

International and South African Edition  
Premier Edition

Vol. 7 N° 11  
November 2023

**WORLDWIDE BIRDING**  
**magazine**  
CONSERVATION, BIRDING & AVIATION

Photography:  
Sean O'Hagan

Color Mutations  
Meyer's Parrots  
Christmas for the Birds  
Collect WWB points

Sean O'Hagan

# Contents

Welcome	3
Delta Incubators	4
WWB Points	5
Exciting News!	6
eBooks available	7
Tony Silva blog posts index	9
Dr Rina Dev news	10
Finch breeding index	11
COMMITTEE AGAINST BIRD KILLING E. V.	12
Bird Gardens of Naples	13
Newsletter	14
Feedback & Announcements	15
Parrot Behavior Consulting (PBC)	16
Monika's Mac Nuts	17
Tony Silva News	18
Safari West	19
In Premier edition	20
AWEBSA	21
Avifood	22
Cites Birds	24
MDS Africa	25
BirdsCaribbean	26
101 Food Items for Birds eBook	27
Herb of the month	28
Harrison's Products	29
Birder-friendly accommodation	30
Birding Los Cabos, México	31
Gulu Private Resort	32
Influencer Stats	33
Avian Vets	34
Boegie Store Blog	35
World Wide Pets	35
Owl Rescue Centre	36
Premier Edition details	37

**Premier Edition INDEX ON PAGE 38**

## Exciting NEWS!

We are excited to offer you any 3 of the 8 eBooks, of your choice for **FREE** when you subscribe to the **Premier** magazine. These eBooks normally sell for \$24 (R190) each. **More information on page 4.**



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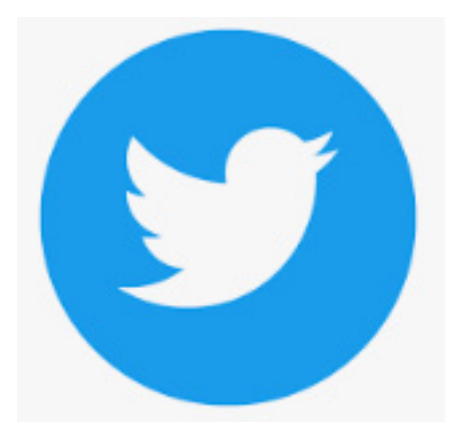


World Wide Birds Magazine

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Welcome to the world's biggest and most-read pdf bird magazine.

I am feeling blessed and thankful to know that you are reading another edition to learn about birds.

This month our main article is about Meyer's Parrots. Since these little parrots like to climb, cages with horizontal bars (at least on two sides) work best as they will allow your pet to climb around more easily. Offering a separate play gym, either on top of the cage or as a separate item, will provide a safe place to hang out when your pet is out of the cage.

The following question gets answered in detail in the Premier edition: "I really enjoy owning and breeding the Pyrrhura conures, but I am concerned about the mutation varieties and how one should go about breeding them."

Kimberly Perry has an article about Toucan tea. Diseases of the heart, general vascular system, and therapies are well researched in the human field, but scientific and clinical literature in pet birds is still somewhat limited. Dr. Nemetz explain in an article in this edition.

Don't forget your WWB Points. Collect 60 WWB Points and get a 3-month Premier magazine subscription or any eBook of your choice. More details on page 5.

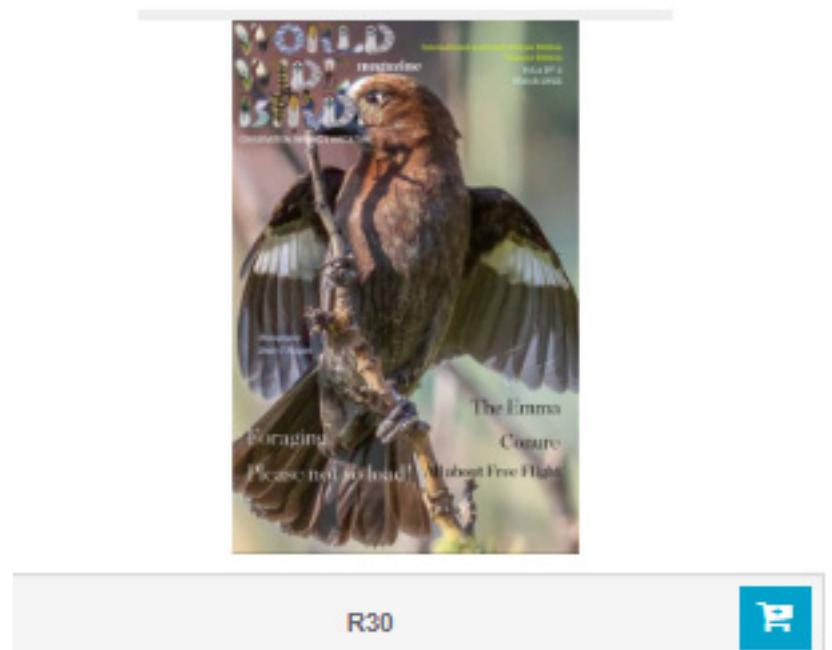
Happy reading, and have a great month.

Petrus Albertus van Tonder and  
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**Cover Photo Courtesy: Sean O'Hagan**  
**Eastern Golden Weaver building its nest.**  
**Quenera nature reserve, Eastern Cape**  
**South Africa**

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## Jedi the Hyacinth Macaw



## 101 Food Items For Birds



## Bird Health



## Parrot Behaviour

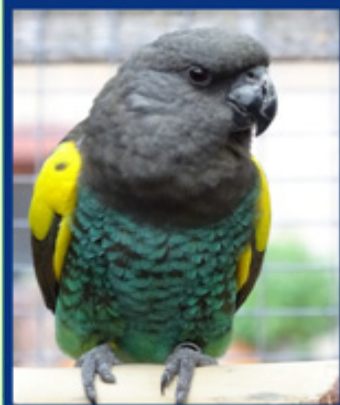


# 101 Parrot Breeding Profiles



## 101 Parrot Breeding Profiles

by Petrus van Tonder



Plus 19 page BONUS article on Meyer's parrot subspecies identification and breeding.

### Feeding Parrots and Recipes

# Caring and Breeding of Parrots



## Caring and Breeding of Parrots by Tony Silva

1st Edition



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### Keeping and Breeding Finches



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## Keeping and breeding finches

by Petrus van Tonder



## Tony Silva blog posts index

Just click on the topic your are interested in to go directly to that blog post.

[An ill bird](#)

[Animal protein parrot diet](#)

[Aviary hygiene](#)

[Bird gender test](#)

[Breeding of African Greys Part 1](#)

[Breeding conures](#)

[Breeding parrots husbandry guidelines](#)

[Breeding parrots indoors](#)

[Choosing an incubator for parrot rearing](#)

[Cockatiels](#)

[Cockatoo breeding Part 1](#)

[Cockatoo breeding Part 2](#)

[Military Macaw](#)

[Oil supplement for parrots](#)

[Parrot breeding age](#)

[Parrot breaking eggs](#)

[Parrot feeding in breeding and non-breeding season](#)

[Parrot hand-rearing](#)

[Parrot interview with Laurella Desborough](#)

[Parrot medication](#)

[Parrot nest inspection](#)

[Parrot plucking causes Part 1](#)

[Parrot plucking causes Part 2](#)

[Parrots and temperature](#)

[Sprouting seeds for birds](#)

[Supplements for birds](#)

[How to prevent obesity in amazon parrots.](#)

[Q & A: “Do African Grey Parrots need dark cages to breed?”](#)

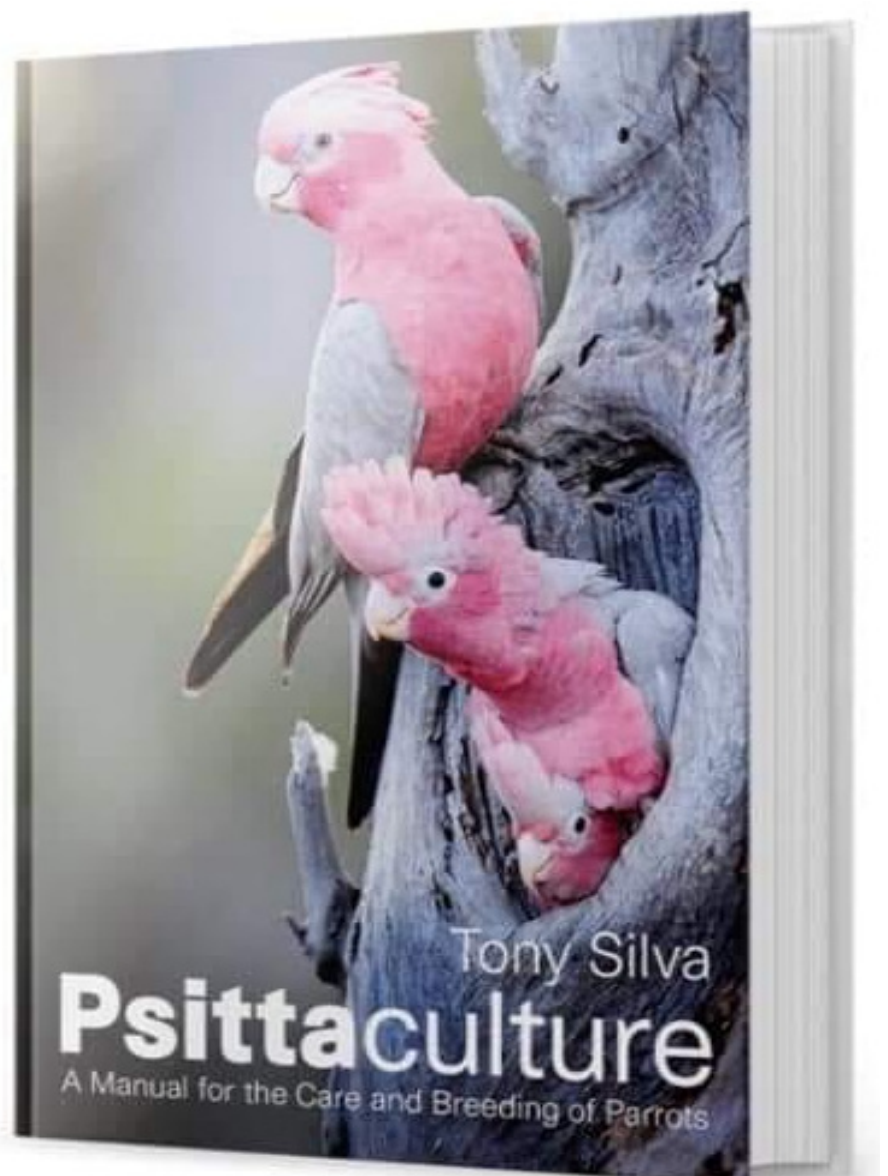
[Q & A: “What’s the cause of infertility in parrots?”](#)

[Q & A: “Which is the best way to set up a new pair of parrots?”](#)

[Q & A: “Better to breed Eclectus parrots in pairs or in a colony?”](#)

[Q & A: “My Amazon is plucking, what medicine can I use to get it to stop?”](#)

Tony’s new book is now available. Click on photo for more information.





Dr Rina Dev's  
Animal & Bird Clinic

Barium study is a highly effective diagnostic tool. A contrast medium is frequently used with avian patients to identify the course and size of the gastrointestinal (GI) tract divisions and to identify obstructions, masses, and foreign bodies. As it flows through the digestive tract you can check the appearance of the tract and see if there are obstructions, tumors, thickenings, foreign bodies or other abnormalities.

In addition, if there are abnormalities in the internal organs, such as enlargements, they may displace the position of the intestinal tract or stomach giving a clue to what may be occurring internally.

This green wing macaw came in with a history of swallowing a feeding tube. A series of x rays were shot post barium to pin point the position of the tube as on normal x ray it was not visible. We were able to pin point that the tube had settled in the ventriculus.



The amur falcon is a migratory bird with one of the longest migratory routes of all birds, it covers a distance of up to 22000 km per year. In India while returning to africa it follows the route from northeast to central india and Maharashtra to Africa. The interesting fact about this bird is that most of its route is over the Arabian sea. During the recent cyclone Tauktae this bird probably lost his way due to the strong winds at sea and was found on the coastal area in Mumbai.

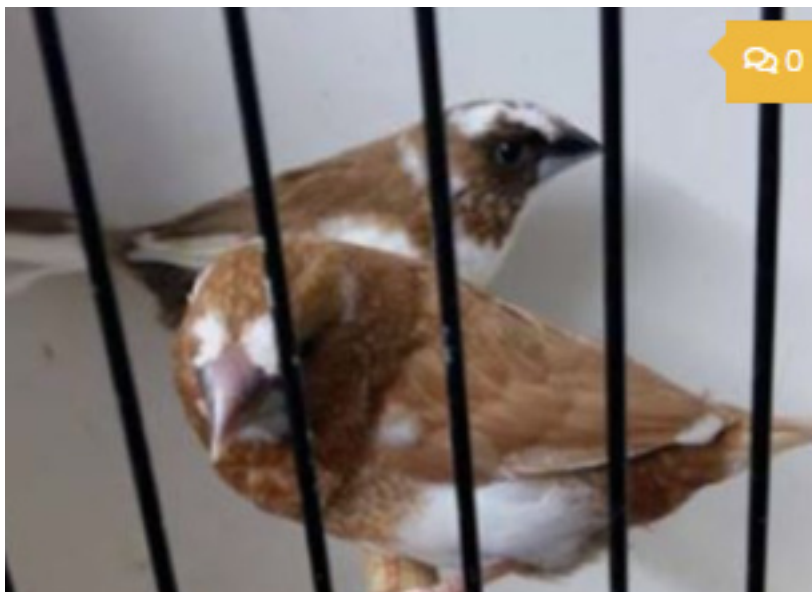
## Finch breeding index

Just click on the photo for more information

### Breeding green singing finches



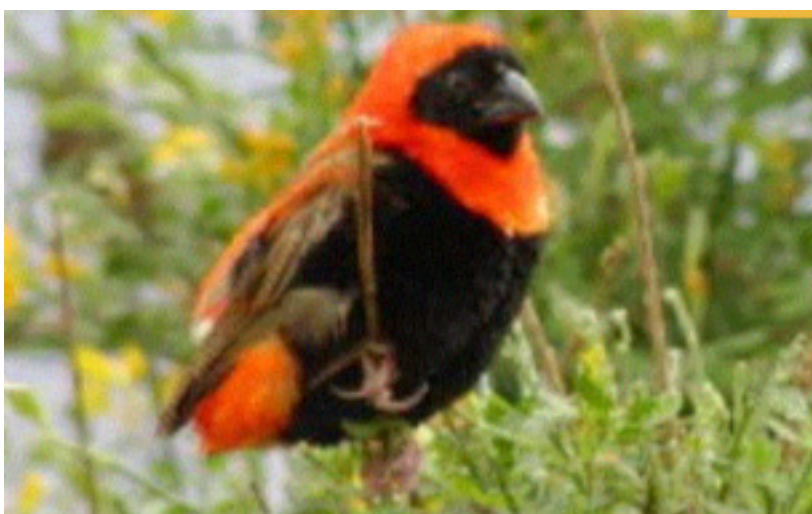
Fostering finches



Breeding Strawberry finches



How to keep and breed weavers



## Herbs for birds index

Just click on the photo for more information

### Alfalfa / Lucerne



Catnip



Cayenne Pepper (with info-graphic)



Echinacea





**COMMITTEE AGAINST BIRD  
KILLING E. V.  
COMMITTEE AGAINST BIRD  
SLAUGHTER (CABS)**

**Bird shooting in Lebanon**



**Shot Honey Buzzard**

Lebanon is one of the most important migration areas for millions of birds breeding in Europe. Almost all songbird species fly over the Middle East, as do storks and many birds of prey.

The large-bird migration is particularly concentrated between Mediterranean in the west and Syrian desert in the east. Based on the data, evidence and video documentation collected so far by CABS and our Lebanese partners, it is estimated that millions of birds are shot in Lebanon every year, including hundreds of thousands of birds of prey and storks. T

he situation with the lesser spotted eagle is especially dramatic. Censuses have shown that virtually the entire world population of the lesser spotted eagle flies over Lebanon twice a year.

he main hotspots of illegal hunting are the mountain regions, where the migration of birds is enormously concentrated on so-called “bottlenecks” and where massacres take place on strong migration days. Many of the shot birds are shot to be eaten. Rarer species such as vultures or eagles are also sold alive at markets - provided they survive the shooting - or are stuffed by taxidermists and sold in hunting shops.

During our bird protection camps and Internet research, we attach a great emphasis to our our work against illegal killing of birds of prey and other large birds such as storks. Given their slower reproduction rates and smaller populations, the conservation impact of illegal hunting is having a more rapid negative effect on these species. Even though almost all songbirds have the same legal protection status as birds of prey or storks, the authorities have limited resources and have so far only intervened in the illegal hunting of large species, rather than in songbird poaching.



**Please click on the above photo to support this great organization.**

**Please let me know if you donated to earn 10 WWB points as on page 5.**



Click on logo to visit website.

By: Keriellen Lohrman

### **About Our Organization**

The Bird Gardens of Naples is a non-profit organization whose sole concern is parrot welfare in captivity and conservation of wild parrots. We are an outreach and placement program which places into safe custody, parrots which are abandoned, abused, or in need of a home for any reason. Parrots are intelligent, highly social and complex beings with lifespans of up to 100 years.

The individual bird's best interest and well being of the present flock will determine if a parrot is accepted into the organization. We actively support networking with other parrot welfare groups, animal welfare organizations, the veterinary community, conservation organizations and the general public. Education is of the utmost importance concerning the well being of a parrot and its ability to successfully live with its human companions.

### **Visit The Bird Gardens of Naples**

The Bird Gardens of Naples is located in the green space of Corkscrew Swamp with a variety of flora, fauna, bees, and butterflies. You will have the opportunity to see, learn, and interact with 100+ birds from origins around the world. If weather allows, groups can enter our large macaw aviary with opportunities to take photos and hold birds. Our guided tours last approximately two hours. Please bring sunscreen, bug spray, and comfortable walking shoes.

Also feel free to bring unsalted nuts to feed the birds, however, no peanuts as they cause diseases in birds. For safety purposes, please stay on the trail and with your tour guide at all times. If you need to leave early, please advise your tour guide. All guided tours begin promptly 15 minutes after the scheduled time. Our gates open 15 minutes before tours and close 15 minutes after, allowing a 30-minute window for all visitors to arrive. Once the gate closes and the tour begins, late visitors will not be allowed in. Please check our address prior to your scheduled tour to ensure enough time for travel.

We do not charge a fee for our educational tours, but donations are greatly appreciated and go along way to help our charity keep the birds happy and healthy.



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## Feedback

Hi Petrus, Godfrey from Ireland. Thank you very much for my first Premier magazine and e-Books. I received them on the same day I made my payment. Truly impressed. The information is out of this world. Keep on the amazing work.

Best regards,  
Godfrey Bradford

*Thank you very much for your feedback Godfrey. This kind of feedback inspire me to continue with the magazine.*



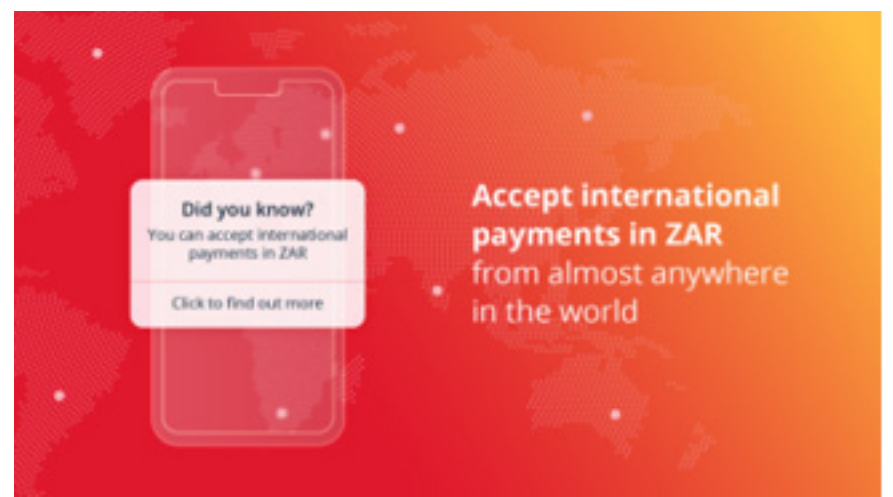
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WORLDWIDE VETERINARY  
VIDEO CONSULTATIONS

by Dr. med. vet. Friedrich Janeczek

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## Parrot Behavior Consulting (PBC) by Hildegard Niemann

**New at Parrot Behavior Consulting (PBC): Instructional videos about parrots and parakeets on demand (on-demand) on the online video platform Udemy.**

Did you miss any of the webinars? No problem, we've recorded a number of webinars for you!

Parrot Behavior Consulting's webinar series is growing in popularity among parrot enthusiasts. Since 2016, viewers have been meeting online to find out about various current topics for 90 minutes. If you only became aware of the webinars later or if you missed one or the other webinar because you were unable to attend on the day of the live presentation, you now have the opportunity to record the 90 minutes in a private demonstration via the Easymeet- Watch Hildegard Niemann's online channel (at a price of 30 euros). It is the original recording of the respective webinar, in which interaction is of course no longer possible.

The course purchased includes: 1 to 1.5 hours of on-demand video, unrestricted lifetime access, access to cell phone / tablet and TV, and a certificate of completion. Further courses are already in preparation. We are pleased to be able to present you with these on-demand videos a new training segment as part of the Parrot Behavior Consulting offer and look forward to your first visit to Udemy.



### webinar 30

from 25.10.2018  
Speaker: qualified biologist  
Hildegard Niemann  
Topic: New impulses in posture



### webinar 28

from 08/23/2018  
Speakers:  
Dr. R. Niemann & Dr. F. Janeczek  
Topic: From the beak to the gut



### webinar 23

from 02/22/2018  
Speaker: qualified biologist  
Hildegard Niemann  
Topic: News from the biology of parrots

Click on photo for more information.





**Monika's Mac Nuts  
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Grown On The Big Island of Hawaii**

Our In Shell Mac Nuts are preferred by birds especially Hyacinth Macaws as well as people with a desire for a high quality, fresh tasting, nutritious nut.

Monika's Mac Nuts are grown on our family farm on the Big Island. Our Macadamia Nuts are preferred by Birds especially Hyacinth Macaws. Macaw birds love our Mac Nuts! Our Macadamia Nuts are also great for people who are on a raw food diet. Our Nuts are always naturally air dried...never cooked (cooking robs the nuts of flavor and nutrition). Our nuts are 100% pesticide free.

We sell our mac nuts in quantities starting as small as 1 lb up to over 100 lbs. We also offer a subscription program through our website <https://www.mac-nuts.com/> where you can choose the quantity and frequency of your order.



Click on photo to visit Facebook page.



Here is one of our gorgeous customers Okalani! She loves our mac nuts!



These are a couple of our adorable customers Grover and Beaky!  
Click on photo to read blog post.



## Tony Silva news

### Psittacine Beak and Feather Disease

Today (17 June) I was chatting with Ernie Colaizzi of Research Associates Lab in Allen, Texas. He mentioned the very high incidences of PBF (Psittacine Beak and Feather Disease) that he has been seeing in laboratory results this year in the USA.

The problem is also experienced elsewhere; I received no fewer than two messages daily from Pakistan this year relating to this problem. This disease has no cure. It must be excluded from a collection and if present must be eradicated. This is achieved through testing of birds to identify infected individuals, their removal from the collection and then performing environmental swabs, which require no blood.

Positive environmental swabs will require extensive cleaning and disinfections. Destruction of the nest, perches and other porous surfaces is also required.

### Enrichment

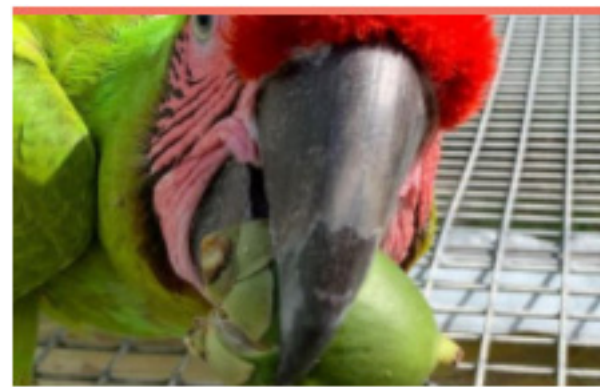
Enrichment is very important. It allows the animals to play out natural behaviors. In this case these cockatoos are destroying coconuts, which they encounter in the wild; I have seen many species in Indonesia drink coconut water and chew a hole on the side for the flesh.



Caring, feeding, and breeding of cockatiels.



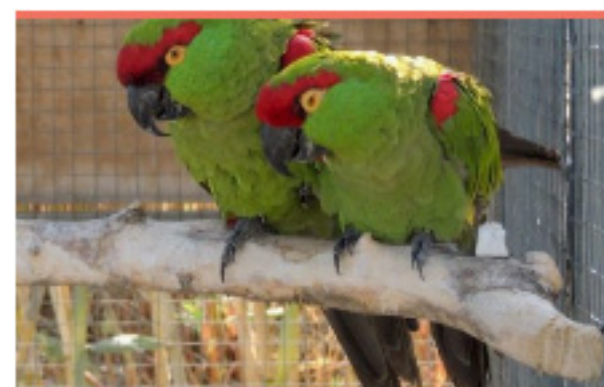
“What’s the cause of infertility in parrots?”



Parrot feather plucking treatment.



Temperature tolerance in parrots:  
highs and lows



# Safari West

## Nonprofit veterinary dentists visit Safari West!



Learn about the team of veterinary dentists that visited Safari West to provide dental care for our male Patas Monkey Maurice, as well as a few other animals!

One of the many things I have learned from our veterinarian, Dr. Emily Cehrs, is that good veterinary practices include proactive care as well as reactive care. Animals can be very good at hiding discomfort, as showing weakness in the wild could make them a target for predators. But, when a problem is caught earlier, treatment is often easier and more successful.

So, how can animal care staff catch any potential issues as early as possible? One way is through careful observations by our caregivers, who assess the health of each individual every day, and are trained to notice small differences in an animal's behavior. Our tour guides also spend enough time around the animals here that they may notice something and notify our animal department. But, even with all of this visual observation, some issues do not outwardly present themselves in an obvious way.

The same is true for humans—this is why it is recommended to go to the doctor for a general health check every once and a while! Dr. Cehrs takes the same proactive approach with the animals at Safari West, administering preventative health exams as often as once a year for as many animals as possible. These health exams can include x-rays, ultrasounds, blood work, and anything else needed to make sure each animal is in good health. I also learned a fun new word that is used to describe this preventative care: “prophylaxis”!

At the beginning of July, Dr. Cehrs performed a preventative health exam on our adult male patas monkey, Maurice. Along with all of the standard health checks, which Maurice passed with flying colors, a dental exam and cleaning was performed.

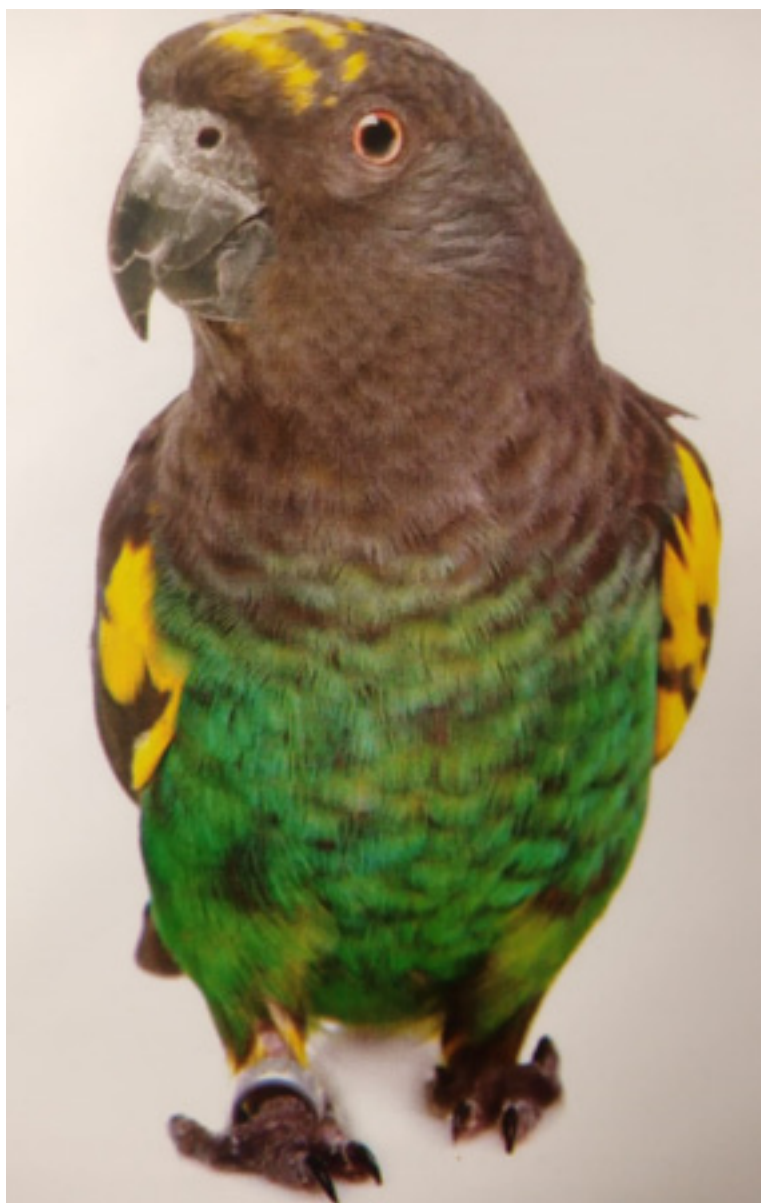


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## **Meyer's Parrots**

By: Rolf Dennison



The Meyer's Parrot is a small stocky parrot that is one of the smallest parrots in the genus *Poicephalus*. Also, sometimes called the Brown Parrot, they are the only African parrot with extensive blue-green underparts, and a blue rump with grey head, neck and wings. They have variable yellow markings on the head, bend of the wing and underwing coverts and legs.

They have a large range in central, eastern and Southern Africa. They occur in lowland forests, dry savanna, and secondary growth, avoiding humid forests. Diet of wild birds is fruit, nuts and seeds. Wild birds are generally found in pairs or small groups, sometimes near urban areas.

**Continue in Premier edition.....**

## **THE CAPITOL BECOMES THE FOCUS OF CONSERVATIONIST ATTENTION AT THE WOLFGANG KIESSLING AWARDS CEREMONY.**

By: Rafael Zamora Padrón  
Scientific Director  
Loro Parque Fundación



The name of the award is a tribute to the founder of Loro Parque, in Tenerife, considered the greatest exponent in the world in the fight for the preservation of species.

On 13 September last, the Capitol in Washington became the nerve centre of the fight for the defence of biodiversity at an event in which Global Humane recognised the value of the work of a scientist who has dedicated his life to working for the defence of biodiversity: Theo Pagel.

This award, beyond being a public recognition by the independent association, is a transcendent moment in the fight for the defence of biodiversity, as Wolfgang Kiessling stated in his inaugural speech. In addition to the 80,000 euro prize money, which will be used for new projects to save species, it is a wake-up call from the US capital to all authorities and committed people on the planet.

### **Theo Pagel: the importance of zoos in the fight for the survival of species.**

Theo Pagel, Director General of Cologne Zoo (Germany) has been awarded this year's Wolfgang Kiessling International Prize for Species Conservation.

**Continue in Premier edition.....**

## Premier magazine subscriber introduction



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### Association for Wild-type and Exhibition Budgies of South Africa

AWEBSA is the only National Body in Southern Africa catering for all budgerigars (Exhibition / Wild-Type / Pet Budgies) at our Shows. We also have an Open class where members and non-members show. Exhibition and Wild-Type budgerigars are treated on an equal footing with 25 colour awards each available per show. We invite you to join us and enjoy our wonderful hobby with us.

### Breeding Better Budgerigars

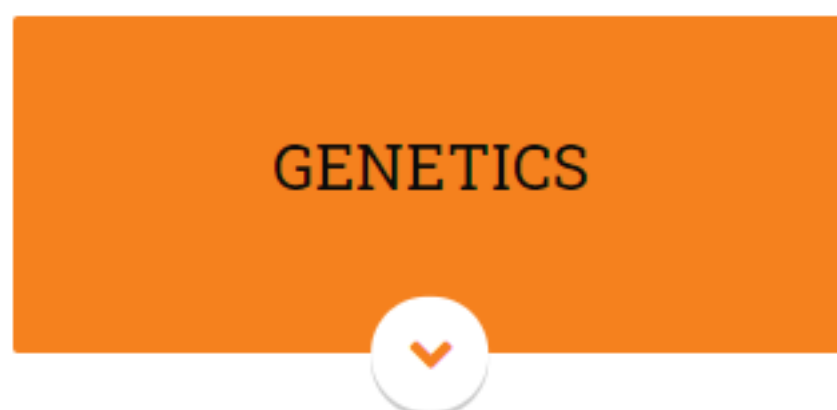
Published on the AWEBSA webpage with the kind permission of the author: Robert Manvell.

There seems to be a fair amount of confusion within the fancy, regarding the breeding of quality Budgerigars. I think this has come about because there is so much contradictory information passed on to the fancy. Most of the techniques tried by fanciers do not give the results they were expecting. This is because the providers of the information are generally very experienced breeders, who are giving information about their own birds and experiences. This is fine, only they are in possession of better quality birds than most of us. I have no doubt their information is correct, but it is only relevant to their own birds and as such can't be considered a generalization.

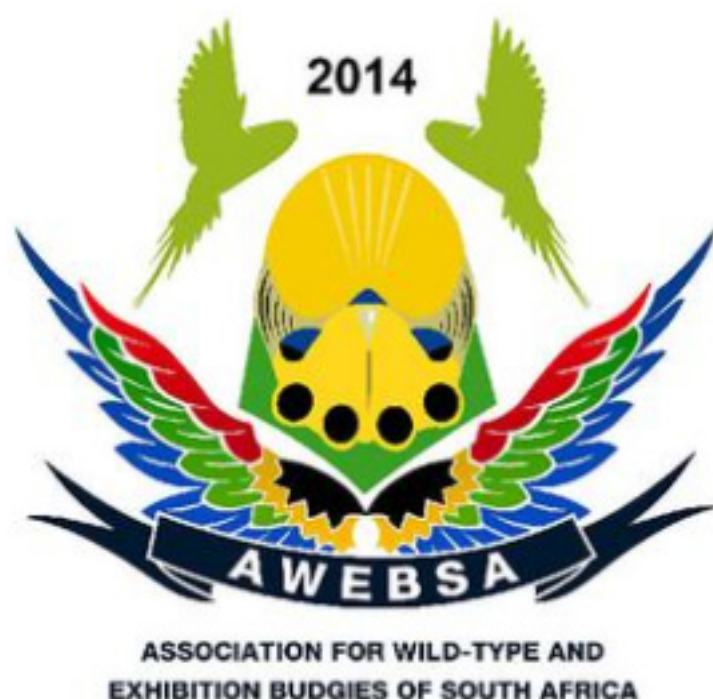
Therefore, what is successful for them would have a very different result if they were working with lesser quality or even a different line of birds. So what works for them will not necessarily work in our aviaries. Thus we need to formulate our own strategy with which we can work, to breed better quality from whatever birds are in our present possession.

Another important thing we must do when seriously trying to improve our birds, is to be very sceptical regarding the information passed onto the fancy in the way of miracle pairings. I'm sure your aware of the ones I mean, like flecked headed birds carry the feather you want, or use large dirty opalines to improve spot, put spangle into everything they will only do good and increase fertility at the same time. Some fanciers in Australia have become so paranoid regarding the shape of the wings on a bird, they have become oblivious to the rest of the bird.

Click on screenshot to open the Genetics section and to download and read the full article.



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# Avifood Products

By Dr. med. vet. Friedrich Janeczek,  
Veterinary practice limited to Parrots,  
Graefelfing, Germany

## How do you recognize well-fed young Hyacinth macaws?

It is well known that the quality and composition of the diet for young birds affect the condition of their feathers, skin and beak. This can be seen particularly well in young hyacinth macaws. Poorly and unbalanced nourished young Hyacinth macaws have blackish, dull plumage and pale, sometimes almost whitish skin around the eyes and the lower beak.

The young Hyacinth macaw pictured here is approximately 7 months old and not fully weaned. It has bright blue and shiny plumage and perfect toe skin without hyperkeratosis. Its skin around the eyes is an intense yellow color.

The parents of this bird are fed with Harrison's® High Potency coarse mixed with Palmgloss® and the Harrison's® Power Treats.



**Harrison's®**  
Premium Quality organic bird  
food available since 1991



## Avifood Careline

Care and wellness products für birds



Avifood, Dipl. Stat. (Univ.) Monika Janeczek e.K.

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AVIJAN OHG, [www.avijan.com](http://www.avijan.com), Email: [info@avijan.com](mailto:info@avijan.com), Phone +49-89-854-9000

We congratulate our customer to this beautiful young macaw and wish continued success in the next breeding season!

These wonderful Hyacinth macaw progenies can be shipped to all countries which allow the import of captive bred CITES Appendix I species in F2 generation.

Both Hyacinth macaws can be exported in special transport boxes according to the IATA regulations accompanied with CITES export permit, veterinary health certificate and negative test results for avian influenza and Newcastle disease.

Interested persons who have the appropriate facilities to keep Hyacinth macaws should send an email to [info@dr-janeczek.de](mailto:info@dr-janeczek.de).

I travel a lot to visit our customers and their parrots to check and treat them at their homes. The specialized veterinary video consultations for parrots and parakeets we offer help a lot to get a first impression about the birds and their situation as well as the bird owners problems.

Some cases like nutritional issues can be already solved during the video consultation. However, most cases require thorough diagnostic and therapeutic measures, which I carry out in my veterinary practice limited to parrots at Graefelfing, Germany or as part of my home visits at the customer's location.

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Palmgloss® and other interesting items



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For Appointments: [info@dr-janeczek.de](mailto:info@dr-janeczek.de)

## CITES BIRDS

### AVES

After downloading the full Index of CITES species, I came to the conclusion that this 1287 page document is not that easy to browse through. I then decided to make it easier for our readers and list them as follow with a photo from Wikipedia.

An easy explanation on the Cites website of what the listings mean:

<https://www.cites.org/eng/disc/how.php>

#### In summary:

**Appendix I** includes species threatened with extinction. Trade in specimens of these species is permitted only in exceptional circumstances.

**Appendix II** includes species not necessarily threatened with extinction, but in which trade must be controlled in order to avoid utilization incompatible with their survival.

**Appendix III** This Appendix contains species that are protected in at least one country.

*Neophema chrysogaster*

Orange-bellied parrot

Australia

**Cites I**



*Neophema chrysostoma*

Blue-winged parrot

Australia

**Cites II**



**Two pages of Cites Birds in every  
Premier edition.**

Click on below cover photo for more info:



Your book is very interesting. I like that you added the latin names that everybody in all countries knows exactly which plant is meant.

The article from Tony Silva is absolutely informative.

Once again many thanks for the book.

Best regards,

Diana Eberhardt

Thank you for the eBook I bought, well received. Great info and one of the best feeding books available. Keep up the great work. Looking forward to buy another eBook.

Have a great day.

Dan Kruger

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Email: [reception@mdsafrica.net](mailto:reception@mdsafrica.net) | Website: [www.mdsafrica.net](https://www.mdsafrica.net)



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## Seabird Conservation

Seabirds (and waterfowl) are the only animals that have conquered the sea, land and sky. Over twenty species of seabirds live in the Caribbean, and many more visit every year.

Seabirds spend most of their lives on or over the sea, foraging, feeding or resting. They are highly adapted to this unique way of life. Many have webbed feet (to help them swim and dive), waterproofed feathers (to keep them warm and afloat), salt glands (that allow them to excrete the salt from the seawater they drink), and acute vision, a strong sense of smell and sharp bills (to help them find and catch food). Their long wings support them while travelling over the oceans in search of food and, on land, living in colonies helps to protect them from predators.

Before humans lived in the Caribbean (~7,000 years ago), the islands supported vast numbers of seabirds. On many islands, there were so many that their droppings (called guano) formed piles hundreds of feet high, and were mined for fertilizer. Today, tropical seabirds, like those in other areas of the world, are threatened by human activities. In fact, seabirds are now one of the most threatened groups of birds in the world. Many colonies are declining in size and some have disappeared.

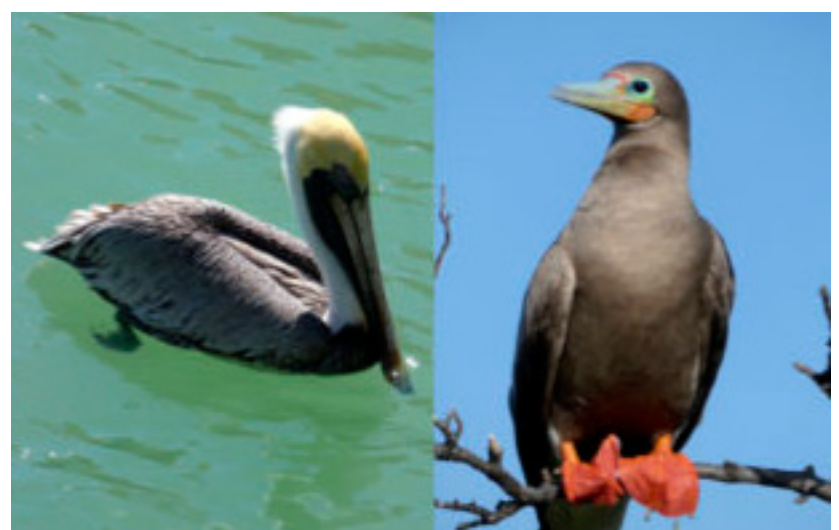
On land, introduced rats, cats and dogs prey on eggs, chicks and even adults. In some parts of the Caribbean, humans still take eggs, chicks and adults for food and aphrodisiacs.

Coastal development and sea level rise destroy and damage nesting habitat. Even the oceans are no longer safe. Seabirds often feed around fishing boats, and are caught and die in fishing gear. Overfishing, pollution and climate change have depleted their food sources. Hungry seabirds mistake floating plastic for food and fill their bellies with trash. Heavy metals from marine pollution also accumulate in their bodies.

Caribbean seabirds have much to teach us about the health of the seas around our islands. We need to understand their ecology, so we can protect them, their habitats, and the marine resource on which we all depend. Unfortunately, there have been only a few studies on seabirds in the Caribbean. This is partly because of the many practical difficulties in studying them, but they are also less attractive to funders than accessible land birds and migrants, and other mobile marine animals like sharks and turtles.

For most seabirds, the Caribbean is one large connected habitat. Therefore, it is important for scientists and conservationists across the region to work together to understand the big picture. This was first recognized in 1998, when we formed the Caribbean Seabird Working Group. Healthy seabird populations are possible in the Caribbean, but we must all work together to understand, manage and protect them.

Click on photo for more information.





Click on below cover photo for more info:



<b>Name:</b>
Strawberry
<b>Scientific name:</b>
Fragaria x ananassa
<b>Also known as:</b>
<b>Indigenous Countries:</b>
The garden strawberry was first bred in Brittany.
<b>Description:</b>
The strawberry is not, from a botanical point of view, a berry. Cultivars vary widely in size, color, flavor, shape, degree of fertility and season of ripening.
<b>Nutritional Value:</b>
High in vitamins and minerals.
<b>Feeding:</b>
Add to diet. Can make a nice berry recipe for birds.
<b>Discussion:</b>
A brain food for birds.

Your book is very interesting. I like that you added the latin names that everybody in all countries knows exactly which plant is meant.

The article from Tony Silva is absolutely informative.

Once again many thanks for the book.

Best regards,

Diana Eberhardt

**Information chart from e-book:  
101 Food Items for Birds**

**Text has been reviewed by Tony Silva and said it looks great. Thanks Tony.**

## Herb of the month.



<b>Name:</b>
Coriander
<b>Scientific name:</b>
Coriandrum sativum
<b>Also known as:</b>
Chinese parsley, cilantro
<b>Indigenous Countries:</b>
Native to regions spanning from southern Europe and northern Africa to southwestern Asia.
<b>Description:</b>
A soft plant growing to 50 cm long. The leaves are variable in shape, broadly lobed at the base of the plant, and slender and feathery higher on the flowering stems.
<b>Nutritional Value:</b>
Rich in vitamins and minerals.
<b>Feeding:</b>
Add to chop or feed whole leaves.
<b>Discussion:</b>
Anti fungal and calming.

**Information chart from e-book:  
101 Food Items for Birds**

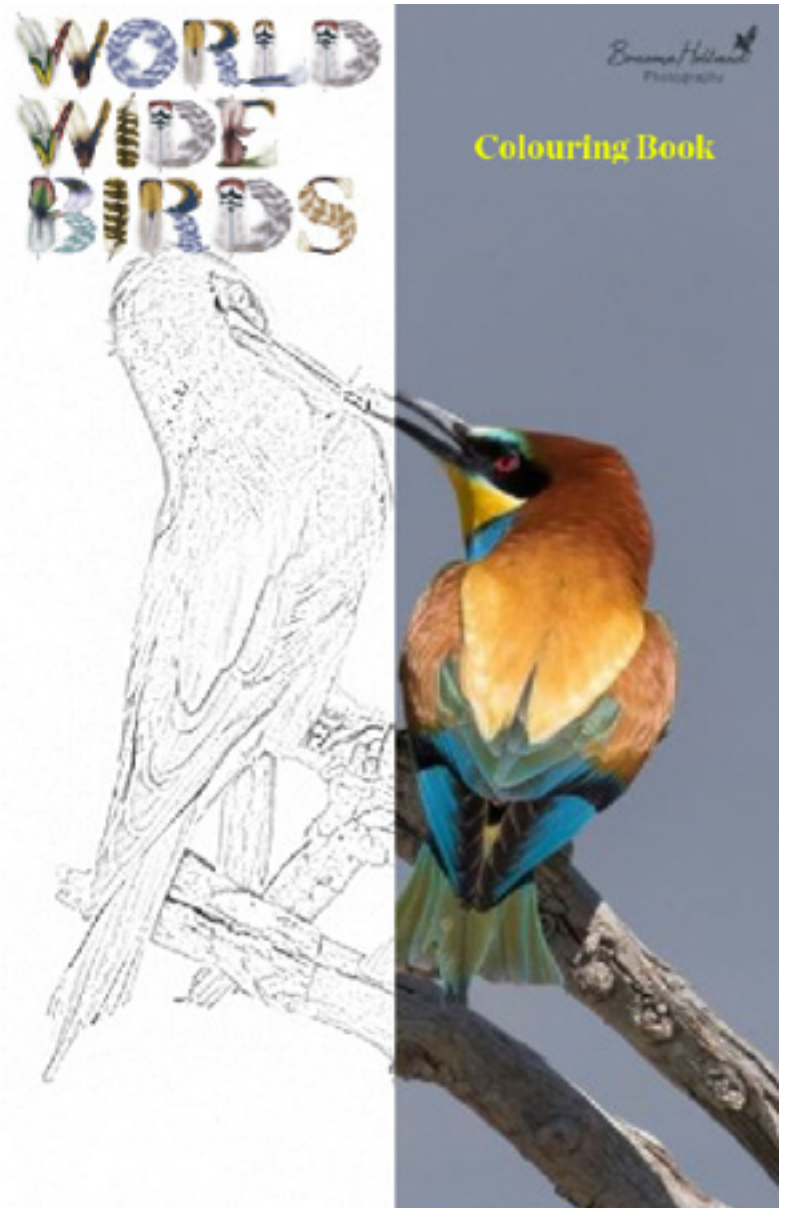
Photo courtesy: Wikipedia



## Colouring E-book

Teach you kids (and yourself) the correct bird colours to assist in the identification of birds.

Click for more info on website.



# Harrison's Bird Foods

## HIGH POTENCY COARSE

The optimum food for the health and longevity of your medium to Large birds\*.

\*High Potency is additionally the suggested year-round formula for the following species: African Grey parrots, cockatoos, large conures, and macaws.

### USES:

**CONVERSION TO HARRISON'S:** All birds should start out and remain on High Potency formula for a period of at least 6 months at approximately 70% of the total diet. Switch large birds (other than African Grey parrots, cockatoos, large conures and macaws) to Adult Lifetime formula after a 6-month introductory period.

**BREEDING BIRDS:** High Potency formula should be fed 1-2 months prior to the breeding period and continued until the chicks are weaned or for at least 6 months before resuming Adult Lifetime formula.

**WEANING BIRDS:** High Potency formula should be fed to weaning birds for at least 6-9 months.

**SPECIAL NEEDS:** High Potency formula supports birds that are molting, overweight, underweight, particularly active, housed in a cold climate, recovering from an illness or affected by liver or kidney disease.

Current HBD recommendations: Feeding recommendation Percentages: as there are variances in the literature from well-respected nutritionists, we are saying the following: Pending the **NATURAL FEEDING/FORAGING STYLE OF BIRD** (i.e. granivorous, vs frugivores, etc.), and individual bird needs (i.e. obesity, etc.).

70% - HBD's formulated diet

25% - Organic dark green leafy, yellow meaty fresh vegetables and low sugar fruits

5% - Organic seeds (hemp, chia, flax, pumpkin, sesame, sunflower) and organic nuts (almonds, walnuts)

Click on photo for more information.



Harrison's Bird Foods

**HIGH POTENCY COARSE**



A premium first-use formula for medium to large birds such as African greys, macaws, Amazons and cockatoos, etc.

## **SOUTH AFRICA'S GAME LODGES and SAFARI ACCOMMODATION**

South Africa is a country where magic infuses the views and landscapes, where the smiles of the local people can only be matched by the splendour of the ocean, mountains, forests, savannahs, waterfalls and rivers. This country is known the world around for its extraordinary collection of fauna and flora, and some of the best places to see these treasures up close are in the numerous game parks, reserves, sanctuaries and national parks.

Game lodges in South Africa range from rustic bush camps that immerse their guests in the wild side of Africa to luxurious 5-star retreats that showcase the bushveld on a platform of opulence. South Africa is known the world around for its abundance of wildlife, not least of all its many birds. In fact, there is an established avi-tourism industry that invites birding enthusiasts from all over the world to indulge in top-class bird-watching.

## **SOUTH AFRICA AS A BIRDING HOTSPOT**

Thanks to the abundance of excellent South African hotels and accommodation facilities, as well as an established transport infrastructure (including international car hire companies), South Africa is proving to be one of the world's top birding hotspots.

Visitors can join up with a formal birding tour group or can explore the country and its species on their own. Of the approximate 850 recorded bird species in the country, around 725 are resident birds (or, at least, annual visitors).

## **BIRDER-FRIENDLY ACCOMMODATION**

The following South African birding hotspots feature on our website.

Would you like to have a link to your website on these blog posts?

All you have to do is to become a Premier magazine subscriber.

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**Austin Roberts Bird Sanctuary**

### **BLOG POST**



**Thornpark East London**

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**Boulders Beach**

### **BLOG POST**



**Rietvlei nature reserve**

### **BLOG POST**



**Hartbeespoort dam**

### **BLOG POST**



**Roodekrans**

Most show on Google's first page.

# Mexico Birding Los Cabos México

By: Maria Elena Muriel

## 10 days October a river of raptors

10 days October to enjoy a river of raptors (thousands migrate in few days over our heads , in addition we will visit other areas for diverse birds and historical sites).

**10 DAYS RIVER OF RAPTORS**  
**US\$3,450**  
**October 8-17, 2023**  
 More than 10,000 raptors , and many more species  
**Includes :** lodging, meals, Tours and transportation as needed  
**Does Not Include:** airline tickets, alcoholic drinks , personal expenses, tips nor gratuities  
 birdingloscabos@gmail.com

Click on photo for more information.

Year By Year Birds including Raptors migrate south they have a role to perform in nature, some pollinate along the route and help bees, butterflies and other insects to keep nature healthy spreading seeds and pollen, also are traveling to find a mate and reproduce in addition to enjoy tropical weather or just like you to spend some fun vacation time, whatever reason or all of the above Raptors congregate to migrate together, they look like a River flowing south thus is a River of raptors , thousands can be seen and Ornithologist need to count them all.

Would you join us ?

## 2024 Total Solar Eclipse Click on photo for more information.

**SOLAR ECLIPSE & BIRDING**  
**7 DAYS US\$2,450**  
**April 7 - 13, 2024**  
 Enjoy the Total Solar Eclipse at Best Location and go Birding to Tufted jay's reserve and San Blas to admire more than 200 species, beautiful landscape and more.  
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## Gulu Private Resort



**1Gulu Private Resort is a privately owned family run Resort in East London. Offering nothing fancy but tasty home cooked breakfast and dinners, clean and cosy accommodation, conference and function facilities all exclusively natural with beautiful garden and river views.**

Unpack your suitcases, put down the laptop, kick off your shoes and enjoy a locally craft beer or a lovely glass of Cape Town's finest wines. Still need to finalise a few emails? No problem! Make yourself at home on the deck outside the restaurant overlooking the Gulu River or find a garden bench, where you can finish off your day's work.

Rolo will welcome you to the Resort and he will show you the way to discover "the luxury of being free".

The complete natural beauty of the location lends itself to all kinds of birds. We have a variety of wild birds, including Hornbills, Sun-and Sugarbirds, Raptors, Water Birds and General Birds. We would like to invite all bird lovers to come and explore our amazing bird species with us.



Contact details and location:

Physical Address: Farm 1015 Burnside, Gulu

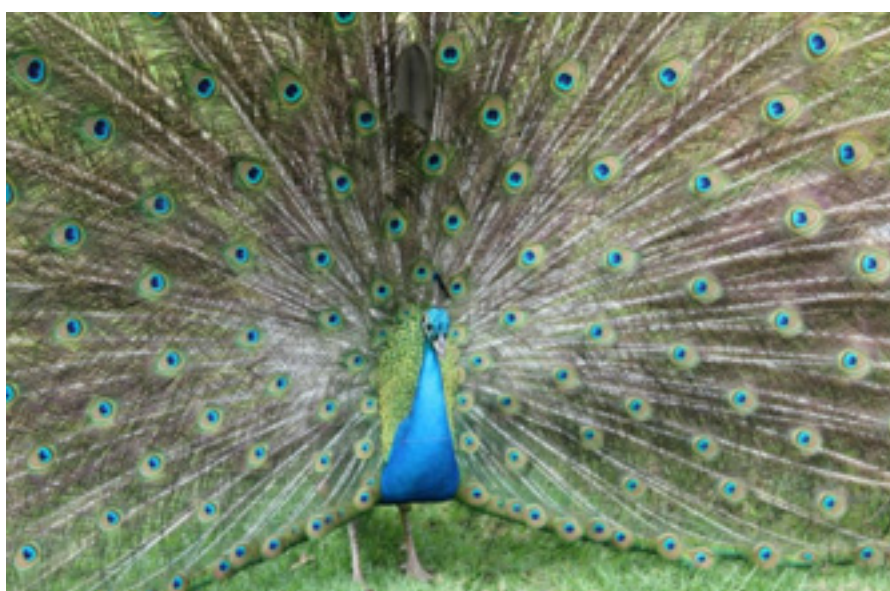
Postal Code: 5200

Telephone: +27(0)825580411

Email: [info@guluprivateresort.co.za](mailto:info@guluprivateresort.co.za)

Website: <http://www.guluprivateresort.co.za>

Latitude: -33.107468 Longitude: 27.732496



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July 2023 Stats to promote your products or services as on 20 October 2023.

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Friends 4 938  
 Facebook pages followers 7 941  
 3 Facebook groups members 18 455

### Instagram Followers

**10K**

### Twitter Followers

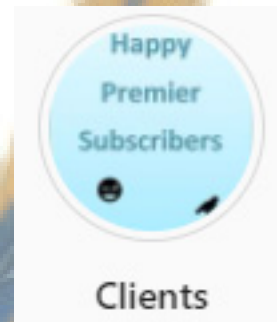
1 912

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Newsletter



# Avian Veterinarians - USA

CA			
Dr Barton C. Huber, DVM (Dr. Bart)	Animal Medical Center of Corona	91 E. Grand Ave, Ste 102 Corona, CA 92879	951-493-6771
FLORIDA			
Greg J. Harrison, DVM Diplomate Emeritus American Board of Veterinary Practitioners - Avian Practice Dip European College of Zoological Medicine (Avian) (Retired)	Founder President, HBD International Inc. and Developer of Harrison's Bird Foods.	7108 Crossroads Blvd. Suite 325 Brentwood, TN, USA 37027	800-346-0269

# Avian Veterinarians - EU

Belgium			
Dr Bjorn Geeroms	DAP Geeroms-De Wolf	Assesteenweg 37 Borchtlombeek, Brabant	+32 2 569 30 33
Germany			
Dr. med. vet. Friedrich Janeczek	Veterinary Practice limited to Parrots	Hans-Cornelius-Str. 2c, 82166 Gräfelfing	+49-89-854814-0

For any ammendments / updates / deletions please e-mail us.




DAP Geeroms-De Wolf  
@dapgeeromsdewolf

## DAP Geeroms - De Wolf

**02/569.30.33**



	Op afspraak	Vrije consultatie
Maandag		18:00 - 20:00 Bjorn Geeroms & David De Wolf
Dinsdag	9:00 - 12:00	18:00 - 19:30 Bjorn Geeroms & David De Wolf
Woensdag	&	18:00 - 19:30 Bjorn Geeroms
Donderdag	13:30 - 16:00	18:00 - 19:30 David De Wolf
Vrijdag		18:00 - 19:30 Afwisselend Bjorn Geeroms / David De Wolf
Zaterdag		10:00 - 12:00 Afwisselend Bjorn Geeroms / David De Wolf
Zondag	Enkel op afspraak bij <u>spoedgevallen</u>	

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## New website BOEGIE STORE BLOG

I started a brand-new website called Boegie Store. This site will contain blog post from Keto, book reviews and anything else.

**Click on screen shot to visit blog post.**

Diet for thin people.



Keto grocery list.



Keto fudge recipes.



## New website World Wide Pets

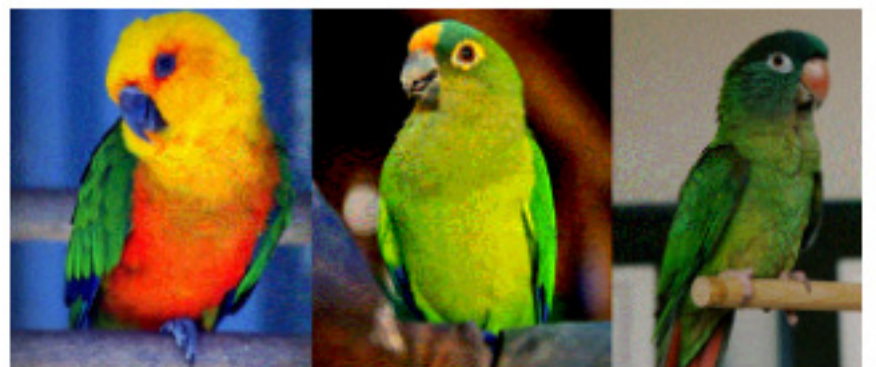
I started a brand-new website called World Wide Pets that will develop in another magazine. All pets will be included. From birds, dogs, cats, fish, rabbits, hamsters, horses, exotics, etc.

Click on photo to visit website.



Click on screen shot to visit one of many blog posts.

Top 10  
conures as  
pets



A great thank you to all my Facebook friends for giving me permission to use their photos.

**Invitation to Advertise and Sponsor.**

This is a great opportunity for you to market your business, products, and/or services.

Advertise with us to reach our pet-loving readers.

## Owl Rescue Centre

One of our rescues earlier today was this healthy female Spotted Eagle Owl that had found herself trapped inside Cedar Square Shopping Centre in Fourways.

We posted her rescue video and subsequently many have asked how is it possible to catch a healthy owl so easily, she must be sick. Tell you what, if you practice catching owls for 40 years, I promise you'll start getting pretty good at it.

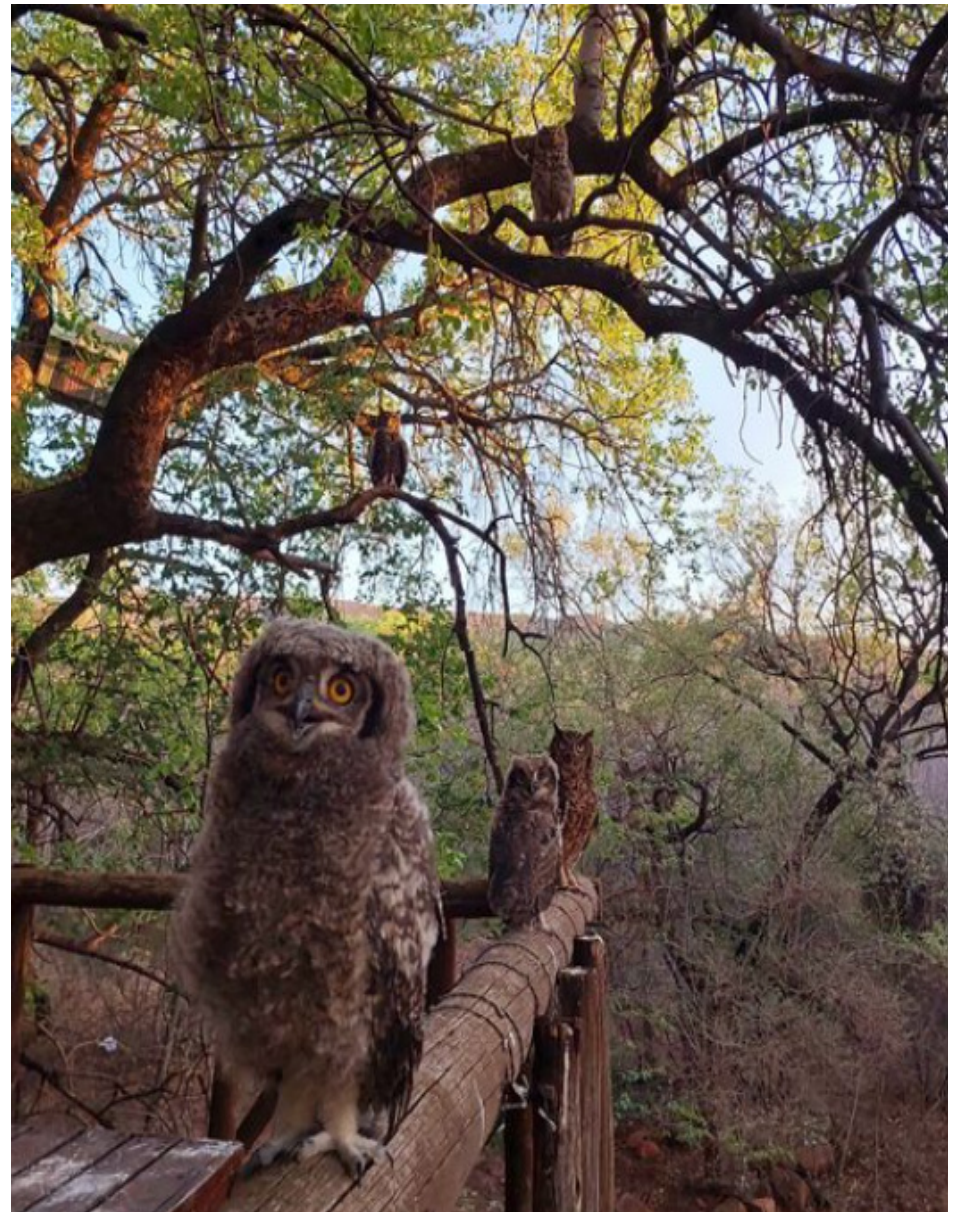
The only thing that was wrong with her is that she had a couple of tail feathers missing, but otherwise 100% healthy and good for release straight back into her territory outside.



We've fielded 38 rescue calls today and have done 22 rescues so far, with the help of our volunteers. Yesterday's count was 26 rescue calls and 17 rescues. It's our busy season, and busy we are.

I won't bore you with the details of what it costs to rescue over 300 patients a month. But, it's a ton of money.

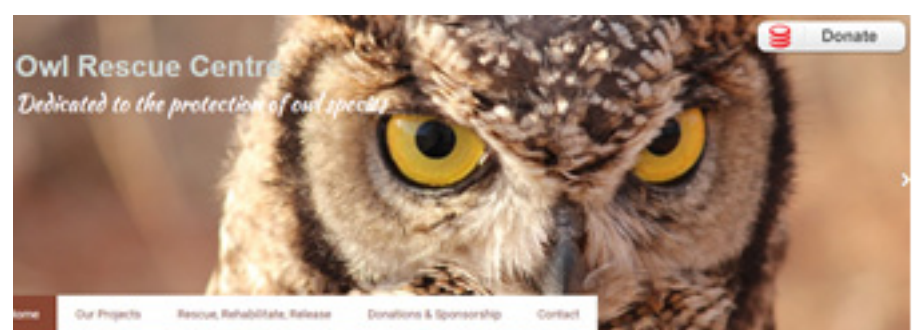
Maybe every tenth person who reads this can sign up for R50 a month sponsor?



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4

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5

A link to your website from our website.

Our website is well established with great reading stats.

6

A link to your website on each page of our website under the section:

### Recommended Websites

#### Recommended Websites

> Animal Medical Center of Corona

> Hagen Avicultural Research Institute

7

Your logo in our e-mail signature.



8

Free ad in Standard magazine.

9

Extra expose in the Standard edition while space last.

10

Reduced advertising rates.

11

### Clubs

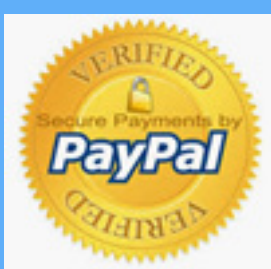
When a club subscribe, all club members receive a free e-book of their choice.

12

Extra exposure on social media.

We welcome all subscribers on social media and all posts approved.

Your subscription will make it possible to help a bird conservation organization.



We are now fully PayPal & PayFast verified.

<https://www.wwbirds.co.za/dir/subscribe/admin@wwbirds.co.za>



## IN PREMIER EDITION

**Meyer's Parrots**

Page 39



**Color Mutations**

Page 42

**Toucan Tea: Do You Really Need It? This Will Help You Decide!**

Page 44

**THE CAPITOL BECOMES THE FOCUS OF CONSERVATIONIST ATTENTION AT THE WOLFGANG KIESSLING AWARDS CEREMONY.**

Page 46

**Tony Silva News**

Page 48

**Christmas for the Birds**

Page 49

**Heart Disease In Birds**

Page 53

**Poisonous plants**

Page 54

**Black-Headed Yellow Siskin**

(*Carduelis magellanica*)

Page 57



**Canaries**

**Teachers**

Page 60

**Budgerigars**

**Diseases**

Page 62

**BIRD WATCHING**

**Olive-capped Warbler**

Page 65

**Celebrating COLORES - Parrot Conservation in Guatemala**

Page 67

**Wide World of Parrot Conservation: Saving Them is Saving Ourselves**

Page 69

**Cites Birds**

Page 71

