductory period.

**BREEDING BIRDS:** High Potency formula should be fed 1-2 months prior to the breeding period and continued until the chicks are weaned or for at least 6 months before resuming Adult Lifetime formula.

**WEANING BIRDS:** High Potency formula should be fed to weaning birds for at least 6-9 months.

**SPECIAL NEEDS:** High Potency formula supports birds that are molting, overweight, underweight, particularly active, housed in a cold climate, recovering from an illness or affected by liver or kidney disease.

Current HBD recommendations: Feeding recommendation Percentages: as there are variances in the literature from well-respected nutritionists, we are saying the following: Pending the NATURAL FEEDING/FORAGING STYLE OF BIRD (i.e. granivorous, vs frugivores, etc.), and individual bird needs (i.e. obesity, etc.).

70% - HBD's formulated diet

25% - Organic dark green leafy, yellow meaty fresh vegetables and low sugar fruits

5% - Organic seeds (hemp, chia, flax, pumpkin, sesame, sunflower) and organic nuts (almonds, walnuts)

Click on photo for more information.





**SOUTH AFRICA’S GAME LODGES and SAFARI ACCOMMODATION**

South Africa is a country where magic infuses the views and landscapes, where the smiles of the local people can only be matched by the splendour of the ocean, mountains, forests, savannahs, waterfalls and rivers. This country is known the world around for its extraordinary collection of fauna and flora, and some of the best places to see these treasures up close are in the numerous game parks, reserves, sanctuaries and national parks.

Game lodges in South Africa range from rustic bush camps that immerse their guests in the wild side of Africa to luxurious 5-star retreats that showcase the bushveld on a platform of opulence. South Africa is known the world around for its abundance of wildlife, not least of all its many birds. In fact, there is an established avi-tourism industry that invites birding enthusiasts from all over the world to indulge in top-class bird-watching.

**SOUTH AFRICA AS A BIRDING HOTSPOT**

Thanks to the abundance of excellent South African hotels and accommodation facilities, as well as an established transport infrastructure (including international car hire companies), South Africa is proving to be one of the world’s top birding hotspots.

Visitors can join up with a formal birding tour group or can explore the country and its species on their own. Of the approximate 850 recorded bird species in the country, around 725 are resident birds (or, at least, annual visitors).

**BIRDER-FRIENDLY ACCOMMODATION**

The following South African birding hotspots feature on our website. Would you like to have a link to your website on these blog posts? All you have to do is to become a Premier magazine subscriber.

**BLOG POST**  
**Thornpark East London**

**BLOG POST**  
**Boulders Beach**

**BLOG POST**  
**Hartbeespoort dam**

**BLOG POST**  
**Austin Roberts Bird Sanctuary**

**BLOG POST**  
**Rietvlei nature reserve**

**BLOG POST**  
**Roodekrans**

Most show on Google’s first page.



## Mexico Birding Los Cabos México

By: Maria Elena Muriel

### 10 days October a river of raptors

10 days October to enjoy a river of raptors (thousands migrate in few days over our heads , in addition we will visit other areas for diverse birds and historical sites).



Click on photo for more information.

Year By Year Birds including Raptors migrate south they have a role to perform in nature, some pollinate along the route and help bees, butterflies and other insects to keep nature healthy spreading seeds and pollen, also are traveling to find a mate and reproduce in addition to enjoy tropical weather or just like you to spend some fun vacation time, whatever reason or all of the above Raptors congregate to migrate together, they look like a River flowing south thus is a River of raptors , thousands can be seen and Ornithologist need to count them all.

Would you join us ?

## 2024 Total Solar Eclipse

Click on photo for more information.



Universe has fascinated humanity since early time and we have given practical use until now. Enjoy one of the most spectacular events. Your Guide will chat about universe, astronomy believes & cosmovision of early ancestral cultures such as Maya Aztec and more while you enjoy the eclipse, along these Journey in addition we will visit archaeologic site with petroglyphs (carved stones). We will go Birding to the tufted jay reserve and San Blas one of the most diverse sites in Mexico and enjoy the day in an island where pirates used to hide treasures. Your Guide have ample experience conducting and Leading Stargazing, Birding and archaeology .



Please send an e-mail to:  
birdingloscabos@gmail.com



# Gulu Private Resort



**1Gulu Private Resort is a privately owned family run Resort in East London. Offering nothing fancy but tasty home cooked breakfast and dinners, clean and cosy accommodation, conference and function facilities all exclusively natural with beautiful garden and river views.**

Unpack your suitcases, put down the laptop, kick off your shoes and enjoy a locally craft beer or a lovely glass of Cape Town’s finest wines. Still need to finalise a few emails? No problem! Make yourself at home on the deck outside the restaurant overlooking the Gulu River or find a garden bench, where you can finish off your day’s work.

Rolo will welcome you to the Resort and he will show you the way to discover “the luxury of being free”.

The complete natural beauty of the location lends itself to all kinds of birds. We have a variety of wild birds, including Hornbills, Sun-and Sugarbirds, Raptors, Water Birds and General Birds. We would like to invite all bird lovers to come and explore our amazing bird species with us.



Contact details and location:  
Physical Address: Farm 1015 Burnside, Gulu  
Postal Code: 5200  
Telephone: +27(0)825580411  
Email: [info@guluprivateresort.co.za](mailto:info@guluprivateresort.co.za)  
Website: <http://www.guluprivateresort.co.za>

Latitude: -33.107468 Longitude: 27.732496





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SOCIAL MEDIA

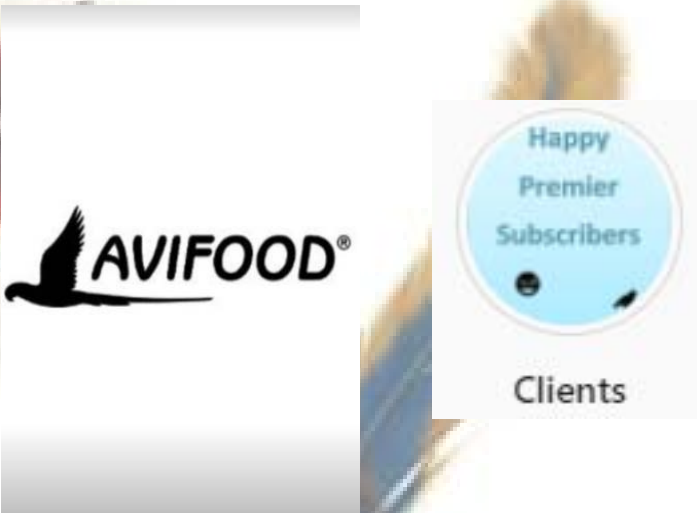
Facebook

Friends	4 946
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3 Facebook groups members	17 218

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Avian Veterinarians - USA

CA			
Dr Barton C. Huber, DVM (Dr. Bart)	Animal Medical Center of Corona	91 E. Grand Ave, Ste 102 Corona, CA 92879	951-493-6771
FLORIDA			
Greg J. Harrison, DVM Diplomate Emeritus American Board of Veterinary Practitioners - Avian Practice Dip European College of Zoological Medicine (Avian) (Retired)	Founder President, HBD International Inc. and Developer of Harrison's Bird Foods.	7108 Crossroads Blvd. Suite 325 Brentwood, TN, USA 37027	800-346-0269

Avian Veterinarians - EU

Belgium			
Dr Bjorn Geeroms	DAP Geeroms-De Wolf	Assesteenweg 37 Borchtlombeek, Brabant	+32 2 569 30 33
Germany			
Dr. med. vet. Friedrich Janeczek	Veterinary Practice limited to Parrots	Hans-Cornelius-Str. 2c, 82166 Gräfelfing	+49-89-854814-0
For any ammendments / updates / deletions please e-mail us.			



DAP Geeroms – De Wolf

02/569.30.33



Op afspraak		Vrije consultatie
Maandag	9:00 - 12:00 & 13:30 - 16:00	18:00 - 20:00 Bjorn Geeroms & David De Wolf
Dinsdag		18:00 - 19:30 Bjorn Geeroms & David De Wolf
Woensdag		18:00 - 19:30 Bjorn Geeroms
Donderdag		18:00 - 19:30 David De Wolf
Vrijdag		18:00 - 19:30 Afwisselend Bjorn Geeroms / David De Wolf
Zaterdag		10:00 - 12:00 Afwisselend Bjorn Geeroms / David De Wolf
Zondag	Enkel op afspraak bij spoedgevallen	





## New website

I started a brand-new website called Boegie Store. This site will contain blog post from Keto, book reviews and anything else.

**Click on screen shot to visit blog post.**

# Diet for thin people.



# Keto grocery list.



## Keto fudge recipes.



## New website

I started a brand-new website called World Wide Pets that will develop in another magazine. All pets will be included. From birds, dogs, cats, fish, rabbits, hamsters, horses, exotics, etc.

Click on photo to visit website.



**Click on screen shot to visit one of many  
blog posts.**

# Top 10 conures as pets



A great thank you to all my Facebook friends  
for giving me permission to use their photos.

## Invitation to Advertise and Sponsor.

This is a great opportunity for you to market your business, products, and/or services.

Advertise with us to reach our  
pet-loving readers.



# Owl Rescue Centre

Of the over 2000 owls that we rescue every year, 99% of them are due to man made reasons. Now it is true that we are borderline radical conservationists, but there are a few things as humans that we could all do to mitigate the damage we inflict on these birds.

First would be is to dismantle all unnecessary wire fences. If you can't take the whole fence down, then at least cut the barbs off the top wire as upwards of 80% of casualties get caught on the top strand.

A few other things, no rat poison, at all. No matter what the manufacturers say, all rat poisons kill owls.

If you see an owl in the road at night, hoot at him, don't flash lights, that just confuses them.

Cover your pool or fish pond while your resident owls are breeding.

Send naughty dogs to grandma while owlets are learning to fly.

Teach kids about the importance of wildlife and why we need to preserve it.

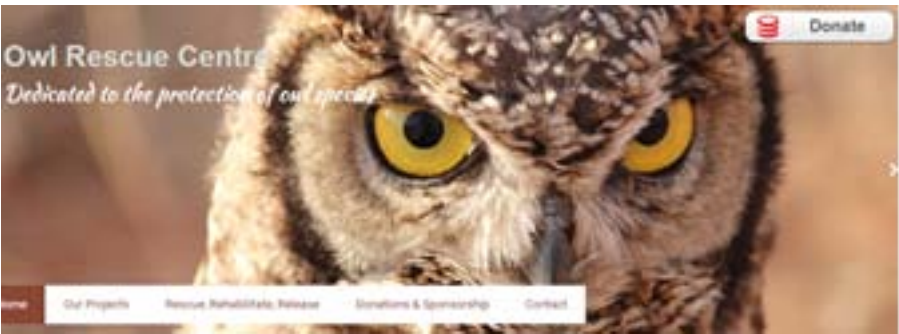
And lastly, support your local Owl Rescue Centre, which ironically is us. And because it's a pretty cool thing to do.



Click to visit Facebook page.



Click below to visit website.





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10

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When a club subscribe, all club members receive a free e-book of their choice.

12

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We welcome all subscribers on social media and all posts approved.

Your subscription will make it possible to help a bird conservation organization.



We are now fully PayPal & PayFast verified.

<https://www.wwbirds.co.za/dir/subscribe/admin@wwbirds.co.za>





## **IN PREMIER EDITION**

**Brown-headed Parrots  
(Poicephalus cryptoxanthus)  
Page 39**



**Senegal parrots  
Poicephalus senegalus  
Page 42**

**Some common questions  
Page 45**

**Heat, unexpected births and  
synchronisation of breeding stock  
Page 47**

**Tony Silva News  
Page 48**

**Almond Nuts  
Page 49**

**Learning from the Wild  
Page 50**

**TOXINS IN PET BIRDS  
Page 54**

**Saint Helena Waxbill or  
Common Waxbill  
(Estrilda astrild)  
Page 59**



**Canaries**

**Teachers**

**Page 61**

**Budgerigars**

**COLORS**

**Part II**

**Page 63**

**BIRD WATCHING**

**Cuban Oriole**

**Page 67**

**Parrot Conservation:  
Intense Work Protects Beautiful  
Blue Parrots in Paraguay  
Page 69**

**Parrots, Rapinoe, and Soccer  
in Australasia  
Page 70**

**Cites Birds  
Page 73**

